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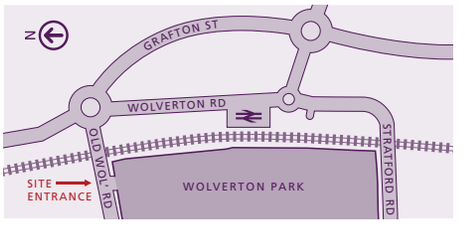

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MK NEWS

Big Brother star is set to shape you up

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Dog dies in freak accident

PAGE 3

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Mum brands mechanic son's killer an 'evil liar'

BY ROB GIBSON

rob.gibson@mk-news.co.uk

THE mother of murdered mechanic Kevin Joyce has labelled his killer an 'evil and dangerous liar' after claims that he carried a knife for protection.

Kevin, 27, was stabbed in the heart with a lock-knife after sticking up for his sister during an argument with her ex-boyfriend, Keith Orchard.

Following a two-week murder trial, Orchard was sentenced to serve a minimum of 16-and-a-half years in prison last Wednesday.

He maintained that he took a knife for protection.

Kevin's mother, Linda Gunn, spoke exclusively to MK NEWS about her heartache, her feelings about his killer, and her inspirational plan to create hope for other stab victims.

Linda said: "Keith Orchard is an evil man.

"He's a dangerous man who uses a knife to protect himself because he's not man enough without it.

"We knew already that he was a dangerous liar from the time he spent with my daughter.

"All Kev wanted to do was save his sister because he knew what Keith was.

"Keith has never shown any remorse.

"I'm very happy with his sentence because it keeps him locked up and he can't do it to anyone else.

"We can never bring Kev back but we can let him rest now."

Orchard, a 29-year-old scaffolder from Walgrave Drive, Bradwell, stabbed Kevin in front of his work colleagues outside Kipling Motorist Centre in Denbigh Industrial estate, on September 8 last year.

Kevin thought they were meeting to resolve an argument involving his sister 20-year-old sister, Katy Gunn.

When Linda heard from Katy about the meeting, she called her son and during their last conversation Kevin said: "Don't worry about it mum, we're just going to talk."

Minutes later a colleague called Linda to say Kevin had been stabbed.

Doctors fought to save his life and he was resuscitated 10 times before he passed away.

Kevin's sister gave evidence from behind a screen in court, describing her ex-lover,

Turn to page 2

'Never defeated': Kevin Joyce's sister Katy and mother Linda with the memorial to him painted by a graffiti artist in the hallway at their home

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"I wasn't completely satisfied because I believe it should be a life for a life ... I'm glad the jury saw through his lies – Kevin's sister Katy

From front page

Orchard, as 'obsessive, abusive and controlling'.

Afterwards, she told MK NEWS: "I was so relieved when it was over.

"I wasn't completely satisfied because I believe it should be a life for a life, but of course that's not what happens.

"I'm glad the jury saw through his lies.

"When we were together he

Killer: Keith Orchard

(Orchard) controlled me mentally and physically."

As a teenager in a relationship with Orchard, Katy said that he chose what she wore and kept her in a room when she wanted to see her friends.

"It was the worst relationship of my life and it caused so much tragedy," she said.

"People ask me why I got involved with him but I didn't know what he was like until it was too late.

"Kev was my best friend and he was always there for me.

"I was always a saint in his eyes and I will never find someone who loved me as much as my brother."

Linda said: "Kev was very protective of his little sister and he just wanted to sort it all out.

"It's been horrific trying to keep my family together - the pain ripped through all of us."

During the trial Linda was flanked by family and friends, only missing one day, September 8, the first anniversary of Kevin's death.

A six-foot mural of Kevin's face, painted by a graffiti artist, covers the hallway at her home.

Now Linda wants to help the hospital to save more stab victims and has launched the Climbing Towards Positive Change campaign.

Mechanic Kevin Joyce outside Kipling Motorist Centre in Denbigh

In August next year, alongside her friend, Melanie Munro, Linda will attempt to climb Mount Kilimanjaro to raise £50,000 for a new ultra sound machine at Milton Keynes Hospital.

Linda said: "Out of the pain we've been through, we now want to do something that will help others who have been stabbed.

"The NHS is underfunded and the hospital needs another ultrasound machine.

"The machine will cost £28,000 and it costs £1,000 to train a doctor to use it.

"We want to help, with the help of Milton Keynes' public, to make something positive out of Kevin's death."

Kevin grew up in Milton Keynes and moved to Margram Crescent, Monkston, with his girlfriend, Katherine, at the age of 25.

He worked as a mechanic and MOT tester at Kwik Fit in Bletchley before joining Kipling and was studying computing but was murdered a month before his exams.

Linda said: "He was very happy and him and Katherine did everything together.

"They were going to get married, have babies and have a honeymoon in Kenya, but that's all been taken away now.

"I hope this will help people to think twice about taking a knife out.

"There's no excuse for carrying a knife."

■ **To make a donation to the Climbing Towards Positive Change Campaign send a cheque to Milton Keynes Hospital NHS Foundation Trust, made payable to Milton Keynes Hospital, with 'A&E Trust Fund' written on the back of the cheque.**

Post it to The Cashier's Office, Milton Keynes Hospital NHS Foundation Trust, Standing Way, Eaglestone, Milton Keynes, MK6 5LD or call 01908 243383.

CIVIL ACTION PLANNED OVER ELDERLY WOMAN'S HOSPITAL DEATH
SEE PAGE 5

Pet husky killed by roast chicken bag

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A WOMAN is devastated after her beloved pet dog got his head stuck in a roasted chicken bag and suffocated.

Angela Walsh's three-year-old Siberian husky, Ice, took the packet which had contained a rotisserie chicken from the kitchen bin in her home in Wainers Croft, Greenleys.

When he licked inside, the bag sealed around his head 'like a vacuum'.

Her partner Andrew Taylor returned home from work to find the dog dead in the bedroom.

Mr Taylor, 36, was forced to prise the bag off him.

As a result Miss Walsh, 28, who said Ice was like her 'surrogate child', is determined to redesign the Asda bags which she believes are death traps for dogs - while warning animal owners of dangers in the home.

The supermarket used to have ventilation holes in the bag but changed this after complaints about the hot juices leaking.

Miss Walsh, an office manager for Anker in Newport Pagnell - where she is ironically in charge of plastic bags - was known to go jogging with Ice and her other husky, Jasmine, with a lead in each hand.

She said: "Jasmine has been very quiet since. Now whenever I walk through the door she's looking behind me to see if Ice has come back. They used to play together with a rope out of their toy box. They'd sit there tugging for hours.

"Silly things make me miss him. If I'm eating something and I drop a bit, I think Ice will eat it. The dogs are my babies."

The family had enjoyed a holiday in Snowdon, Wales with Ice just a week before he died, and plan to scatter his ashes in Brickhill woods - his favourite place to go for a walk.

Miss Walsh added: "They're very lucky it's a dog it's happened to, not a curious three-year-old child. I'm quite shocked the chicken bags don't have a warning on them.

This picture of Ice was taken a week before his death

"It was like a vacuum over his head. The worst thing is that he suffered. I can't get over the fact that he suffered."

Asda spokeswoman Clair Hufton said: "The main reason we don't have holes in the bags is because the chicken goes cold. Originally we did have holes in the bags. But we had hundreds of complaints because colleagues and customers were burning their hands. We are really sorry about what's happened but we're providing a service customers want. This seems like a one-off incident."

Roger Vincent of the Royal Society for the Prevention of Accidents confirmed that only bags which are thought to pose a danger to children, such as reusable carrier bags, are required by the general product safety regulations to have warnings and ventilation.

RSPCA spokesman Andy Robbins added: "This is a very unusual case. It's obviously very sad and tragic. We would just warn people to be aware of hazards around the home. This wasn't an obvious one but it just shows the hidden dangers to pets."

Almost £1m in unpaid tax written off by MK Council

NEARLY £1million of unpaid council tax was written off last financial year.

Milton Keynes Council let off £973,000 of payments in 2007/8 – nearly double that of the previous year, when £492,000 was written off.

However, the council argues that this is a 'good record' considering the overall amount to be collected was £87,620,680.

The tally of write-offs was particularly high this year because the council carried out a detailed review of debt collection that was outstanding.

In previous years total write-offs have ranged between around £450,000 and £700,000.

Nationally more than £130m of unpaid council tax was written off in England.

Christine Melsom, who campaigns for lower council tax with the pressure group Isitfair, said: "People are finding it more and more difficult to pay their council tax.

"With the rise in the cost of fuel and food I think these figures are going to get much worse."

A council spokesman said: "The council collects 99 per cent of all its council tax debt but there are occasions when a write-off is unavoidable. Write-offs occur for such reasons as bankruptcy, absconding away from Milton Keynes and occasionally court remissions.

"Milton Keynes has a good record in overall council tax collection, we aim to be fair, where people have got genuine problems in meeting their bill, but also firm, where people are deliberately avoiding paying."

Halal Subway opened without food consent

A SUBWAY store hailed as the first in the city to offer halal meat was opened without permission from the council.

MK Council has demanded that the fast food franchise, which opened in Farthing Grove, Netherfield last week, submits a retrospective planning application.

The branch has 28 days to make an application, during which time the branch can stay open.

The outlet's development manager Tesh Patel said: "I think the issue was that we made the relevant enquiries which led us to believe that consent was there. It transpired after we built the store that it is not part of the planning consent.

"That's why we are where we are. The council has asked us to put together an application. But I don't think we'll have an issue there – it's not as if the shop is out of keeping with the bank of other shops there."

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Up town top rankin'

SIR – I think it is a brilliant idea for people to know about the ranking of the estate they live in.

It should be taken as a challenge for those on the list and an encouragement to work harder for those who not appear.

People should be interested in the areas they live in and their performance and not just sit back.
Thanks for this Information.
Ann Rwankote
sent by e-mail

Transport disgrace

SIR – I am appalled by the public transport services in Milton Keynes.

I live in Emerson Valley, and very often the evening bus service (3E) does not turn up.

I have discovered this is because if some bus drivers do not have a passenger on the bus who has requested to go to a particular estate, the driver simply misses this estate out to save themselves time and effort; meaning people waiting in the estate for the bus are stranded.

I also had an unpleasant experience with a bus driver last week who became enraged at a van driver and stopped the bus to shout and swear at him. The van driver got out and left, which the bus driver responded to by telling us he was going to pull over and wait for the him to return because he wanted to talk to him.

I find it unacceptable that he would do something like this and waste passengers' time; that he was swearing loudly whilst working, with children on the bus; and that he was this angry, as this makes driving very unsafe, and endangers other road users, and the passengers.

I am hoping to draw some attention to the poor state of public transport as the transport strategy consultation is under way, and sincerely hope that something will be done to improve the services in Milton Keynes.
Zoe Gray
Emerson Valley

Never ignored

SIR – In response to Grace Quinn's letter of September 17

As she is aware, as ward councillor for Stantonbury I am trying to work with the community to help in the formation of an organisation that can be the voice for Stantonbury and also organise events.

As I spend my time out and about talking to folks I am very aware that this area is often ignored and forgotten, but NEVER by me.

Hopefully the meeting I have arranged at Woodend School on the September 22 at 7pm will be a success and a chance to begin.

In response to Margaret Burke's letter, 'Putting the Bradville record straight'.

Unaccustomed as I am to responding to letters in the paper - I would sooner spend my time going out and about in the ward and talking to folks and trying to help with issues that are of grave importance to them.

However, I must put an end to this mix-up that Margaret Burke has referred to on Bradville.

This Fun Day which Mark Lancaster refers to was organised by the Bradville Hall Community Centre and NOT Stantonbury Parish Council.

It was one part of a three-way event with other groups and organisations in the area.

The Bradville allotment Tenants Harvest and Craft Show was being held in the Bradville Hall and was open to anyone who lived, worked or had an allotment in Stantonbury, Bradville, Bancroft, Bancroft Park and Blue Bridge.

Sunrise Singers Community Choir performed a mini concert.

Mark Lancaster was asked if he was able to present the awards for the harvest and craft show, which he did with pleasure.

The whole event was advertised in the Wylie News (Stantonbury Parish News Letter) and was delivered to every area mentioned above.

Bradville Residents' Association North End Fun Day, which I did attend and help to run three stalls at was another event held earlier in the year. Also hampered by the weather, but was still a good community event and I am sure that if Mark Lancaster had been asked and was able to attend he would have.

As for the words 'Bradville Fun Day', I would like to apologise to anyone who has a legal right for the sole use of the words as I was not aware that any organisation or other had taken one out.
Barbara Wright
sent by e-mail

Memorial sickeners

SIR – The ever increasing number of roadside memorials is something that has to be controlled and stopped.

The Environment Protection Act would probably at the most, allow such memorials for just seven days.

One gets the impression that there is some kind of competition amongst bereaved families to set-up the most flamboyant display possible.

There is a place for displays and this is in the cemetery.

I find it quite sickening when I see these displays.

What is equally disturbing are the 'in memorium' notices in the press. Some reflect years of family feuds as one set of relatives try to outdo another.

I have seen three or more for one person that have obviously been placed to outdo others and clearly show a broken family life.

This is not mourning and remembering. It is morbid and factional and one can imagine inter-family feuding if one group of relatives out does another or fails to insert one.

Please, let us see an end to these acts and let us return to mourn in private and not display our grief like a lottery winner might display their new found wealth.

Dignity in death, please.
Alderman Paul Bartlett
Woodside, Stony Stratford

Standing in the rain

SIR – We are often quick to criticise our elected representatives, but we should also give credit where it is due.

Having received a flyer through my door that Mark Lancaster MP holding a 'mobile surgery' outside the Giffard Park local centre today, I thought I would go along.

With the pouring rain at lunchtime I assumed he would fail to turn up, but to my amazment, there, standing beneath his brolly in the downpour, was Mr Lancaster conducting his surgery.

Can I just give ten out of ten for effort to our local MP?
Miss A Farley
Giffard Park

Road and redway rage

SIR – Your report last week on the Transport Question Time event failed to convey the full extent of public condemnation for the lack of vision and lack of leadership showed by the council leader and her administration.

She was criticised over traffic lights on grid-roads, insufficient parking space in most new neighbourhoods, the lack of a bus strategy, the 'City Streets' concept, and poor redway maintenance.

Some accused her and her officers of trying to destroy what makes MK special, so that MK can be forced to fit ideas copied from other, less attractive cities.

Over the last three years, she and her cabinet have refused to listen to ideas from the Conservatives and others on ways that transport emissions could be reduced and peak road capacity could be improved: spreading rush-hours, encouraging home-working and Internet shopping, making the redways more attractive, and actively promoting electric and hybrid cars. MK deserves better!
Cllr John Bint
Middleton Conservatives.

Trams better than failed 'Dial-a-bus' system

The monorail in Seattle, USA

SIR – I must write to object to Professor Stephen Polter's assertion that trams are too expensive for Milton Keynes.

Nottingham which is not too far away and not much larger than Milton Keynes is building a tramway system using an abandoned railway line in part.

From what I can recall the planners put aside strips of land to be used by a transit system at some future date.

Nothing good is ever said about the bus service in MK and I do recall the 'Dial-a-bus' system, but if it were a success why did it fail?

The boulevards of MK are well able to accommodate a tramway. Bletchley being a railway town there is enough know-how to build a tramway system.

The railway station, thecentre:mk and MK Coachway could all be linked.

What about a transit system to bring fans to stadiummk?

The original plans for the city envisioned a system of monorails. I for one was disappointed when these were not adopted.

I recently visited Seattle in America and travelled on their monorail.

The system was built for a world fair in 1962 and is a little over a mile long but is well used.

They are also building a light railway to their airport and trams in the city as well as a combined bus and tram tunnel under the city centre. It has to be borne in mind that Seattle is not the wealthiest city in America, yet they think it worth spending a fortune on public transport.

Philip Gray
Missenden Road, Winslow

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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During two weeks in MK Hospital 77-year-old Sheila Best suffered from a chest infection, a heart attack, bronchial pneumonia, diarrhoea, contracted c difficile and was given an overdose of morphine – her death certificate said she died from pneumonia

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE c diff bug and an overdose of morphine have been linked to the death of an elderly woman at Milton Keynes Hospital.

Seventy-seven-year-old mother of ten Sheila Best, from Garry Close, Lakes Estate died at the hospital on March 21, 2007.

A three-day-inquest, which concluded on Friday, heard that her death was originally recorded as pneumonia by a junior doctor but her family called for the coroner to review the decision.

Mrs Best, a retired tailoress, was admitted to the hospital on March 4, 2007 with a suspected hip fracture after falling at home.

She was treated in the orthopaedic ward and given physiotherapy and pain killers including morphine.

The inquest heard that the use of morphine should have been avoided in her case as she suffered from lung disease, which made her more sensitive to its affects.

She was also given more than twice the amount advised by the British National Formulary (BNF) for an elderly person.

She suffered from an overdose and was given a drug to reverse the symptoms, which included respiratory depression and drowsiness.

Dr Sandro Lanzon-Miller, medical director at the hospital, said the doctors were not aware she suffered from lung disease when the drugs were prescribed, as Mrs Best's previous medical notes did not arrive until three days later.

"That issue is being looked at nationally to be solved by an electronic database, it is not exclusive to Milton Keynes," he said.

Dr Vasantha Kumar, general physician, said opiates are given according to how much pain the patient is in.

"The BNF plays it safe, if we always went by it we would never give drugs to anyone. We have to balance the risk," he said.

During two weeks in hospital Mrs Best also suffered from a chest infection, a heart attack, bronchial pneumonia, diarrhoea and contracted clostridium difficile.

She died in clinical ward 15 on March 21.

There was no postmortem as she was buried before the inquest was announced.

Deputy coroner Tom Osborne gave a narrative verdict, concluding that she suffered from 'respiratory depression and developed bronchial pneumonia partly as a result of an overdose of opiate medication'.

"Her condition deteriorated after contracting clostridium difficile (c diff) and she was confirmed dead on March 21."

Her family plan to take civil action against the hospital.

Robert Best said his mother, who was born in Lambeth, London and lived in Bletchley for 36 years, was an 'uncut diamond'.

Her daughter, Heather Smith said: "She was not a statistic she was a mum, nan, sister and auntie.

"I took her in with a bruise and brought her out in a coffin.

"She enjoyed her life and was always going abroad on holiday.

"She was very well loved and will always be missed."

A spokesman for MK Hospital said: "Mrs Best had developed a chest infection which required powerful medication and to which some people are sensitive.

"The Trust continues to improve its processes to pick up potential sensitivities."

He added that the hospitals c. diff rates are "consistently low".

Dr Lanzon-Miller added: "Milton Keynes Hospital continuously works to enhance the care that we deliver to our patients, and we will review the outcome of this case to ensure that any identified improvements are implemented todevelop our services.

"As a trust we would like to offer the family our deepest condolences."

Pair charged with smuggling heroin

TWO Bletchley men have been charged with importing heroin worth over one million pounds into Luton Airport.

Matthew Flint, 22, and Brenton Tobin, 24, were arrested when they arrived at the airport on Sunday after touching down on a flight from Istanbul, Turkey.

Customs officers seized illegal drugs with a street value of £1.2 million.

Both men were charged with being knowingly concerned in the importation of heroin.

They appeared at Uxbridge Magistrates' Court last Monday and were remanded in custody.

Matthew Flint

Brenton Tobin

Convertible driver dies at traffic roundabout

A MAN has died after a convertible collided with a roundabout in Newport Pagnell.

The incident happened at the traffic island near to the Land Rover garage on the A422, London Road just before 3pm on Sunday.

The black BMW convertible, which was travelling from Olney towards Newport Pagnell, collided with the roundabout, overturned and hit a silver Peugeot 206 on the opposite carriageway. The driver of the BMW, a 42-year-old man, was pronounced dead at the scene.

His 19-year-old male passenger was airlifted to Coventry Hospital, where he is in a critical but stable condition.

The occupants of the Peugeot did not sustain any injuries.

Two fire crews attended, from Newport Pagnell and Broughton.

Witnesses who saw the collision or the BMW driving from Chicheley Hill towards Newport Pagnell on the A422 are asked to contact Sgt Scott Silk or PC Neil Stephenson on 0845 8 505 505.

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Grid road expansion – or not?

John Napleton

Mike O'Sullivan

John Lewis

As the credit crunch and troubled housing market delays development across the country, planning masterminds in Milton Keynes are debating how this could affect the city's future. Reporter LAURA HANNAM speaks to three people instrumental in city growth to ask their views on the direction it is going

ONE of the city's original planners is calling for proposals to build 'city streets' in the expansion areas to be re-thought.

John Napleton, former director of Milton Keynes for the Commission for New Towns, says the delays caused by the credit crunch provide an opportunity to change the plans and incorporate the city's original master-plan.

Although the proposals have already been agreed, he hopes Milton Keynes Council and regeneration agency Milton Keynes Partnership will use this chance to take another look.

Especially as a recent transport survey, by independent market research company ICM, revealed that 87 per cent of the city's citizens believe the grid roads work.

Mr Napleton helped build the grid roads and redways as chief engineer for Milton Keynes Development Corporation from 1974.

Having retired in 1998, Mr Napleton vowed he would not meddle in the future of Milton Keynes, but he believes today's planners are making such a 'mess' of things he must voice his concerns.

"If they only expanded the grid road system they could make a mess in the grid squares without wrecking the city, but frankly they have abandoned the grid road concept," he said.

"You can see the result in proposals like the V4 [Watling Street] which is a naked attempt to reduce it to one of their city street concepts.

"I think there are people who would turn Milton Keynes into the image of a north London suburb which I think is a disaster, that's not what the city is about.

"Basically they are building in problems; they are going back to failed planning policies.

"I'm aware the WEA has been sold off to developers and accept that there would be large financial penalties in making changes to it, but I still think English Partnerships and the council should accept that and put it right as you can't put it right after you have built it wrong."

Even former planners are divided on the issue, however, as retired architect and town planner Mike O'Sullivan, ex-chairman of transport at the council, believes the city should move away from the grid road system in the expansion areas.

He would like to see a city more focused on public transport.

"If, and the big word is if, we are supposed to be heading for a future where we are going to be depending less on cars why would we need these little motorways running around?" he said. "Shouldn't we be dumping the grid roads and going more in the direction of public transport; a serious modal shift away from car dependency.

"But the city council's proposal comes straight from Milton Keynes Partnerships policy, which says that the overall modal share for public transport will rise from about 4 per cent in 2001 to slightly under 5 per cent by 2031.

"Well if you can't get public transport up by more than one per cent over thirty years you are not seriously trying."

He said Milton Keynes has the wrong design for modern life.

"It was a very seductive idea back in the 1960s when it was on the drawing board and we all thought cars were marvellous but there are down sides that have emerged," he said.

John Lewis, chief executive of Milton Keynes Partnership, said there are no plans to alter the structure of the expansion areas as planning permission, including decisions about key infrastructure such as the 'city street', has already been granted.

"Work is under way to put in the infrastructure and build new homes," he said.

"The credit crunch continues to impact on the housing market nationally and Milton Keynes Partnership, together with Milton Keynes Council, will keep on taking a flexible approach to working with developers so that we can keep the market moving forwards in Milton Keynes."

He added that the designs for the expansion areas have been created to make them more public-transport friendly and give people more travel choice.

"The city streets run through the development areas and this will ensure that no home is more than 500 metres from bus routes.," he said.

"The city streets are not designed as opposition to the grid but as a road layout solution to areas that sit to the edge of Milton Keynes."

■ What do you think of the city's expansion? Let us know your views by emailing letters@mk-news.co.uk

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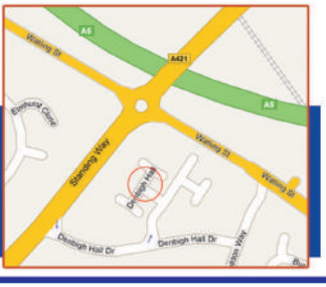

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Alex Holmes with pupils of Radcliffe school with the award that was taken back

Anti-bullying hero stripped of award

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

AN anti-bullying campaigner was given a 'teacher of the year' award only to have it taken back because he is too young.

Twenty-year-old Alex Holmes, from Stony Stratford, was surprised by a film crew from ITV Anglia at Radcliffe School in Wolverton on Friday.

The former teaching assistant, now learning mentor, was presented with a trophy engraved with 'Local Heroes – ITV Anglia Teacher of the Year Winner 2008', in front of students.

In June, ITV News invited viewers to nominate a teacher or specialist working in schools in the area.

As reported in MK NEWS last week, Alex had been nominated for his efforts spreading his 'Heads High' anti-bullying campaign across schools in Milton Keynes.

He was shortlisted in the final four for the region and then chosen as winner by an expert judging panel.

Letters were sent out with thousands of pupils at the school informing parents that the award presentation was to be aired on the local news channel that night.

Alex also visited his old school, Kingsbrook College in Deanshanger, with the good news.

But later that day he received a call from ITV Anglia informing him that he was not in fact old enough to enter the competition, run nationally by ITV.

The terms and conditions of the awards state that nominees must be aged over 21, but this was not mentioned on the entry forms.

The regional award was instead presented to the second place winner and Alex missed out on attending a reception at Downing Street, appearing in the Daily Mirror and walking the red carpet in London as a finalist in the ITV Pride of Britain Award.

Alex said he feels sorry for those at the schools who supported his nomination and tuned in expecting him to win.

"I personally feel that age shouldn't be a limit on achieving anything and this is the message I constantly give to the young people I work with.

"I've still got the trophy and have been told I can keep it - but I'm just not the winner.

"It's more important to the schools and young people who supported me; I've already received some lovely messages of support, some quite angry, over what has happened."

ITV Anglia announced that the mistake was made due to an error in the sifting of entries.

Jim Woodrow, ITV Anglia's community affairs manager, told MK News the problem was discovered during their pre-transmission check on Friday.

He said it was known that the condition on age was in place, but the detail was not included on the competition entry forms.

"We can only say sorry that it got to this stage," he said.

"If we have these conditions in place we have to abide by them."

He added that an inquiry has been launched into whether the age limit was required.

Warning after vehicles are torched

FIREFIGHTERS are warning car and motorbike owners to keep their vehicles secure after a spate of arsons.

Bucks Fire & Rescue Service has been called out to 30 deliberate vehicle fires so far this month, including three in Milton Keynes over the last week.

Firefighters were called to Rochfords, Coffee Hall twice after two mopeds were set alight in separate instances last Thursday and again on Monday.

Another crew from Great Holm was called to a Citroen C1 on fire in the car park at North Row, CMK, at around 5am on Friday, September 19.

Terry Ridgley, head of the service's community safety team, said: "In many cases, these burnt out cars have been reported stolen or even used in a crime."

The service recommends you leave your car in a well-lit place, remove the ignition key, close all windows, lock doors and the boot, hide property and keep keys in a secure place at home and work.

Bathroom leakage closes Tesco bakery area

A LEAK of waste water at a Milton Keynes Tesco led to part of the supermarket having to be closed for 36 hours last week.

All the products in the bakery of Tesco Extra at Kingston had to be removed after a bathroom above leaked onto produce below.

It was closed from Tuesday evening until Thursday morning.

A Tesco spokesman said that though the water came from the bathroom above it was not sewage, but waste water.

Another spokesman added: "We can confirm there was a leak in our store last week. The area was immediately cordoned off, any product in the area was disposed of, and engineers and professional cleaners were drafted in. Environmental Health were happy with how quickly our staff reacted."

The bakery has now re-opened

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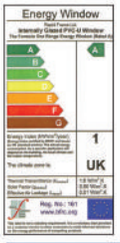

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Residents see red over blue-painted houses

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

BRIGHT blue houses built in a historic part of the city have caused uproar among residents.

Rows of colourfully-clad homes in Claridge Park, on Claridge Drive, Middleton have been built against the backdrop of rustic stone homes in Milton Keynes Village – which is a conservation area.

Their houses' hue has lead to the area being dubbed 'Disneyland' and the name 'Middleton on Sea' has been used in reaction to their bathing hut-style appearance

Cllr Sam Crooks has delivered leaflets on the issue, so far receiving two responses in favour of the colour and 40 against.

Although he hopes that they can be toned down, the cladding has been approved for use on 23 houses and two apartment blocks.

Developer Crest Nicholson has done nothing wrong because Milton Keynes Council granted planning permission for the houses to be painted blue, burnt orange or brown.

Cllr Crooks said: "People think that when approaching the most historical part of Milton Keynes should be something more appropriate.

"It's not just the blue, but the blue and the white together. This is when American and seaside images come to mind. People have said this is like Disneyland in Milton Keynes or Middleton on Sea because they look like bathing huts."

Middleton on Sea: Cllr Sam Crooks in front of the blue houses Claridge Drive, Middleton

He added: "We all thought that they were going to be in keeping with the other houses. Milton Keynes Village is the oldest village in Milton Keynes – it's very traditional. These houses are too bright."

One complainant was told by the council that the development intends to 'create its own distinctive character on the edge of the grid square' and that further properties with blue weatherboarding will be dispersed across the site.

A council spokesman said: "We believe the design made it quite clear the style, and likely colour scheme of these properties, and members of the public had ample time to make their views known. We have had very few complaints."

Greg Ketteridge, managing director of Crest Nicholson, said: "The homes will be integrated into the surrounding area, with landscaping and further design features helping to set the homes into context."

Council funds youngsters' documentary on knife crime

A GROUP of young film makers has been handed £6,500 to produce a documentary about knife crime.

Over the last month, the team has interviewed young people, the police, a journalist from MK NEWS and MP Phyllis Starkey.

The project is managed by the Living Archive and funded by Milton Keynes Council and aims to bring together a group of young people from Milton Keynes, aged 18 to 24, who are not in education, employment or training.

On Thursday the group held its seventh filming session, at the Oasis Youth Centre next to Milton Keynes College.

The volunteers were asked to produce a film about any subject and opted for knife crime.

They want to address the consequences of knife crime, the reasons why young people are carrying knives, the public and media perception and depiction of knife crime and the solutions.

Dante Clark, 22, moved from Philidelphia to Fishermead in February and was keen to get involved when he heard about the project.

He said: "Knife crime is way worse in America. In Philidelphia, in 'knife month' we would have about 300 stabbings rather than the 25 they've had in London.

"If I got stabbed here I would say thank you because in America you get shot.

"I don't have to go out and worry about being shot here and I don't want the UK to get to that point.

Project organisers hope that the film will be screened at Cineworld in October.

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Palace to appear at the Royal Albert Hall

Milton Keynes' songstress Palace Lenny (15) from Bletchley is to feature on a special musical event September 28th at the Royal Albert Hall. It has been a really busy summer holidays for Palace, who has been rehearsing for the big show being staged by 'Theatre Train and will be the culmination of six months hard work and determination from her and her friends at the Milton Keynes theatre school. The show called 'I don't feel like dancing' will feature more than 30 songs from the musicals and will give Palace a taste for performing at the award winning venue in front of a packed house. Palace is no stranger to live audiences, as she is one of the three Milton Keynes girls that make up local pop sensations 'MjeliK' who are currently working on the finishing touches of their Christmas Cd and rehearsing for their Christmas concert on December 5th. Palace said 'It has always been my dream to be a singer and dancer, it is going to be such a thrill to be on stage at the Royal Albert Hall, I have learnt so much at TheatreTrain and this is a great chance for me to gain experience in performing at one of the country's best venues. My family are very proud of me.'

Andy Jones founder of MKVIBE said 'Palace is a really wonderfully talented young lady and we are all very pleased to see her doing so well.'

Palace can be heard singing with MjeliK online at www.mkvibe.com

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Judgment day for local Post Offices

Council makes decision on whether stores can be saved

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE council was set to decide if Post Office services across the city could be saved last night.

MK NEWS revealed, ahead of Post Office Ltd's announcement last week, that four branches in Little Brickhill, Weston Underwood, Aylesbury Street in Fenny Stratford and Water Eaton will be axed.

The branches have been given three months until they must close their doors.

The future remains uncertain for offices in Conniburrow and Fishermead due to worries that their closure would overload Crown Walk in Central Milton Keynes.

The issue is being reviewed by Postwatch, the consumer body representing Post Office customers.

The last chance for Little Brickhill and Weston Underwood post offices was the council's plans to intervene and save the service, but a consultant's report presented to the cabinet committee last night warned that this could be expensive.

The £30,000 business study, commissioned from Mouchel by Milton Keynes Council, investigated options to continue post office services at four of the branches.

The inclusion of the Fenny post office in Aylesbury Street and Water Eaton branches was written off from the start as the Post Office believed the offices would 'pull an unacceptably high amount of business from other branches in the area'.

The report concluded that none of the four Post Offices will become self-sustaining after three years 'unless an additional noteworthy income stream is found'.

It estimated that an initial fund of £60,000 would be needed to set up any scheme with continuing running costs met from the council's budget.

■ See our website today for updates on this story www.mk-news.co.uk

£2m moves east-west rail link closer

AN extra £2million has been secured for reviving a disused railway that would link Milton Keynes to Oxford and Cambridge.

The money will be spent on developing the plans for the East West Rail Link – to ultimately restore the mothballed Varsity Link.

It builds on the work completed in February 2008 which proved the feasibility of the project.

Milton Keynes Partnership, alongside local authorities and agencies, is pushing forward the work and will put up much of the money.

The development work will concentrate on the western section, the route west of Bedford, and a network of routes linking Milton Keynes to Oxford, Aylesbury and Bedford.

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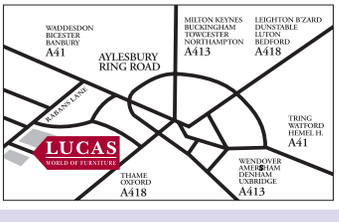

Point to stay dark

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THE lights will remain off at The Point until more people are at home.

That is the upshot of discussions surrounding the future of the famous landmark which has been literally cast in shadow for months.

Its owners Hammerson says its broken lights will remain unfixed until it has more tenants.

After a meeting last week the company decided it must fill the historic building, part of which is vacant after the Nexus Nightclub left, before it even considers fixing the distinctive red lights. It says its focus is the interior of the building not the exterior.

However, it was the once-illuminated structure's silhouetted exterior which led to criticism last month that an important part of history, it was the first multiplex cinema in the country, was being neglected.

The owners attribute this to the great expense and complexity of fixing the bulbs, which require scaffolding to be erected just to replace them.

Cinema enthusiasts believe that this disrepair is one step towards demolition. That is why, on Friday, members of the Cinema Theatre Association travelled to it to see what can be done to restore it.

The most recent Milton Keynes Partnership chief executive's report said: "Hammerson, which owns The Point, Odeon Cinema and multi-storey car park has been working with English Partnerships to bring forward a retail-led scheme on its joint land holdings. This work is now to be reviewed due to the expiry of the centre:mk's planning permission."

However, the centre:mk and Hammerson say the eventual retail scheme will not come to fruition for many years.

Sergeant's overtime e-mails 'misguided' and 'unacceptable'

A CITY police sergeant's e-mails encouraging other officers to work overtime to pay for expensive luxuries have been slated.

The e-mails, from Sergeant David Bald, seeking volunteers were sent to colleagues in Bletchley, Milton Keynes, Wolverton and Newport Pagnell during a search of woods near High Wycombe, Buckinghamshire as part of a major anti-terrorism investigation in 2006.

They suggested that overtime shifts could buy a week in Spain, three flying lessons or a large plasma TV.

Thames Valley Police has said the e-mails were 'unacceptable' and 'misguided'.

As reported in the national media this weekend, one e-mail sent on August 24, 2006 suggested one night in the woods would pay for a new fridge, while two nights would buy four tyres for your Beemer and three nights at Disneyland Florida.

Thames Valley Police's involvement in the inquiry into an alleged plot to blow up transatlantic airliners, called Operation Overt, cost nearly £8 million, including £4.9m in overtime.

A spokesman for Thames Valley Police said: "The e-mails that are referred to are unacceptable and do not reflect the attitude of police officers as a whole.

"They were misguided and written in poor taste and recalled as soon as senior officers became aware of them.

"We are confident that our officers and staff are committed to reducing and detecting crime and we know that all those involved in the work in High Wycombe that summer knew exactly how important a role they were playing in the fight against terrorism."

The spokesman added that Thames Valley Police provided hundreds of police officers to play a part in the 'hugely important investigation' over around six months.

"The force deployed officers from their usual Thames Valley postings for 5,184 working days, at a cost of £1.4million," he said.

"This put a strain on the policing of local communities and therefore overtime, at a cost of £4.9million, was used as well as assistance from other forces, at a cost of £1.9million."

A statement from Thames Valley Police Authority said: "Officers of the force and members of the authority and their officers were robust in reviewing the costs of the operation and in pursuing a claim for special grant from the Home Office to reduce any impact of the operation on the council taxpayers of Thames Valley."

"The authority received a special grant of £4.9m from the Home Office, against a total cost of £7.9m.

"The balance of £3m was met from the general reserves held by the

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Police in hunt for nightclub gunmen

BY ROB GIBSON
rob.gibson@mk-news.co.uk

THREE men are wanted by police in connection with a shooting outside a city centre nightclub.

The gunman fired a shot into the air outside Buddha Blue nightclub in the Theatre District in the early hours of Easter Monday before escaping in a convoy of three cars.

It followed a dispute between door staff and a group of 10 to 12 black men after they were refused entry to the club.

The incident took place at 2.40am on March 24 and CCTV images captured three of the men involved.

Detective Inspector Ray Summers said: "Police enquiries to date show that these men might be from the London area and we are keen to trace them in connection with this incident.

"I urge anyone who recognises the men in the still or who witnessed the incident but have not yet spoken to police, to contact me. I would like to reassure potential witnesses that their call will be treated with complete confidentiality if necessary.

"If they don't want to speak to police or leave their name, call the charity Crimestoppers on 0800 555111.

"I would also like to take this opportunity to reassure residents that this was an isolated incident and incidents of this nature are very rare in Milton Keynes."

The man who discharged the firearm is black, in his early 20s, between 5ft 6ins and 5ft 8ins, slim to medium build and with short, black hair.

He was wearing an olive green hooded style jacket and blue jeans.

DI Summers can be contacted on 08458 505505.

The three men thought to be involved in the Easter Monday shooting incident outside Buddha Blue nightclub in the Theatre District

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MKNEWS BRIEFS

Nemisis dance date

THE city's own urban dancing stars Nemisis are back and performing live at thehub:mk.

The Britain's Got Talent finalists, who honed their talent by practicing dance moves at the Central Bus Station, will be performing along with other local bands in the piazza on Friday.

The acts start at 7.30pm.

Hospice open day

A CHILDREN'S hospice is to open its doors to the public today.

Keech Cottage Children's Hospice is inviting people to come and look around their facilities at their Open Day on Wednesday, September 24.

In celebration of the national Children's Hospice Week , the charity will show how it supports around 200 terminally ill children and their families from across Milton Keynes, Bedfordshire and Hertfordshire.

Keech Cottage nurse manager, Jo McDonnell, said: "Thousands of people support us every year so this is our way of showing them where all the money goes."

The hospice is situated on Great Bramingham Lane, just off the A6 north of Luton, and will be open from 10am until 7pm.

PitStop challenge

EVER wondered how a team can change four wheels, operate air guns and check a Formula One car during the pressure of a pit stop in under seven seconds?

Now is your chance to see for yourself when the AT&T Williams PitStop Challenge accelerates into thehub:mk tomorrow (Thursday).

Teams will have the chance to carry out a pit stop on a genuine Williams Formula One race car in 2008 team livery.

The event starts at 9am until around 5pm.

Rita Spada, chief executive of MK Chamber of Commerce said: "The AT&T Williams PitStop Challenge is a powerful tool used for management training, leadership development and for team building experiences and as the business community of Milton Keynes is always up for a challenge, we are expecting a full-house of participants and supporters on the day."

Woman hanged

A WOMAN has been found hanged in a house in Greenleys.

Police were called to an address in Haywards Croft at 5pm on Sunday, September 21.

Officers gained entry and a 43-year-old woman was found dead.

Breath in: Jade Goody is bringing her 'booty camp' to the city

From fat to fit with Ms Goody

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

JADE Goody is setting up camp in the city – boot camp, that is.

The former Big Brother star, who famously thought East Anglia was 'abroad', is set to put Milton Keynes on the health and fitness map with her week-long intensive courses.

The 'booty camps', which cost between £1,495 and £3,000 per person, enlist the help of local practitioners such as Nilam Patel, whose semi-permanent make-up artistry is a cosmetic form of tattooing, and colonic irrigation expert Tracey Dell – both of whom are based in Broughton.

PR guru Max Clifford has advised that opening the bootcamp is postponed from September to January because Jade is currently fighting cervical cancer.

Though the team is yet to find a permanent base, it has chosen Milton Keynes because the successful trial camp was done at a vicarage near Cranfield – as recently featured on Living TV's Living with Jade show.

Until they find the perfect place with on-site accommodation they plan to hold the camp at temporary venues in the city.

Tracey Dell of the Colonic Clinic said: "GI Jade's booty camp helps people to keep fit and drop a dress size, using army instructors, 'juicing' (drinking fruit juice) pole dancing, pilates and hypnotism.

"We will use the aerial equipment at Willen Lake because height makes people sweat. Milton Keynes has great facilities.

"Even the shoes we give people tone them as they are walking and everyone wears the same clothing."

Ms Dell describes the three packages – the booty camp, the detox and the red carpet camp – as 'what you would get in Thailand, but we are providing it in Milton Keynes'.

■ For more information visit the website www.jadesbootcamp.com

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Wallis Mega Day Event
Visit Wallis for their Mega Day Event fromThursday until Sunday. There's 20% off for existing and new Wallis cardholders.

Castle Galleries live appearance
Paul Corfield, one of the hottest contemporary British artists, makes his debut appearance on Saturday 27 September, from 12 to 3. Paul will talk through the inspiration behind his work and will happily sign and write personalised messages on the back of any of his art purchased on the day.
Visit www.castlegalleries.com or call 01908 696040 for more details or an invite.

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Changing a Stables environment

The Stables has long been synonymous with jazz. But the venue – which in fact hosts classical, rock, pop and blues music, as well as comedy – is trying to shed this tag. Reporter JESSICA CUNNIFFE went to its aptly named Stage 2, a year after it was opened to find out about the diverse sounds and food on offer

MILTON Keynes may not be considered by everyone as a tourist destination. But there is a world class music venue here, whose selection of sounds is capable of wooing people from all over the country - and the world.

Chief executive of The Stables, Monica Ferguson, said: "We get a lot of people flying to Luton Airport and coming here. There was a couple from Sweden and people even came from Japan.

"People also come from all over the UK. This is a fantastic location in terms of geography. There is a great shopping centre and people do come and make a weekend of it."

It is the venue's wide-ranging pulling power that means 100,000 people come here each year. And it seems they are coming for diversity – not just jazz.

"We've been doing a lot more world music recently," said Ms Ferguson.

"Seventeen per cent of our output is jazz, 35 per cent is rock and pop and we also get some big comedy names.

"And there's two different types of comedy - you get your Jo Brand, Alan Carr, Russell Brand and Lee Evans. Then we have Screaming Blue Murder in Stage 2 where you never know who is going to turn up. You are coming because you like comedy."

Sometimes the venue even books people who become famous in the meantime, such as Jack Whitehall from Big Brother's Big Mouth, whose Stage 2 gig is coming up next month.

This second stage came about last year, 37 years after the original Stables, which was overhauled in 2000, hosted its first performance.

Though the space was earmarked for a studio, a shortage of money meant they had to plump for a performance venue.

But this has not been a bad thing. Because in just a year it has provided the platform to emerging and established artists alike, such as 16-year-old Australian singer Gabriella Cilmi (behind the hit Sweet About Me'.

Ms Ferguson says their approach is 'evolution not revolution', with the next plans on the cards being an outdoor eating area and a sensory garden.

At the moment Stage 2's cafe is proving the successful combination of food with music or comedy.

Executive chef Jim Wilson is at the helm of the restaurant and bar, which is open from 5.30pm to 8pm two or three nights a week, offering light pre-gig meals and sometimes themed menus which match the entertainment.

Surely the number of seats – there's room for 450 in the main auditorium and 80 seated in Stage 2 – multiplied by the number of shows – around 350 shows a year – should result in a large profit.

But the Stables is actually a not-for-profit organisation, ploughing any money it makes back into educational projects and music.

"If we wanted to make money we wouldn't run an 80-seat theatre," she said.

"We don't get any subsidy from Milton Keynes Council. We have a turnover of £1.8million and get £500,000 from fundraising."

None of this would be possible without the 260 volunteers doing everything from ushering to washing up. Without them, there would be no Stables. And no Stables, according to Monica, would be bad news for music.

"There would be the Pitz, the city orchestra, piano bars. But there would be less diversity of music here. We would not see some of the weird and wacky things we put on here."

It's not just the obscure performers that clamour to play at The Stables; big names like Amy Winehouse, Joan Armatrading, Courtney Pine, Bill Wyman, Nigel Kennedy and Tori Amos are as eager to get gigs there.

Ms Ferguson added: "As a dedicated music venue it works well, rather than a theatre that has music concerts. It's a venue for musicians, built by musicians."

And she said this has never been more literal then when classical guitarist John Williams - with fingers that must be insured for thousands - built a makeshift stage at the venue when he went to perform there.

■ To find out more about events in The Stables' Stage 2, call the Box Office on 01908 280800 or go online at www.stables.org

COMPETITION

Win tickets to Stage 2

On Tuesday, October 7 songwriter, vocalist and pianist Andy Fleet will be appearing in Stage 2, with hot new guest vocalists Jane Fraser and Jo Doolan.

To imagine Andy's sound, think of what you'd hear in a sophisticated, smoky late-night piano bar – laid-back, beautifully crafted, bluesy, jazzy, romantic.

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HOW TO ENTER

ALL you have to do is answer the following simple question: How many volunteers does the Stables have?

Send your answers to Stables Competition, MK NEWS, 1 Diamond Court, Fox Milne, Bucks, MK15 0DU or email competitions@mk-news.co.uk

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Double helping for overweight kids

Two new schemes promote healthy lifestyle

THE city health service is helping overweight youngsters lead a healthier lifestyle.

Milton Keynes Primary Care Trust (PCT) has launched two new health and wellbeing programmes this week for children and young people over their ideal weight.

The Children's Activity Referral Scheme (CARS) is a 12-week weight management programme for children aged five and six and young people aged 14 to 16.

'Onside for Life' is a new 10-week programme run by the MK Dons' Sport and Education Trust with the support of the PCT.

It is a community, family-based programme aimed at children aged between seven and 13.

Both schemes will include games and activities by trained exercise professionals as well as practical demonstrations and tips about healthy foods, reading food labels and portion sizes given by community dieticians.

Children and young people attend the sessions accompanied by a parent or carer so they can also get the healthy tips and find out how to support their child in healthier ways of living.

Participants of CARS need to be referred via their GP or practice nurse.

Online for Life sessions will be run at stadiummk on Mondays and Thursdays between 5.30pm and 7.30pm and Leon School on Tuesdays and Thursdays between 5pm and 7pm.

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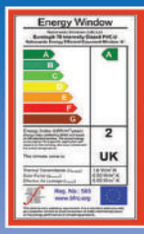

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Surjit took the customer through the options finding the right product for the customer's needs as she had failing eyesight and the colour, weight and dimensions were critical to her travelling arrangements.

"I'm totally gobsmacked at receiving this award," said Surjit. "I didn't do anything special; all I did was my normal job. So to be rewarded like this is absolutely wonderful and I feel a little guilty as the rest of my colleagues work just as hard."

The Serious Service Awards aim to encourage customer feedback and highlight great customer service examples from retailing staff. Customers are able to nominate staff from individual stores recognising excellent customer service skills.

Surjit chose a Coca-Cola branded table football as her prize.

Walk and make friends

PUT on your shoes and do some walking.

Hike MK, a group of walkers aged 20 to 40-something, are holding a series of walks during the week to encourage people to get out there, make new friends and make use of their local network of footpaths.

The events are to tie in with Use Your Paths Week which runs until Sunday.

The walks vary from short, easy routes to longer, slightly more challenging routes to give everybody the chance to join in.

There is still time to take part on Thursday evening at Great Linford starting at 6.30pm and on Saturday at Stoke Goldington at 10.30am.

For details of what to bring and where to meet visit www.mk-northbucks2030s.org.uk

Pubs get ten-out-of-ten

TWO city pubs are celebrating ten years of being honoured in a guide to good beer.

Robin Hood in Clifton Reynes and The Lamb at Stoke Goldington have been presented with a special award to mark ten consecutive years of being included in Campaign for Real Ale's (CAMRA) Good Beer Guide.

Thirteen local pubs have been featured in the 2009 edition, launched on Thursday, September 11.

The Lamb also holds the title of CAMRA Pub of the Year 2008, with the runner-up being The Victoria at Bradwell Village.

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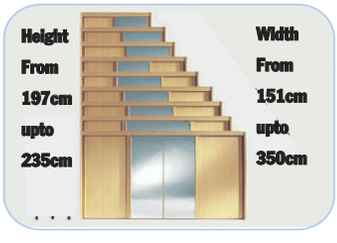

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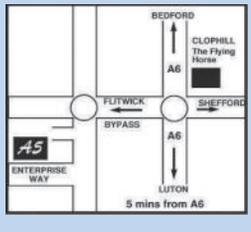

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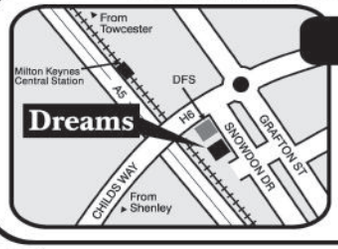

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Top bananas set off in front of hundreds of chasing runners to raise leukaemia research cash

Runners going bananas

THEY were going bananas at Willen at the weekend.

Milton Keynes Bananaman Chase took place and around 220 children and their families took part in the junior bananaman chase.

Leukaemia Research hopes to raise over £50,000 from the event when all the sponsorship money comes in. Ten people with personal experiences of blood cancers were chosen to dress up as the bananas and act as pacesetters.

Banana number 10, Hazel Staten – a leukaemia survivor and local fundraiser for Leukaemia Research in Milton Keynes – said: "Events like the Bananaman Chase help to fund vital research which saved my life and the lives of many others. I was a banana in 2007 too – it's pretty hot and uncomfortable running in a banana suit but you get used to it."

Top bananas started ahead of the runners and each ran at different paces, with everyone trying to beat as many bananas as possible.

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Family Wing	Adults £19 / Concessions £14 / Juniors £7
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Tickets for the home sections of *stadium*mk will only be on sale to supporters residing in MK or LU postcodes.

mkdons.com
box office: 01908 622900
boxoffice@mkdons.com

Birthdays

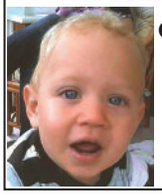
CRAIG SAWFORD
Happy 30th Birthday Craig
24th September
Love from Mum, Dad, Donna, Nicky, Cara, Leah, Matt and Paul
xxx

ABBEY LISECKI
DADDY'S LIL TINKY WINKY
Happy 18th Birthday
Loadsa love, cuddles and kisses
Dad & Darcy xx

Happy 21st Birthday CHARLAINE BONFIELD

With lots of love Luke, Mick, Ni, Toria and big cuddles and kisses from Wyatt xxx

Happy 1st Birthday to our Darling Grandson



Charlie Prickett
on 25th September 2008
With all our Love Nanna, Grandad & Uncle Robert XX

OLLIE DOYLE
Happy 18th Birthday 20th September

All our love Mum, Dad, Chloé, Jordan, Nan & Reg

HAYLEY & JADE BIRDSALL
Happy 21st
Hope you enjoyed your party.
Love Mum, Bob, Chris, Becca, Amber & Nan x

KEELEY KNOWLES
23 years old on Friday 19th September
KEELEY MINX!

Look at you now! *Lots of love on your birthday xxx Mark xxx*

FABIO ZINGARIELLO
aka Lubba-T-Air is 18 on Monday

Have a great day *Love Auntie Rocchina and Uncle Steve*

DEBRA TAYLOR
is 50!
Happy Birthday Mum
Lots of love Lindsey and Lisa xx

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Milton Keynes Chiropractic Clinic
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On production of this advert. Voucher Valid until 31st October 2008

PROUD TO BE THE OFFICIAL CHIROPRACTOR FOR THE MK DONS FOOTBALL TEAM

COMPETITION

Use thecentre:mk creche free for three months

DO you want to do some Christmas shopping away from the prying eyes of your kids?

Then the creche at thecentre:mk is the perfect place to leave them.

Rated as 'outstanding' in its last OFSTED report the creche provides excellent care for up to 30 children aged from two to nine.

MK NEWS is offering one lucky reader the chance to win unlimited use of the creche through October, November and December.

The creche is experienced at supporting children with special needs and children with English as an additional language and the majority of staff have early year's qualifications.

It is open seven-days-a-week all year round.

The sessions are from Monday to Wednesday 10am until 5pm, Thursday to Saturday 10am until 5.30pm, and Sundays and Bank Holidays 11am until 5pm.

From November 7, Middleton Hall at thecentre:mk will be transformed into a magical woodland set which aims to delight young and old alike.

The Christmas display will run until January 4 and feature the return of Santa's Express train ride, the traditional carousel, a nativity scene and Santa's Grotto, which will open on November 17.

Also present in the display will be the Wishing Pool with all proceeds going to local charity MK SNAP.

thecentre:mk

HOW TO ENTER

Just answer the following question: Who is the beneficiary of this year's Wishing Pool?

Answers on a postcard to Creche Competition, MK NEWS, 1 Diamond Court, Fox Milne, MK15 ODU or by e-mail to competitions@mk-news.co.uk

Please include your name, address and daytime telephone numbers.

First correct entries drawn win.

The editor's decision is final and the closing date is October 1.

The prize is for one winner providing creche facilities for up to two children for a maximum three hours per day for children aged three years and over or a maximum of two hours per day for children aged two-years-old.

The prize is subject to availability. The winner will be notified within one week.

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Contact : Teresa Dales/Steve Higham

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MK:TWO BUSINESS CENTRE

Look sharp and book your flu jab

MILTON Keynes Primary Care (PCT) is urging people to get the flu jab.

A new campaign launched this month marks the start of the flu vaccination programme.

It is estimated that flu could seriously affect the health of more than 20,000 younger people in 'at risk' groups such as those with asthma or diabetes within Milton Keynes, if they don't get the jab.

Last winter in Milton Keynes just over half of those at-risk under the age of 65 did not get a jab, leaving themselves particularly vulnerable to the side effects of the virus.

People under 65 should receive a flu jab if they have or have had:

- A serious heart or chest condition, including asthma
- Diabetes
- Serious kidney or liver disease
- Lower immunity due to disease or treatment
- Stroke or a transient ischaemic attack (ITA) (also known as a mini-stroke)
- Multiple sclerosis

People over the age of 65 should also start booking their flu jab.

The city's Director of Public Health, Dr Nicholas Hicks, said: "Flu is much more serious than a cold. It can lead to hospitalisation and even death. If you are over 65 or fall into the 'at risk' category make sure you ask your GP about your annual flu jab.

"Flu jabs last for up to 12 months, so you need a new one each year. The jab cannot give you flu."

The flu jab is also offered to people living in long stay residential care homes and anyone who is the main carer for an elderly or disabled person.

Dr Hicks added: "It is a common misperception that only older people suffer when they get flu and that everyone else can shrug it off.

"Many children and adults under the age of 65 are putting themselves at just as much risk to the effects of the virus.

"If you suffer from illnesses such as asthma, diabetes or serious heart or kidney disease, or you are 65 years or older, you are particularly at risk from flu.

"For those most at risk, flu can lead to more serious illnesses, including bronchitis or pneumonia and could result in hospitalisation or, in the most serious cases, death.

"People and children at risk from the effects of flu need to get a flu jab every year.

"It only takes a minute to get the flu jab, but this will protect you, your child or grandchild for 12 months.

"This is why you should contact your GP and make an appointment to get a free annual flu jab. The flu jab can literally save lives."

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AA691113

Sainsbury staff ready for new store opening

STAFF at Sainsbury's attended an evening of memories as they prepare to move to a swanky new city centre store.

Workers at the store in the Food Centre had the chance to see models wearing the uniform from when the store first opened in 1988 at the meeting last Wednesday before they were given a presentation about the new store set to open on October 7.

The new store will be located on the edge of thehub:mk and is nearly twice the size of the old store.

Nick Wynne, store manager said: "It has been a very exciting time for Sainsbury's and colleagues who work in the store at Milton Keynes.

"We have had to create 120 new jobs as we will be offering our customers so much more.

"There will be a pharmacy, which will also have a consultancy room.

"The TU clothing will be a shop in itself and we will be offering customers the latest electrical products with the opportunity to actually use the product before buying it.

"Of course we will also continue to sell high quality food products, which we have done over the last 20 years.

"I am really looking forward to opening the doors for the first time and greeting the customers."

Breast is best at MK hospital

NEW mums will receive extra support following the appointment of Milton Keynes Hospital's first full-time midwife dedicated to breastfeeding.

Suzanne Barber has over 18 years experience as a midwife and will also support Milton Keynes Primary Care Trust and volunteers in the community.

The appointment should help Milton Keynes Hospital to achieve the UNICEF Baby Friendly accreditation.

Suzanne, Breastfeeding lead midwife, said: "My role is to improve practice throughout the trust to promote, protect and support breastfeeding.

"Breastfeeding has been shown to help reduce inequalities by improving health outcomes for mothers and babies.

"Babies who are breastfed are less likely to develop many illnesses in infancy, childhood and adulthood.

"Breastfeeding is an important way to address obesity, which has become an urgent public health issue, it helps mothers to lose weight stored during pregnancy and breastfed babies are less likely to become overweight children."

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Milton Keynes
MK6 4HW
(Gates open at 8.45am)

Kings Court Chapel
(A part of The Redeemed Christian Church of God)

MKEDUCATION

Students try to keep their packs dry crossing astream in the Taman Negara rainforest

It's a jungle out there

STUDENTS have been trekking through rainforests and helping local people as part of an expedition to Malaysia.

Sixteen A-Level pupils at Denbigh School took part in a World Challenge trip, which takes students out of their comfort zone and offers a series of mental and physical challenges.

It teaches them how to overcome adversity, cope with new environments and become more aware of their strengths and weaknesses.

Each of the students raised £3,000 to go on the trip, through activities such as collecting unwanted mobile phones for recycling, producing and selling a selection of healthy food items to other students and helping to pack shopping bags at Marks and Spencer.

The group went on several treks through the rainforest and worked with a local community project.

One student, Eliot Winter, said: "We experienced all aspects of life deep in the Malaysian jungle, encountering in the region of 50-80 leeches a day across the team.

"We crossed up to 10 rivers a day in 30 degree heat and cooked for ourselves in cramped camping areas.

"Flying squirrels, monkeys and chipmunks were amongst the wildlife we encountered but one of the highlights in Terengganu was the turtle sanctuary.

"We patrolled the beach for turtles that had made their way onto the beach to lay eggs and then transferred them to the hatchery and watched them being born.

"It was an amazing trip."

Mark Stott, one of the two Denbigh teachers who accompanied the pupils, said: "World Challenge teaches the students many life skills, such as leadership, teamwork, self-motivation, communication, confidence and consideration of others."

Cooking Bus stops at Springfield

CHILDREN and teachers from the Milton Keynes area have been able to climb aboard a giant cooking bus for some hands-on cooking sessions.

The Food Standards Agency-supported Focus on Food Cooking Bus rolled into the gates of Orchard School, Springfield Boulevard, Springfield on Monday with expert food teachers on board.

Youngsters were able to get active and show their talents at making and eating fresh, healthy food – delicious, eye-catching and achievable dishes which will form part of their own healthy-eating repertoire and can be made at home. Seasonal recipes which will be turned into mouth-watering and healthy dishes will include chilli bean and cheese potatoes, Irish soda bread, Chinese spring rolls and strawberry and rhubarb twist .

With increasing concern over rising childhood obesity and the future well-being of our children, the Focus on Food Campaign is a vital ingredient in helping give children full control over their food lives – if they are taught how to cook delicious healthy food, then they have the tools for developing a healthier diet.

■ **Do you have an interesting story about your school or college? Contact the newsroom by e-mail at education@mk-news.co.uk or by phoning the newsroom on 01908 689595**

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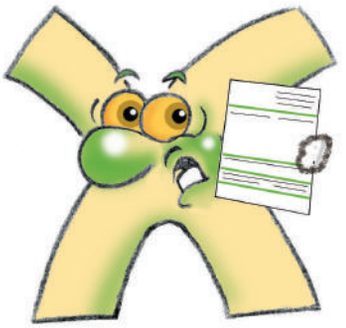
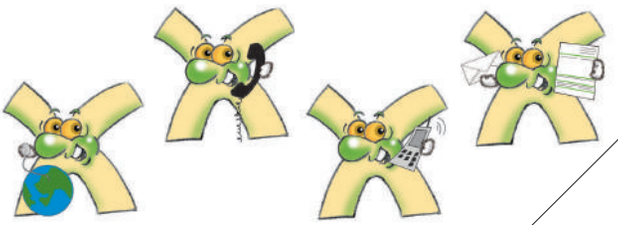


Renew your electoral registration by internet, telephone, text or post



If you have not received your form or have a query please call 01908 254706.

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COMPETITION

Live rent-free for a year

WIN a fabulous brand new apartment to live in rent free for a year.

Places for People, one of the UK's leading development and regeneration companies, Knight Frank, MK NEWS, and Horizon Radio are offering you the opportunity to win a brand new, fully-furnished two bedroom apartment at Wolverton Park, to live in for a year, totally rent free.

Once home to the Royal Train, and steeped in railway history, Wolverton Park is a stylish and contemporary new development of one, two and three bedroom apartments, maisonettes and town houses.

Wolverton Park offers delightful canal-side walks, landscaped gardens and parks, and superb places to eat and shop. All on your doorstep.

The delightful rent-free flat has:

- Two bedrooms
- Fully furnished
- Open plan reception room and kitchen
- Balcony with spectacular views across the Grand Union Canal
- Excellent transport links

A short walk over a bridge across the canal is all that separates the development from Wolverton Station, which is only an hour away from London by train.

Both the M1 and A5 are less than a mile away.

With prices starting from as little as £69,995 (for a 50 per cent share) and from £150,000 for a privately owned one bedroom apartment overlooking the canal, Wolverton Park presents superb value for money in a desirable up-and-coming location.

Homes on the scheme, at Wolverton Park, Old Wolverton Road, Milton Keynes, go on sale on September 27-28 and you are invited to the weekend launch party, with drinks and boat trips on the Grand Union Canal from 10am to 5pm.

More details on 01908 319748.

HOW TO ENTER

ALL you have to do to be in with a chance of winning a fabulous flat rent free for a year is to turn up on the launch weekend and register your interest.

The winner will then be drawn at random and called at 8.15am, live on Horizon Radio, on Monday, September 29.

The winner will have to be able to give a password which will be broadcast at 8am on the show.

The winner will also feature in MK NEWS on Wednesday, October 1.

Terms and conditions at: www.mk-news.co.uk

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Garages for rent

Too much clutter in your home? Did you know that you can now rent a garage with Milton Keynes Council for storing your domestic items? Alternatively you can still use it for storing your vehicle safely.

Even if you aren't a council tenant you can still rent a garage, so why pay hundreds a month for a private company's storage when you can use one of ours for **under £11 a week?**

Garages are available in the following areas (subject to availability);

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- Little Woolstone • Newport Pagnell • Stony Stratford • Olney
- Most Villages ie Bow Brickhill, Castlethorpe, Chicheley, Emberton, Filgrave, Hanslope, Lavendon, Sherington, Stoke Goldington, Wavendon, Weston Underwood, Woburn Sands, Woughton on the Green.

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For more information about how to start renting one of these, please call 01908 253446.

(Existing garage tenants wanting to use their garage for storage will need to contact their local housing office for a new tenancy agreement).
(Garage rental is subject to Terms and Conditions)

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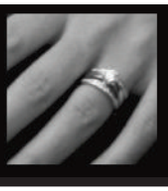

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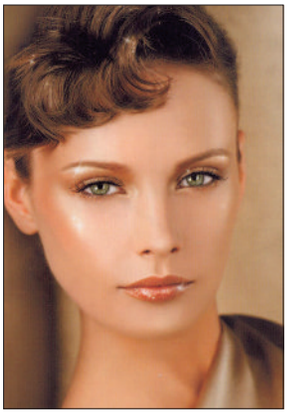

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Web: www.ijpgoldsmith.co.uk

Photographer

Choosing a photographer for your wedding is not an easy task, especially as it is usually the only record you will have of your special day. Apart from liking the photographer's work you must like the photographer! As photographers we prefer not to take over your day, but instead let things flow to capture each special moment as it happens. Our style is more photo-journalistic, we want you to relax, be yourselves and enjoy the day with an album that reflects the special event, which you can cherish for years to come. We discuss the day with you a month before the wedding, deciding what you want on your day and to work out any required group shots that you wish us to take. We work speedily and efficiently to avoid disturbing your day, our aim is to make the photography as stress free as possible. We also place great importance on the timing of the wedding photographs so that guest are not kept waiting! We try to be flexible in everything we do and we will always try and make the time for you, when you need us, where you want us.

Call now to make an appointment to view our portfolio and discuss your requirements, call now on 0844 736 1545 to arrange an appointment today or email us on enquiries@anthonybayliss.co.uk. You can also visit our website at www.anthonybayliss.co.uk.

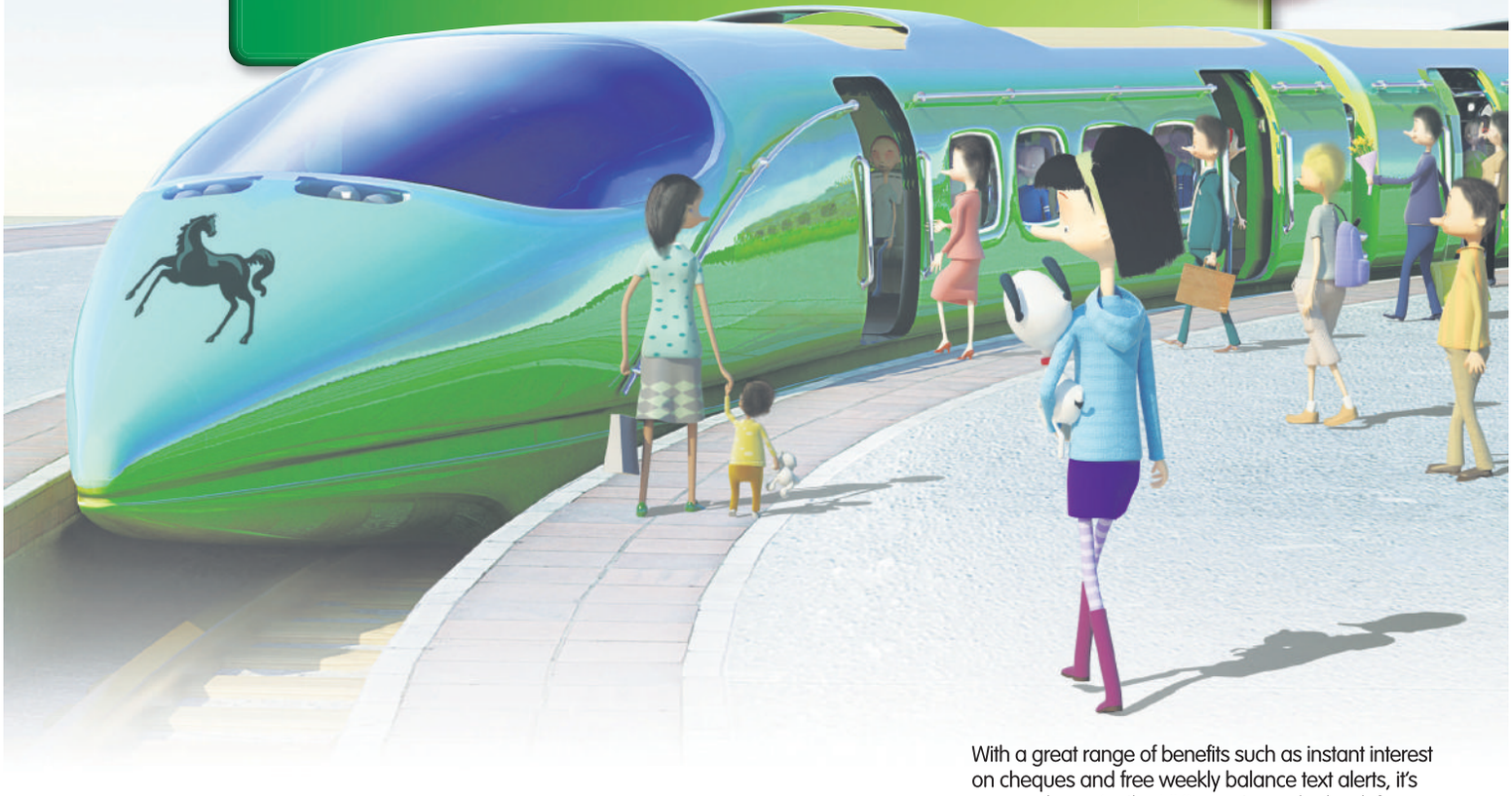
Anthony is fully insured and is a member of the Society Of Wedding and Portrait Photographers (www.swpp.co.uk)

Free portrait shoot with every booking!

Customer satisfaction guaranteed on current accounts, or your money back.

Well actually, our money.

£100 if you're not satisfied



With a great range of benefits such as instant interest on cheques and free weekly balance text alerts, it's no wonder we're the UK's most popular bank for current accounts! We're so confident you'll be happy, that if you decide to leave us we'll give you £100.

To qualify, all you need to do is pay a minimum of £1,500 into your new current account, stay with us for a minimum of two months and set up a Direct Debit. Should you then decide to leave us, just pop into your local branch with details of your new bank, and fill out a claim form to receive your £100.

For a list of participating branches visit lloydstsb.com/serviceguarantee

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Most popular current account provider - GfK FRS 6 months ending March 2008, based on 28,913 current account customers. Applies to cheques paid over Lloyds TSB counters 9am – 4.30pm weekdays, to a maximum value of £1,000. Only applies to Lloyds TSB personal current accounts paying interest. **Customer Service Guarantee Conditions.** 1) This offer is available to **'new to Lloyds TSB' customers only** and excludes Lloyds TSB staff. 2) To qualify for this offer you'll need to:- a) open an eligible current account (i.e. a Classic/ Silver/ Gold/ Platinum or Premier Account) by 31st October 2008 at a participating branch; b) pay a minimum of £1,500 into your new Lloyds TSB current account made up by a minimum of 2 credits, within 3 months of account opening, and have at least one direct debit set up. 3) You'll also need to stay with us for a minimum of two months. 4) Should you then decide to leave us, you'll need to do so within four months of the date you opened your account by visiting the branch you opened your account at. You'll need to complete a claim form, which will ask you to provide feedback about the aspects of our Customer Service with which you are dissatisfied. 5) You must then use the Lloyds TSB Account Transfer Unit service to close and switch your account to another provider. We'll need details of your new provider to do this. 6) One payment of £100 in relation to the account will be paid within 28 days of receipt of the claim form (i.e. joint account holders will only be entitled to a payment of £100). 7) Account opening is subject to our assessment of your circumstances.

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Guitar music lovers join the fret set

MUSIC lovers had the chance to meet a guitar-making legend.

Rock Hard Music of Old Wolverton hosted an evening with world renowned guitar maker Trevor Wilkinson.

More than 60 music enthusiasts turned out as the guitar guru gave an insight into how the instruments are made and what to look out for when buying one.

Professional demonstrator and product specialist Gavin Coulson amazed even the most experienced musicians in the audience with with demostration on both lead and bass guitars from the Vintage and Fret King range.

The store is hosting another night on October 9 featuring indie guitars. Del Bromham and Stray will be on hand to do a demonstration.

Rock on: Gavin Coulson, Trevor Wilkinson and Tony Wilkins

Your say on health care

DO you agree with new NHS proposals affecting your treatment at Milton Keynes Hospital?

The hospital is asking for your views on the draft NHS Constitution, which outlines the responsibilities of the hospital, its staff and the patients.

It is the first time that such rights and responsibilities of NHS care have been set out.

The draft NHS Constitution confers the legal right to 'patient choice' and includes a number of specific pledges that go further than the legal minimum.

A statement from Milton Keynes Hospital Foundation Trust said: "The constitution aims to empower both staff and patients, and has been developed from the bottom up, with the active engagement of staff, patients and the public."

Parliament will review the NHS Constitution every 10 years.

There will also be a handbook that will be refreshed every three years so that it reflects the latest service standards.

Chairman, Dr Walter Greaves, said: "At Milton Keynes Hospital we're passionately committed to the NHS and our patients. This is mirrored by the tremendous work carried out by every member of staff and our commitment to engaging with our patients by listening to their views. We want to help shape the future of the NHS to benefit local people.

"I would encourage you to consider the proposed constitution and submit views and suggestions."

The deadline for suggestions is October 17.

■ Constitution in full at: visit www.nhs.uk/Constitution/Pages/NHSConstitution.aspx

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We have clients with funds available, who are actively seeking land with either planning consent or with potential for residential development.

If you would like further information contact:

Clive Wiley Ltd

Tel No: 01234 834590

Email: clive.clivewiley@bedfordi-lab.com

The Milton Keynes Wedding Show

thecentre:mk

Friday October 3rd-Sunday October 5th 2008

at Middleton Hall

(Near John Lewis store) Milton Keynes

Open: Fri: 9.30-8pm; Sat: 9-6pm & Sun: 11-5pm

FREE ADMISSION
Over 115 Exhibitors - The largest wedding show in the region
Catwalk Shows Friday at 12.45 and 6.30pm
Sat & Sun 12pm, 2pm, 4pm

Follow the signs to thecentre:mk central shopping from M1 Junction 13 or Junction 14 or A5.

central exhibitions

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www.centralexhibitions.co.uk

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Paper recovered from the domestic waste stream currently accounts for 75.5% of the raw materials used to make newspapers. You can help us to increase this.

To find out more about recycling newspapers contact:
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on 01793 889637 or www.nmieag.org.uk

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Issued by the Newsprint & Newspaper Industry Environmental Action Group

Emily Herkes

Local mother-to-be stars in fairy godmother advertising campaign

A MOTHER-TO-BE is starring in a new advertising campaign.

Emily Herkes from Leafield Rise, Milton Keynes, has been chosen to represent her local region as a Fairy Godmother Star as part of a campaign to provide support and advice to mums-to-be as they prepare for their new arrival.

The community of real mums is made up of pregnant women and women who have recently had their first child and is a part of an initiative from Fairy Non Bio and Fairy Fabric Softener.

The film explores the trials and the joys of having their first baby where Emily shares her personal experience and provides advice about the worries, hopes and fears of pregnancy and motherhood.

Emily, 25 said: "I am so excited to have been chosen as a Fairy Godmother for this new campaign.

"I can't wait to meet my little one, but naturally I've got so many questions to ask.

"Being part of this community means I've got a variety of people around me who have recently been in this situation, who can help me through this special time."

■ You can also see Emily's star appearance on: www.babyworld.co.uk/fairygodmothers

Keep Out The Cold
This Winter
With a pair of warm fully lined Curtains
(Excellent for cutting down draughts and keeping in the heat)
Made to Measure or Ready Made
New 1000 ft Upstairs Showroom Now Open
(For Curtains, Blind Tracks and Poles)
30 Designs in ready to hang Voiles & Curtain Nets IN STOCK
The Fantastic Fabric/ Curtain and Blind Shop
95 Queensway, Bletchley
(opposite the Post Office)
Ring 01908 372341 / 01908 374178 / 07956 653325

Milton Keynes and North Bucks Chamber of Commerce
The Annual Chamber Dinner And Business Excellence Awards 2008
"Milton Keynes' Most Prestigous Business Occasion"
THURSDAY 9 OCTOBER
AT STADIUM:MK 6.45PM START
Champagne reception, four course dinner with wine
Price £80 per head + vat, £750 per table of 10 + vat for Chamber members.
£90 per head + vat, £850 per table of 10 + vat for non Members.
Master of Ceremonies
Declan Curry, BBC TV business reporter,
Sahar Hashemi, founder of Coffee Republic
For More Information or to book tickets please call the Chamber on 01908 259000
Tickets selling fast, book now to avoid disappointment.
Carriages: 11.30pm.
Principle Sponsor
Milton Keynes Partnership
Milton Keynes & North Bucks Chamber of Commerce
The Ultimate Business Network
Event Nearly Sold Out. Book Your Places Now.
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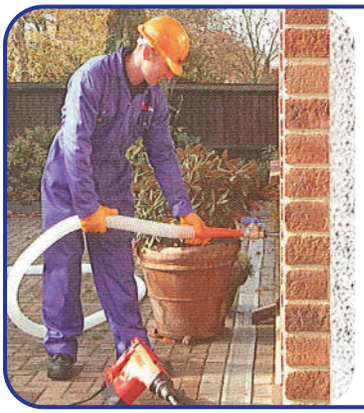
FREE INSULATION

ACT ON CO2

New for 2008
NOW FREE IF ANYONE AT THE PROPERTY IS OVER 70. No benefits required

ACT ON CO2



FREE CAVITY WALL & LOFT INSULATION

FREE INSULATION

If you or **ANY** member of your household is **OVER 70** or are in receipt of any **ONE** of the following benefits the insulation is

FREE OF CHARGE*

RING FOR DETAILS

Subject to maximum wall/loft area. Ring for details.

Government Benefits:

DLA	Disability Living Allowance
AA	Attendance Allowance
PC	Pension Credit
CTB	Council Tax Benefit (not the 25% single occupancy discount)
IBJSA	Income-based Job Seekers Allowance
WDP	War Disablement Pension must include the Mobility Supplement or Constant Attendance Allowance
DPB	Disablement Pension Benefit must include Constant Attendance Allowance
CTC	Child Tax Credit where household earned income is less than £14,600 per annum
WTC	Working Tax Credit where household earned income is less than £14,600 per annum
HB	Housing Benefit
IS	Income Support (Incapacity Benefit is not eligible)
DPTC	Disabled Persons Tax Credit

NOW £199

Cavity Wall Insulation Price Chart

House Type	Normal Cost	You Pay	Max M²
2/3 Bed Mid Terraced House	£400	£199	50
2/3 Bed Semi Bungalow	£450	£199	70
2/3 Bed Semi/End Terrace	£500	£199	90
2/3 Bed Detached Bungalow	£650	£199	110
3/4 Bed Detached House	£750	£199	135/140

Loft Insulation Price Chart

Loft Insulation (all house types)	FROM £199

Additional areas over max m² @ £5/m² inc VAT -
Other property types, prices available on request

The 100% grant for free insulation applies if you or any member of your household are in receipt of any one of these benefits listed above. 60-75% grants available to everyone.

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Education & Training

Is your child starting Secondary school in 2009?

You're invited to a big screen preview on Thursday 25 September at 5.30pm at Xscape

FREE POPCORN!

The Milton Keynes Academy will be an amazing brand new secondary school opening in September 2009 at Woughton.

Year 6 primary school pupils and their parents/guardians are invited to take a 'virtual tour' of the new Academy at a special cinema screening at Xscape in Central Milton Keynes.

This is your chance to find out why the new Academy will be so unique and amazing, and hear from Principal Lorna Caldicott.

Booking is not necessary, just arrive at the cinema foyer for 5.30pm and we will give you tickets. Seats limited to 200. The event lasts around one hour. Call 01908 802872 or visit our website for more information.

Supported by The Edge Foundation

www.miltonkeynesacademy.co.uk

Milton Keynes Academy

Education & Training

BUCKINGHAM students have voted their University the best in the United Kingdom for student satisfaction for the third year in succession – placing it above its illustrious neighbours, Oxford and Cambridge.

Each year the Higher Education Funding Council commissions Ipsos/Mori to undertake the National Student Survey. Students comment on such topics as teaching, assessment and feedback, learning resources and personal development, as well as saying whether they are satisfied with the overall quality of their course. An impressive 96% of Buckingham students are satisfied with their course.Established in 1976, and with campuses in Hunter Street and at Verney Park (on the London Road), Buckingham is the only independent University in the United Kingdom having received its Royal Charter in 1983. Dr Terence Kealey, Vice-Chancellor of Buckingham, said: "For the third year running we have come top of the National Student Survey. This means that our students have judged us to be the best university in Britain for teaching and support. The University of Buckingham was created to be Britain's only independent university because we believed that only by being independent of government could we put the student first, second and third. Our repeated success in the National Student Survey confirms that vision."Margaret Taylor, Chairman of the Friends of the University, was thrilled to learn of the result. 'Buckingham should be really proud that it has the top university in the country,' said Mrs Taylor. 'It's too easy to forget the huge contribution the University and its students make to the life of the town and to its economy.'The Open University, based in Milton Keynes, was ranked third with an overall satisfaction of 93.6%. Satisfaction ratings in other local universities were Bedfordshire 78%, Bucks New (High Wycombe) 67.9%, Cambridge 92.5%, Northampton 80.2%, Oxford 92.2% and Oxford Brookes 85.2 per cent.

bhsg
BEDFORD HIGH SCHOOL FOR GIRLS

Bedford High School for Girls

Where your daughter can develop her talents and achieve her potential.

Find out more at our

Open Morning

Saturday, 4 October 2008
9.00am to 12.00pm

Guided tours will be available for our:

- Junior School
- Senior School
- Sixth Form

WORLD SCHOOL ib

Contact: Diana Banham
Tel: +44 (0) 1234 360221
Email: admissions@bedfordhigh.co.uk
www.bedfordhigh.co.uk
Bromham Road Bedford MK40 2BS

Education & Training

Uni or not uni: that is the question

Whether to go to university is a question many people ponder.

Likewise, potential mature students - that is, those who return to education after 21 - think about the prospect every year.

Around 40 per cent of 18-year-olds go to university each year – and the Government wants this to rise to 50 per cent.In weighing up the pros and cons of doing a degree, money is a key issue.Firstly, going onto higher education can help you get a higher salary. The Government estimates that graduates will earn £400,000 more during their lifetime than non-graduates. But, with the average student debt now standing at around £20,000, money is also a factor that deters many people.

University is not for everyone, and going straight into work, doing apprenticeships or on-the-job training equally or more rewarding than studying in higher education.

And taking a gap year does not just mean a year of dossing. If you teach English abroad you can learn more about other languages and cultures, and working on an organic farm can teach you more about the environment and sustainable living. Whichever route you choose, you can guarantee you will learn something new every day.

Bury Lawn School
A GEMS MANAGED SCHOOL

An Independent (ISA) Nursery and Co-Educational Day School.
A happy caring school for pupils aged 3 to 18 years on one campus
'We love our school - come and see it for yourself'

OPEN DAY
SATURDAY 11 OCTOBER 2008
9.30 am to 12.30 pm

No appointment is necessary (see our website for further details)

Visit our stand at the Independent Schools Exhibition in Middleton Hall (near John Lewis) Wednesday 8 October 2008.

Small classes where pupils are treated as individuals
Minibus service to outlying towns and villages
Sibling discounts available
Come to our Open Day or call the Registrar to arrange a visit.

SPORT ENGLAND

www.burylawnschool.co.uk
Tel: 01908 574753
email: registrar@burylawnschool.co.uk

Education & Training

THE UNIVERSITY OF BUCKINGHAM

1,2,3 x A WINNER!!
The University of Buckingham
Voted No1
in National Student
Satisfaction Survey
2006, 2007 and 2008

To find out more Call: 01280 820313

Education & Training

Redborne
Upper School & Community College
Flitwick Road, Ampthill, Bedfordshire MK45 2NU

Redborne is a popular, friendly school with excellent facilities and is highly respected within our community. In our most recent OFSTED Report we were judged a "good school" with many "outstanding" features. We hold Sports College, Science College and Training School Status (one of very few schools in the country to have 3 specialisms) as well as the Arts Mark Gold Award. In September 2007 we were awarded High Performing School Status by the Government. This year 80% of students achieved 5A - C grades at GCSE; 70% including Maths and English. Our value added score puts Redborne in the top 7% of schools in the country.*

OPEN EVENING

Wednesday 2nd October, 2008 at 7.15pm

Starting in The Main Hall

We are proud of our academic success and our programme of extra curricular activities. These include Duke of Edinburgh, Drama, Dance, Music and Sports.

At the Open Evening you will have the opportunity to hear a short presentation, tour the school, meet the teaching staff and see our students at work. We will be holding a Sixth Form Open Evening on Wednesday 3rd December, 2008 at 7.00pm. Prospectuses are available from the school office. As a result of building work our capacity has increased from 321 to 340 students per year. If you would like to look around Redborne during the day, please telephone the school to make an appointment; you will be most welcome.

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& recommended referrals available.
Rock School & Trinity Guild Hall Grades obtainable.
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Call Talkin Headz Drums & Percussion
01908 282898

OPEN DAY
HAVERSHAM VILLAGE SCHOOL

Thursday 9th October 2008
1.30 - 3.30pm
Come and see our friendly village school in action!

Why choose Haversham?
- Small class sizes
- High staff ration
- Attractive village location, close to Wolverton and the surrounding areas
- High standards of attainment
- Ofsted 'outstanding and rich curriculum'
- Friendly, family atmosphere

'Haversham is a good school with a number of outstanding features....'
Ofsted 2008

To see full report go to www.ofsted.gov.uk
Telephone: 01908 312673
The Crescent, Haversham, Milton Keynes MK19 7AN

Education & Training

Milton Keynes COLLEGE

It's not too late
to change your mind

Left school and not yet employed?
Not sure what to do now?
Interested in a different working environment?
Not sure if you're on the right course for you?

We have places left on some full-time courses.

Call Admissions, Information & Enquiries on **01908 684452/53** or visit **www.mkcollege.ac.uk** to find out more.

Welcome to St Andrew's

St Andrew's School is delighted to announce the arrival of Mr Sean Skehan as Headmaster.

Mr Skehan was previously Director of Studies at Woldingham School, a highly successful all girls' independent school in Surrey.

He believes passionately in building a supportive school community where each pupil is known, happy, healthy and secure. He is convinced that this is the essential foundation for pupils' personal growth and academic achievement.

Mr Skehan comments: **"I know that a good school like St Andrew's inspires its pupils to realise their full potential and expand their horizons, something I appreciate from the education I received at the state grammar school I attended."**

He is very excited as he takes on this important role and is enjoying the early days working with the governors, staff, pupils and parents to develop and deepen the St Andrew's ethos and bring the School further success.

- Small teaching groups
- Very high levels of individual care
- Wide range of extra-curricular activities
- Opportunities that develop self-confidence

St Andrew's School Nursery and Reception class are officially 'outstanding'

St Andrew's School has become one of only two Foundation Stage providers in Bedford to be acknowledged as 'outstanding' by OfSTED.

This is a wonderful achievement for a school that for more than a century has cared tremendously about the quality of its provision.

OfSTED inspections are notoriously rigorous and so the Nursery and Reception team were delighted with the observations and comments made in the inspection report.

These included:

- **'Staff know the children exceedingly well and know when to step back and let children take over an activity, creating a realistic balance between adult-led and child-initiated play.'**
- **'Through their extensive knowledge of the Foundation Stage Curriculum and commitment to training they are able to promote a cohesive learning programme for all children under the age of five.'**

Report can be found at: www.ofsted.gov.uk

St Andrew's is a school in which your child would flourish, come and see for yourself:

Whole School Open Evening 1 October, 7:00-9:00pm (Presentation 7:15pm)

Whole School In-Action Mornings 14 October, 6 November, 9:30-11:30am

Book your visit by contacting Sheila Heaney: 01234 267272 secretary@standrewsschoolbedford.com

St Andrew's School Bedford

a strikingly different place to learn

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T: 01234 267272 F: 01234 355105
E: standrews@standrewsschoolbedford.com

Visit our brand new web site: **www.standrewsschoolbedford.com**

Education & Training Education & Training Education & Training Education & Training Education & Training Education & Training

Open Day

At Bedford School we work hard to create an environment where boys will be happy, grow in self confidence, thrive academically and take advantage of the many opportunities we offer. We pride ourselves on the pursuit of excellence, from the classroom to the sports field and beyond. Bedford boys learn with enthusiasm, are passionate about what they do and emerge as independent thinkers, effective communicators and ambitious to make the most of what life will offer.

11th October 2008
10am - 12.30pm

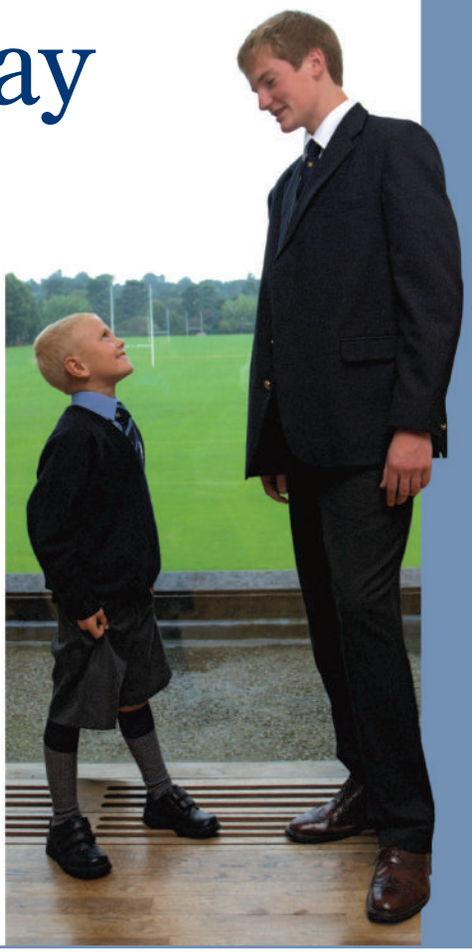
Tours depart 10.10am
Presentation by The Head Master 11.15am
Refreshments & Meet the Staff 11.45am

Prep School Information Evening
for Prospective Parents
Tuesday 11th November at 7pm
in the Erskine May Hall

For further information, please contact:

Amanda Cox
Bedford Preparatory School
Ages 7 - 13
(01234) 362271
prepinfo@bedfordschool.org.uk

Ann Saunders
Bedford School
Ages 13 - 18
(01234) 362219
info@bedfordschool.org.uk



BEDFORD SCHOOL

Access Awards & Scholarship Scheme

To identify boys of outstanding talent and give them access to a Bedford School education regardless of background. We offer up to £1 million of funding each year to assist boys with academic, sport or musical potential to enter the School at 11, 13 or 16.

Visit us on our Open Day, view our website or call:

0800 432 0084

www.bedfordschool.org.uk

Showhome Warehouse

Why is it that The Daily Telegraph, Sunday Times, The Independent, Homes & Garden and Prima Magazine have all discovered Northamptonshires best kept secret, yet it still remains an undiscovered treasure locally?

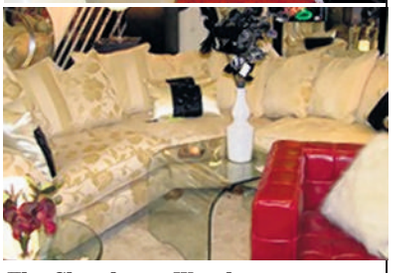
Most people who step through the doors of the Showhome Warehouse for the first time simply stare in amazement. The outside bears no clue as to what the inside holds. The 32,000 sq ft warehouse holds a constantly changing stock of around 10,000 pieces of furniture, luxurious sofas, dining suites, fireplaces, beds, lighting, mirrors, wardrobes, gifts and accessories and garden furniture, all displayed in room settings. The majority being 'one off' items.

They buy entire contents from showhouses nationwide, and sell stock up to half the recommended retail price. It is an ever-changing place and once visited people return again and again.

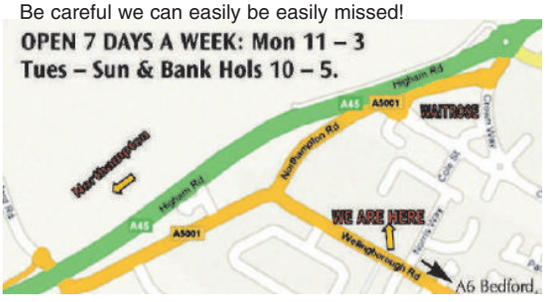
An eclectic mix of stylish, contemporary, classic, quirky and unique pieces means whoever you are and whatever your budget, there is truly something for everyone. Quality brands such as Laura Ashley, Harrods and Marks & Spencer make regular appearances. Customers come from all over the country, some to get ideas and leave with a lamp or mirror, others arrive with a van and leave with a whole room setting.

Don't worry about taking the children, they will love the full size Dalek, Spiderman and Batman. There is a Lego table to keep them entertained.

All stock is sold on a first-come, first-served basis - so get there before the crowds do! There is a two acre free car park outside. Delivery is available all over the country.



HOW TO GET THERE.....
Follow A6 from Bedford into Rushden
Over roundabout onto A5001.
Situated betweenJewson and White Arches.
Be careful we can easily be easily missed!



The Showhome Warehouse
11-17 Francis Court,
Wellingborough Road
Rushden, Northants NN10 6AY
Telephone: 01933 411695
www.showhomewarehouse.co.uk
enquiries@showhomewarehouse.co.uk

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...ours are making the most of life!

SportsCoach Weekend Sports Schools for 6 - 16 year olds
Your child will both enjoy and benefit from: Small class sizes ensuring personal attention and maximum participation. Professional, police-checked coaches. Building confidence and sportsmanship through weekly team challenges. Detailed reports on your child's progress. Structured, supportive and fun environment.

Open Meeting

Sunday 28th September 2008 & Sunday 5th October 2008
10.00am to 11.30am
Bury Lawn School, Soskin Drive, Stantonbury Fields, Milton Keynes
No previous training for experience necessary
To receive our prospectus contact
01234 218962 or www.sportscoach.co.uk

18 different sports a year including Football, Basketball, Martial Arts & Tennis to name but a few!

MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY

LA Guns fired up for The Pitz – see inside

Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

The centre for seriously unmissable events

Collectormania 14
26 – 28 September
Meet the stars of cult film and TV shows, buy autographs from the stars attending, and browse the massive collection of film and TV memorabilia that will be available in Middleton Hall. Visit www.collectormania.com for all the latest details.

Michael Rosenbaum

The Milton Keynes Wedding Show
3 - 5 October
The show for every bride and groom, with over 100 exhibitors, catwalk shows on Saturday and Sunday and everything you need to look gorgeous and make your big day a joyful memory. Exhibits include dresses, photography, cakes, flowers, transport, venues, menswear, jewellery, stationery, video, travel arrangements, catering, beauty and decor.

thecentremk.com 0870 890 2530

thecentre:mk

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WEDNESDAY
September 24

BBC1

6.00 Breakfast (T) **9.15** Dom's on the Case (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **6.55** Party Political Broadcast (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley are joined by guests and special reporters to take a look at stories from around the country. (T)

7.30 **Inside Out** Surprising stories from familiar places. (T)

7.57 **BBC News and Regional News** National and regional news bulletin from the BBC. (T)

8.00 **Sky Cops** Series that follows the work of Britain's helicopter police, narrated by Jamie Theakston. (T)

8.30 **Trawlermen** Documentary series about a group of trawler fishermen in Peterhead, Scotland. (T)

9.00 **Who Do You Think You Are?** Series in which celebrities trace their ancestry. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather**

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **The National Lottery Draws**

10.45 **Medium** Drama series about a suburban housewife who can see the dead and read the minds of others. (T) (Followed by National Lottery Update)

11.25 **The Tudors** While Henry's foreign foes conspire, his own acts at court, and on the jousting field, endanger his family's future far more. (T)

12.15 Weatherview (T) **12.20** Sign Zone: Panorama (R/T) **1.15** The Truth about Property (R/T) **2.15** Tess of the D'Urbervilles (R/T) **3.15** DIY SOS (R/T) **3.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.45** Schools **12.00** The Daily Politics - Conference Special (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Lifeline (R/T) **2.10** Coast: Coastal Erosion (R/T) **2.15** Sun, Sea and Bargain Spotting (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under (R/T) **5.55** Party Political Broadcast (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing

7.00 **How to Build a Cathedral** Architectural historian Jon Cannon goes in search of the clues that shed light on how our medieval forebears were able to build the wonders of their world. (T)

8.00 **The Restaurant** After a demonstration by Raymond Blanc on how to use every part of a Sea Bream, the seven remaining couples get a surprise - an equally tasty delivery. (T)

9.00 **Britain's Youngest Grannies** Documentary looking at how, with more women giving birth in their teens, Britain is witnessing the emergence of a new kind of glamorous 30-something grandma. (R/T)

10.00 **Grumpy Old Women** A group of middle-aged women grumble about various aspects of modern life. (R/T)

10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Jeremy Paxman. (T) (Followed by Weather)

11.20 **Today at Conference** Andrew Neil looks back at the day's events at the Labour Party conference in Manchester. (T)

11.50 **Charley Boorman: Ireland to Sydney by Any Means** Charley and the team are separated from Dubai by the Persian Gulf, where a scheduled container ship will depart for India in a matter of days. (R/T)

12.50 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) **4.00** A Touch of Frost (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **6.55** Labour Party Broadcast (T)

7.00 **Emmerdale** Nicola tramples over Paul to win favour with the Kings. Ashley decides he needs to boost church attendance. Debbie warns Eli that Danielle is trouble. (T)

7.30 **Coronation Street** A furious Kevin is prepared to show Rosie the door. Liam blows Carla out. Harry gets his just deserts. (T)

8.00 **The Bill** Rachel and Millie are called to a disturbance at a bank where a woman, Sandra Marks, has attacked a security guard. (T)

9.00 **Lost in Austen** Following the news that Mr Darcy and Caroline Bingley are engaged, it is discovered that Lydia Bennet has run off with Mr Bingley. (T)

10.00 **News at Ten and Weather** (T)

10.35 **Numb3rs** Detective drama about a maths genius recruited by the FBI to solve complex criminal cases. (T)

11.35 **Carling Cup Highlights** Matt Smith introduces the best of the action from tonight's Carling Cup third round, including extended highlights of Newcastle United against cup holders Tottenham Hotspur from St James' Park. (T)

12.35 Nightwatch With Steve Scott: Emergency (R/T) **1.25** L.A Dragnet (T) (Followed By ITV News Headlines) **2.10** Loose Women (R) **3.00** The Jeremy Kyle Show (R/T) **3.55** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Will and Grace (R/T) **9.00** Frasier (R/T) **9.30** Britain AD: King Arthur's Britain (T) **10.30** Underdogs (T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Property Ladder (R/T) **1.30 FILM: Carrington VC** (1954) Drama starring David Niven, Margaret Leighton and Noelle Middleton. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Including sport and weather. (T)

7.55 **3 Minute Wonder: The Place Prize 2008** (T)

8.00 **Supernanny** Supernanny Jo Frost is back helping more parents tame difficult children. (T)

9.00 **The Family** A British family opens its doors to viewers in an eight-part observational series documenting family life. For four months, the Hughes family, consisting of mum Jane, dad Simon and their four teenage children, was filmed around the clock. (T)

10.00 **Desperate Housewives** Drama series. Orson is given an ultimatum by Bree. Lynette finds out who started the fire at Rick's restaurant. (T)

11.00 **Sex In The Noughties: Dear Deidre** Deidre Sanders, agony aunt to The Sun for 27 years, receives over 50,000 letters a year, providing a dramatic survey of sex in Britain. (R/T)

12.00 Stereophonics: Video Exclusive (T) **12.05** 4Music Presents... Kings Of Leon (R/T) **12.40** JD Set Presents The Wombats (R/T) **1.00 FILM: Saaransh** (1980) Bollywood drama starring Rohini Hattangadi, Anupam Kher and Soni Razdan. (T) **3.30** Lucky Day (R/T) **3.40** The Seven Wonders Of The Muslim World (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Picture Perfect Homes (T) **3.05 FILM: Mermaid** (2000) Touching family drama starring Ellen Burstyn, Samantha Mathis and Jodelle Ferland. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)

7.30 **It Pays to Watch** Magazine series in which consumer affairs expert Martin Lewis offers helpful advice on saving money. (T) (Followed by five news update)

8.00 **Axe Men** Series following the work of North American lumberjacks who risk their lives to cut timber whilst battling mechanical failures, unpredictable terrain and falling trees. (T) (Followed by five news at 9)

9.00 **FILM: Second in Command** (2006) An uprising in a small eastern European country leads insurgents to attack the US embassy. The ambassador is killed, forcing his right-hand man to lead a small group of marines in a bid to defend the building from the heavily armed mob. Action thriller starring Jean-Claude Van Damme, Julie Cox and Alan McKenna. (T)

10.55 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. (R/T)

11.55 **PartyPoker.com World Open IV** Six more players compete for a place in the semi-final, including Dave 'Devilfish' Ulliott, Liam Flood, Surinder Sunar and last year's runner-up, Ian Woodley.

1.25 Major League Baseball **4.45** Race and Rally UK **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** Casey **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Soccer A.M - The Best Bits **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics U.S **9.00 FILM:** Wild Wild West **11.05** Road Wars **12.05am** Soccer A.M - The Best Bits **1.05** Road Wars **2.00** Las Vegas Uncovered **2.55** Stargate SG-1 **3.50** Stargate SG-1 **4.45** Road Wars **5.10** Guilty!

ITV2

6.00am Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Hell's Kitchen USA **9.00** Jack Osbourne: Celebrity Adrenaline Junkie **10.00** Keith Lemon's Celebrity Juice **10.30** Coronation Street **11.00** CelebAir **12.00am** No Heroics **12.30** Katy Brand's Big Ass Show **1.00** Sex, Love & Secrets **1.50** Teleshopping **4.50** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle Las Vegas **7.30** The Real Hustle Las Vegas **8.00** Dog Borstal **9.00** The Most Annoying Pop Songs...We Hate to Love **11.30** Family Guy **11.55** Family Guy **12.15am** Dog Borstal **1.15** Massive **1.45** The Most Annoying Pop Songs...We Hate to Love **4.10** The Real Hustle Las Vegas **4.40** Close

BBC4

7.00pm World News Today **7.30** Arena: Philip Hoare's Guide to Whales **7.40** The NHS: A Difficult Beginning **9.00** Greg Dyke on Nye Bevan **10.00 FILM:** Close to Home **11.35** The Cinema Show: Trust Me I'm a Doctor - Medics in the Movies **12.35am** Raj to Rhondda: How Indian Doctors saved the NHS **1.15** Greg Dyke on Nye Bevan **2.15** The NHS: A Difficult Beginning **3.35** Close

Milton Keynes Gallery

Tango Schumann

A live art event at Milton Keynes Gallery
Friday 26 September 2008, 7.30 pm
Admission free
Pre-booking essential on 01908 676 900

Former Royal Ballet dancer, poet and performance artist Anthony Howell and his partner Lindi Kopke premiere an exciting new piece at Milton Keynes Gallery. They will dance the Tango to the classical music of John Field (1782–1837). The evening will begin with the showing of two short films of Howell's performance art.

There will also be exclusive Tango workshops led by the artist on Sunday 28 September. Please call the Gallery for more information.

Milton Keynes Gallery
900 Midsummer Boulevard
Central Milton Keynes MK9 3QA
Telephone: 01908 676 900
Website: www.mk-g.org

The workshops are supported by Opus MK and Salsa Estrella.

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MUSIC REVIEWS

PADDY'S REVENGE

Steve Mac

BRING Your Kids To Work Day is a lovely idea, but not one that should apply to all workers. If you're a neurosurgeon, you're hardly likely to have your little one running around the operating theatre playing doctors and nurses and, if you're working on the Large Hadron Collider you don't want your kids to use any of the computers, just in case they try to update their Facebook status and suck France into a black hole.

However, if you're a teacher or an office worker or, come to think of it, if you work in a recording studio it's not so much of an issue.

And that has to be the only explanation for what's going on during the course of this little number.

It's a perfectly good dance track and, as the title suggests, it does have something of a Celtic ring to it, but there really isn't very much in the way of a tune.

It's two and a half minutes long, but ta minute could've easily shaved off the running time. What really annoys me about this song is that it sounds like somebody brought their kid into work when it was being mixed because either my hearing's gone, my speakers are playing up or the melody really does jump up and down in volume for almost the entire running time.

It sounds for all the world as though someone (maybe a Rugrat, who knows?) found the volume slider on the mixing desk and kept flicking it up and down. The beat's fine, it's just the tune.

It's catchy, but it rapidly gets very irritating – mind you, you could say that about measles and given a choice, I think I'd be able to put up with dodgy volume control.

SOMETHING IS NOT QUITE RIGHT WITH ME

Cold War Kids

THIS song contains lots of bass, tons of drums, a singer whose delivery is a combination of singing and shouting and some cameo appearances guitar and piano.

That's all there is to it and, like Paddy's Revenge, the whole thing finishes work and heads off home before the clock reaches two minutes thirty.

Should be awful really, given all that, but it isn't.

It's minimal, but it works – in fact, when the piano does make its brief appearance it almost sounds superfluous, so much so that it doesn't bother reappearing for the big finish.

Yes, the singer's in a shouty mood, but the chorus features the line 'Something is not right with me' six times so what's he supposed to do? Croon like Sinatra?

I know this song's going to get ignored by the radio, I know hardly anyone's going to buy it, but you know what? I don't care. I like it.

LOVE YOU ANYWAY

Boyzone

AND now Boyzone are back as well. How unbelievably wonderful, it says here.

So, what do Boyzone have to offer in 2008 that they didn't in 1999? Well, for one thing they've got a reasonable song and it's not a cover version.

It's jaunty, happy, carefree, very radio-friendly, surprisingly not a ballad and sounds like a Ronan Keating solo single for the most part. I had to watch the video to make sure the others were definitely involved – they are, but boyband dance moves in a suit and tie? It's like watching a load of accountants at a wedding reception.

On the comeback scale, with Take That being triumphant and Backstreet Boys being disastrous, I'd say Boyzone are around mid-table. Somehow, that seems fitting.

Simon Darnell

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Paula Patton and Kevin Costner star in Swing Vote

SWING VOTE (12A)

Kevin Costner, Madeline Carroll, Kelsey Grammer, Dennis Hopper, Stanley Tucci, Nathan Lane, Jason Richman

From Friday

AFTER a bizarre technical botch, the result of the Presidential election is left hanging on a single vote: that of an unemployed and indifferent bozo named Bud (Costner).

DEATH RACE

Jason Statham, Ian McShane, Jacob Vargas, Max Ryan, Tyrese Gibson, Joan Allen

From Friday

WHEN her star driver is injured, Hennessey (Allen) - prison warden and creator of new viewing sensation Death Race - has NASCAR star Ames (Statham) framed for murder. She offers him a deal: win the race and he'll gain his freedom. Or die trying.

TAKEN

Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Jon Gries

From Friday

Bryan (Neeson) is a retired government agent, struggling to get back into the life of his teen daughter (Grace). But after she's kidnapped while holidaying in Paris, Bryan has less than four days to track her down.

THE FOOT FIST WAY

Ben Best, Collette Wolfe, Danny McBride, Mary Jane Bostic

From Friday

SELF-DELUSIONAL Tae Kwon-Do instructor Fred Simmons (McBride) is, by his own admission, the master of the demo. When his wife cheats on him, salvation comes in the form of martial arts movie star, Chuck Wallace (Best), who agrees to visit Fred's dojo.

I'VE LOVED YOU SO LONG (12A)

Kristin Scott Thomas, Elsa Zylberstein, Serge Hazanavicius, Laurent Grevill, Frederic Pierrot

From Friday

JULIETTE (Kristin Scott Thomas) is released from prison after 15 years and goes to live with her sister Lea (Zylberstein). There, Juliette tries to cope with the burden of her incarceration and the gravity of her crime.

TROPIC THUNDER (15)

Justin Theroux, Jack Black, Brandon T Jackson, Steve Coogan, Tom Cruise, Ben Stiller, Robert Downey Jr, Jay Baruchel

From Friday

A BUNCH of movie stars shooting a Vietnam war movie are dropped off in a real-life jungle to offset the escalating budget. It's not long before guerrilla film making turns into genuine guerrilla warfare.

ZOMBIE STRIPPERS (18)

Jenna Jameson, Robert Englund, Roxy Saint, Joey Medina

Now showing

A SECRET US government chemo-virus is unleashed that causes the dead to be re-animated. When a soldier is infected he stumbles into an underground strip club, unwittingly unleashing a horde of undead erotic dancers who become an instant - but deadly - local sensation...

THEN SHE FOUND ME (15)

Helen Hunt, Colin Firth, Matthew Broderick, Bette Midler

Now showing

April (Hunt) is a quiet high-school teacher who is desperate for a baby. When her adpotive parents die, her birth mother - the host of a trashy daytime chat show - shows up to 'care' for her.

CASE 39

Renee Zellweger, Ian McShane

Now showing

A SOCIAL worker (Zellweger) tries to save a 10-year-old girl from her abusive parents, but struggles when she becomes aware that this is not the case.

LIVE! (15)

Eva Mendes, David Krumholtz, Jeffrey Dean Morgan, Katie Cassidy, Rob Brown, Monet Mazur

Now showing

Under pressure and racking her brains for a ratings winner, American Broadcast Network President Katy Courbet (Mendes) comes up with an idea for a hit show - six contestants will play Russian roulette, and one will die. But will she be able to air it?

PINEAPPLE EXPRESS (15)

James Franco, Bill Hader, James Remar, Danny McBride, Gary Cole, Seth Rogen

Now showing

DALE (Rogen), a slacker who prefers weed to work, witnesses a murder and is traced by the killer, thanks to the rare marijuana his dealer Saul (Franco) sold him – the Pineapple Express. So Dale and Saul go on the run with the bad guys in pursuit.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to giveaway.

Who is the easy rider now appearing in Swing Vote?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, September 30.

FILM REVIEW: TROPIC THUNDER

TROPIC Thunder is a spoof, about the movie business.

The premise behind the film, which was directed and co-written by the star of the movie Ben Stiller, is promising. A Vietnam war film shoot spins out of control when its stressed director Steve Coogan, leads his cast and crew deep into the jungles and ends up confronting some unamused drug lords.

The war movie's cast includes a group of prima donnas. Stiller's Tugg Speedman is an action-movie hero who is just coming off a colossal flop in which he played a mentally challenged hayseed named Simple Jack.

Jeff Portnoy (Jack Black) is the star of a gross-out comedy franchise called 'The Fatties'. Now he wants to be taken seriously as an actor.

Kirk Lazarus (Robert Downey Jr), an Aussie with five Oscar wins to his credit, is playing a black sergeant. In true method fashion, he dyes his skin black, and goes full on into character with it.

The idea behind the film is simply that being in a war film is not the same thing as being in a real war.

But when the soldier-actors face a real drug-manufacturing army in the Golden Triangle, the film loses its satirical point somewhat and starts to act like it actually wants to be the kind of action film it's supposed to be spoofing.

So we end up with a Hollywood satire that is maybe a bit more Hollywood than satire.

That said, its still fun to watch and an average Ben Stiller movie is better than a lot of other people's good movies. So go have a look and some fun but don't expect this to be like The Player or any kind of full satire on movies.

It's just a piece of fun really.

PAUL STEPHENSON

look at me, look at me, look at me

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THURSDAY
September 25

BBC1

6.00 Breakfast (T) **9.15** Dom's on the Case (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley are joined by guests and special reporters to take a look at stories from around the country. (T)

7.30 **EastEnders** Tony's jealousy over Whitney has terrible consequences for Peter. (T)

7.57 **BBC News and Regional News** (T)

8.00 **The Planners are Coming** Series looking at building planning processes. (T)

8.30 **Accidental Heroes** Series documenting real-life stories of bravery and courage. (T)

9.00 **Motorway Cops: A Traffic Cops Special** Documentary series narrated by Jamie Theakston. (R/T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **Question Time** David Dimbleby chairs the weekly political debate from London. (T)

11.35 **This Week** A political review of the week presented by Andrew Neil and his resident helpers Michael Portillo and Diane Abbott. (T)

12.20 Holiday Weatherview (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Charley Boorman: Ireland to Sydney by Any Means (R/T) **1.55** Would Like to Meet Again (R/T) **2.25** Countryfile (R/T) **3.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Golf: British Masters (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing (T)

7.00 **Who Do You Think You Are?** Series in which celebrities trace their ancestry. (R/T)

8.00 **The Restaurant** Raymond Blanc challenges the remaining couples to provide a formal dinner at three prestigious Oxford colleges. (T)

9.00 **Mock the Week** Two teams of comedians take a satirical swipe at the news and world events. A special compilation show packed full of unseen material, out-takes and best bits from the series. (T)

9.30 **The Cup** Terry hijacks his boss's car and speeds back home to plead with Bolton scout Hinchcliffe to watch Malky play in Birmingham. Ashburn United make it to the final of the under 11's Cup - despite losing the semi-final - and in a dramatic climax everything turns on a last minute penalty for Ashburn. (T)

10.00 **Room 101** Paul Merton hosts the chat show in which guests are given the opportunity to rid the world of the things they hate. (R/T)

10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Jeremy Paxman. (T) (Followed by Weather)

11.20 **Amazon with Bruce Parry** Bruce Parry embarks on an epic adventure in the Amazon, following the river from source to sea. (R/T)

12.20 How I Met Your Mother (R/T) **12.45** How I Met Your Mother (R/T) **1.05** Joins BBC News (T) **3.20** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) **4.00** A Touch of Frost (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Rodney is unimpressed to be working alongside Nicola. (T)

7.30 **Anglia Special Edition** Current affairs series examining key issues confronting the east of England. (T)

8.00 **The Bill** Callum and Smithy tackle a case where a stabbing victim, Jake Quinn, claims to have been attacked by a jealous husband. (T)

9.00 **Ann Widdecombe Versus the Diet Industry** Today, the mighty Ann Widdecombe takes on the multi-million pound diet industry. (T)

10.00 **News at Ten and Weather** (T)

10.40 **The Country Scene: A Life on Canvas** Series in which Selina Scott tells the story of Edward Seago. (T)

11.10 **Coastal Kitchen with Chris Coubrough** Kiwi Masterchef Chris Coubrough checks out some of Norfolk's best-loved summer events and cooks mouth-watering recipes to celebrate. (R/T)

11.40 **Cabbie Confidential** Arthur Smith eavesdrops on some revealing conversations between some of the region's cabbies and their fares. (R/T)

12.10 Bingo Night Live (T) **1.10** Motorsport UK (T) **1.40** Nightwatch With Steve Scott: Mystery (R/T) (Followed by ITV News Headlines) **2.35** Loose Women (R/T) **3.20** The Jeremy Kyle Show (R/T) **4.45** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (T) **8.30** Will and Grace (R/T) **8.55** Frasier (R/T) **9.30** Britain BC (T) **10.30** Underdogs (T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Property Ladder (R/T) **1.35** 3 Minute Wonder: Night Haunts (R/T) **1.40 FILM: The Man In Grey** (1943) Drama starring Margaret Lockwood, Phyllis Calvert and James Mason. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Including sport and weather. (T)

7.55 **3 Minute Wonder: The Place Prize 2008** (T)

8.00 **The Great Italian Escape** (T)

8.30 **Chateau Monty** Documentary series following Monty Waldin's attempts to run a small vineyard in the south-west of France, and produce his own wine. The summer sunshine starts to ripen the grapes on Monty's hillside vineyard. (T)

9.00 **The Virgin Daughters** Jane Treays looks at the controversial purity movement currently sweeping across the United States, where one in six girls now pledge to remain a virgin until their wedding day. (T)

10.00 **8 Out of 10 Cats** Jimmy Carr presents the topical comedy panel show with team captains Sean Lock and Jason Manford. (T)

10.35 **When Women Rule The World** (T)

11.40 **Alan Carr's Celebrity Ding Dong** Comedian Alan Carr hosts an entertainment show which pits a team of celebrities against members of the public. (R/T)

12.30-1.45 4Music **1.45** Comedy Lab: Headwreckers (R/T) **2.15 FILM: In the Cut** (2003) Drama starring Jennifer Jason Leigh. (T) **4.15** St. Elsewhere (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Picture Perfect Homes (T) **3.00 FILM: Perry Mason: The Case of the Killer Kiss** (1993) Classic courtroom drama starring Raymond Burr, Barbara Hale and William R Moses. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)

7.30 **How Do They Do It?** Robert Llewellyn examines the feats of science and engineering behind everyday life. (T) (Followed by five news update)

8.00 **I Own Britain's Best Home and Garden** Laurence Llewelyn-Bowen and a panel of experts scrutinise some of the country's most extraordinary gardens. (T) (Followed by five news at 9)

9.00 **Extraordinary People: The Million Dollar Mind Reader** Series of documentaries exploring remarkable stories of human experience from all over the world. Derek Ogilvie says he can read the minds of infants who are too young to communicate verbally. (T)

10.00 **FILM: Hostel** (2005) Shocking, gory horror in which three backpackers are lured to a hostel in Bratislava by a friendly stranger promising beautiful, promiscuous women, only to find that their new accommodation harbours a dark secret. Stars Jay Hernandez. (T)

11.55 **Quiz Call** Interactive quiz show giving viewers the chance to answer questions for money.

4.00 Major League Soccer **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** Sharla **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Don't Forget The Lyrics U.S. **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Bones **10.50 FILM:** Rocky IV **12.35am** Road Wars **1.35** Las Vegas Uncovered **2.30** Stargate SG-1 **3.20** Stargate SG-1 **4.10** Brainiac: Science Abuse **5.00** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** CelebAir **8.00** The Fashion Show **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00** Entourage **11.30** **FILM:** X2 **2.05am** Katie & Peter: The Next Chapter **3.00** Teleshopping

BBC3

7.00pm The Real Hustle Las Vegas **7.30** The Real Hustle Las Vegas **8.00** Don't Tell the Bride **9.00** The World's Strictest Parents **10.00** EastEnders **10.30** The Wrong Door **11.00** Family Guy **11.25** Family Guy **11.45** The World's Strictest Parents **12.40am** Don't Tell the Bride **1.40** The Wrong Door **2.10** The Real Hustle Las Vegas **2.40** The Real Hustle Las Vegas **3.10** Dog Borstal **4.05** The Wrong Door **4.35** Close

BBC4

7.00pm World News Today **7.30** Fossil Detectives **8.00** Arena: Philip Hoare's Guide to Whales **8.10** The Avengers **9.00** Casualty 1907 **10.00** Greg Dyke on Nye Bevan **11.00** BBC Four Sessions **12.00am** BBC Four Sessions **1.00** Fossil Detectives **1.30** Journeys From the Centre of the Earth **2.30** Fossil Detectives **3.00** Greg Dyke on Nye Bevan **4.00** Close

Rosemary Conley Diet and Fitness Clubs

Lose 7lbs in 14 days*

on the new Gi Hip and Thigh Diet

With our help you can do it too! At your local diet and exercise class.

Call Anne on 01908 503177

anne.forrow@rosemaryconley.com

MONDAY
St Bernadette's Catholic Primary School, Tewkesbury Lane, Monkston Park, Milton Keynes
5:45 - 7:15 pm

Portfields Combined School, Westbury Lane, Newport Pagnell
8:00 - 9:30 pm (Circuits)

TUESDAY
Tickford Community Centre, Adjacent To Middleton Swimming Pool, Tickford Street, Newport Pagnell
09:45 - 11:15 am

Bradwell Village Middle School, Walgrave Drive, Bradwell, Milton Keynes
6:00 - 7:30 pm & 7:30 - 9:00 pm

WEDNESDAY
Ashbrook First School, The High Street, Two Mile Ash, Milton Keynes
6:00 - 7:30 pm

WEDNESDAY
Portfields Combined School, Westbury Lane, Newport Pagnell
6:30 - 8:00 pm
8:00 - 9:30 pm (Slim & Salsacise)

THURSDAY
Russell Street School, Russell Street, Stony Stratford, Milton Keynes
6:00 - 7:30 pm

Simpson Combined School, Old Groveway, Simpson, Milton Keynes
6:00 - 7:30 pm

Russell Street School, Russell Street, Stony Stratford, Milton Keynes
7:30 - 9:00 pm (Slim & Salsacise)

Simpson Combined School, Old Groveway, Simpson, Milton Keynes
7:30 - 9:00 pm (Slim & Salsacise)

SATURDAY
Russell Street School, Russell Street, Stony Stratford, Milton Keynes
10:00 - 11:30 am

Call Maria on 01908 749005

maria.burnell@rosemaryconley.com

SUNDAY
Shenley Brook End School, Walbank Grove, Shenley Brook End, Milton Keynes
09:45 - 11:15 am

MONDAY
Fulbrook Middle School, Weathercock Lane, Woburn Sands, Milton Keynes
6:00 - 7:30 pm (Slim & Salsacise)

Shenley Brook End School, Walbank Grove, Shenley Brook End, Milton Keynes
6:00 - 7:30 pm
7:30 - 9:00 pm (Slim & Salsacise)

TUESDAY
Linslade Middle School, Mentmore Road, Linslade, Leighton Buzzard
6:00 - 7:30 pm
7:30 - 9:00 pm

WEDNESDAY
Church Of The Servant King, Dulverton Drive, Furzton, Milton Keynes
09:45 - 11:15 am

WEDNESDAY
Knowles Junior School, Queensway, Bletchley, Milton Keynes
6:15 - 7:45 pm (Slim & Salsacise)

Mary Bassett Lower, Bassett Road, Leighton Buzzard, Beds
7:30 - 9:00 pm (Slim & Salsacise)

THURSDAY
The Lord Grey School, Rickley Lane, Bletchley, Milton Keynes
6:00 - 7:30 pm (Slim & Salsacise)
7:30 - 9:00 pm

"I lost 1st 7lbs in 8 weeks on the Gi Hip and Thigh diet"

says Allyson Wicklen, from Birmingham, who features in 'SLIM TO WIN'

Class Fee - £5.50 Membership Fee - £10 * Trialists lost on average 7.25lbs in 2 weeks. ** Cut out this ad and bring it with you to claim free membership offer.

free membership** worth £10 plus free portion pots® worth £4.99

when you pre-pay for six weeks at £33

itv central

SLIM TO WIN with Rosemary Conley

Showing on ITV Central this Autumn. Watch via itvlocal.com or www.rosemaryconley.com.

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub has had a £2million re-vamp.The new Rhythm Room plays dance, R'n'B and garage. The Ice House Reykjavik is double its old size. Over 18s Sunday-Thursday, over 19s Fridays, over 20s on Saturday. Dress code is smart casual.

THE LIVING ROOM
thehub:mk 608643
A SWANKY bar at thehub:mk. Food is served from midday until late and each evening guests will get the chance to listen to one of The Living Room's resident musician's perform live music on the legendary baby grand.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: New soundclash, new DJs, new tunes and new drink offers. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats.Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: The Request Line. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress code is casual cool.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District 241243 info@buddhablue.co.uk
THIS whitewashed haven is the newest club on the circuit. DJs spin RnB tunes into the early hours. Dress code is smart.

SOUND LOUNGE
Lloyds Court 540126
NIGHTCLUB with a heavy sound system for all the latest RnB and Jungle Drum and Bass music.
Over 18s only.

NEXUS
Midsummer Boulevard 677733
LOCATED in The Point this nightclub draws in the crowds. Based underground the DJs play a mix of music until 3am.

BLUEPRINT
Station Square 677840 info@blueprintbars.com
NEW ultra stylish independent bar. Great selection of wines, beers and 35 cocktails to choose from.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJ's and live bands playing music from pop and rock to RnB and dance at the weekend, pool tables, and a big screen TV for matches.
Casual dress.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails.

ALL BAR ONE
Midsummer Boulevard 397216
STYLISH cosmopolitan bar aimed at people who enjoy great drinks and food in a contemporary environment.

CRAUFORD ARMS
Wolverton 313864
PUB with live music from False Alibi, Incendia, Zeitgeist and Februa on Friday night.
£4. Doors 7.30pm.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic Thursday. Free entry. To play just turn up with your instrument.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late license and live rock bands on Saturday nights.

CASTLE GALLERIES ???????

PAUL Corfield, one of the hottest contemporary British artists to appear on the UK art scene is bringing his talent to Castle Galleries in thecentre:mk on Saturday

Gallery manager, Peter Viet-Lu, said: "We are thrilled to have this talented artist come to Milton Keynes and we'll be serving up champagne and canapes to mark this special event in the gallery.

"Paul Corfield really is an original breath of fresh air and his art has proved hugely popular among a growing band of loyal collectors and new fans discovering his unique style."

Paul Corfield first came to prominence when his talent was spotted by the UK's leading fine art publishers Washington Green, as they signed a major publishing deal with him.

Paul Corfield will talk through the inspiration behind his work and will happily sign and write personalised messages on the back of any of his art purchased on the day.

The visit is from 12-3pm.

THE STABLES 280800

RICHARD DIGANCE
Thursday, September 25. 8pm
THE master of nostalgic comedy returns. An evergreen performer respected by comedians for his original material and by musicians for being one of Britain's top acoustic guitarists. Richard Digance continues to delight audiences.
Tickets £15

MICHAEL ROACH
Acoustic Stage
Thursday, September 25. 8.45pm
IF you like Eric Bibb, chances are you'll like Michael. He plays in an East Coast blues style originating from the 1920s, having learned his craft from blues masters John Jackson, John Cephas and Jerry Ricks. From this he has developed his own unique and distinctive playing style. Tickets £9.50 in advance, £11.50 on the door

BEST EVER BLUES BROTHERS
Friday, September 26. 8pm
JAKE & Elwood are back on a mission with their electrifying Blues Brothers show. Enjoy all the hits in this much-loved rhythm and blues party.
Tickets £21.50

STEVE GIFFORD
Acoustic Stage
Friday, September 26, 8.45pm
STEVE has experienced a meteoric rise in popularity in the wake of his 2005/6 tour Building Bridges. A unique raw driven edgy guitar with soulful ballads and intimate lyrics.
Tickets £12

THE REAL THING
Saturday, September 27. 8pm
IT'S a sizzling soul party with top 70s soul band The Real Thing – best known for their huge hits You To Me Are Everything, Can't Get By Without You, and Feel The Force. Original vocalists Chris Amoo, Eddie Amoo and Dave Smith will perform all their hits.
Tickets £22.50

CHRIS SMYTH & DANIELA BOVE
Saturday, September 27. 8.45pm
A CO-HEADLINING gig featuring outstanding artists from Beds, Bucks, Herts and Northants. Daniela Bove's songs are hook-laden, sincere and charged pieces of pop-craft, inspired by loss and love of life.
Tickets £9.50 in advance, £11.50 on the door

SALLY PRYCE
Classic Stage
In association with the Young Concert Artists Trust
Sunday, September 28. 2.30pm
PROGRAMME to include: Faure Impromptu, Britten Suite Opus 83, Huw Watkins Suite for Harp, Debussy Two Preludes. Over the past year harpist Sally Pryce has made her debut with the Sally Pryce Ensemble at Wigmore Hall, given the premiere of Huw Watkins' solo work for harp at the Presteigne Festival, performed Britten songs with tenor Rob Murray in Aldeburgh and appeared as soloist with the Scottish Ensemble at Queen's Hall Edinburgh with the Britten Sinfonia.
Tickets £9.50 in advance, £11.50 on the door, under 25s £5..

THE PITZ 660392

LOVE/HATE
20th Anniversary Tour
Plus LA Guns
with guests Liqour & Poker
Friday, September 26
LOVE/HATE, possibly the most underrated band in the world, believe party music, like gospel music, focuses on the soul and on the Sunset Strip in the late 80s.

LA Guns got their start on the Strip more than 15 years ago.

Tours with AC/DC , Iron Maiden and Def Leppard followed and it seems like this world tour has been rock and rolling ever since.

The new Liqour and Poker (affectionaly known as L&P by the faithful) has one original member – Adrian Dunn. He has been playing the guitar since he was old enough to hold it. He began gigging in the late 80s as a teenager with 70s glamsters The Sweet.

He is also playing in Mothers' Ruin, a signed outfit featuring ex members of popular 80s band Heavy Pettin. Adrian currently has about 40 guitar students under his wing in his home town, of course, Milton Keynes.

Tickets £14. Doors 7.30 pm.

MK THEATRE BOX OFFICE 0870 060 6652

WEST SIDE STORY
Until Saturday
AS the latest casualty of gang warfare on London's mean streets is laid to rest by his grieving family, disorganised knife crime comes to Milton Keynes. Thankfully, the fighting is taking place on stage. And there's not a hoodie in sight.

When West Side Story opened on Broadway in 1957 it received lost out to The Music Man in the battle for that year's Tonys.

Half a century later West Side Story has got its own back. The Music Man is largely forgotten.

The strength of this show lies in the age-old human tragedy at its core. Young men, with too much testosterone, need their energies channelling into something positive. Or else.

The ticking hormone time bombs are Polish Catholics, the Jets, and Puerto Rican Sharks.

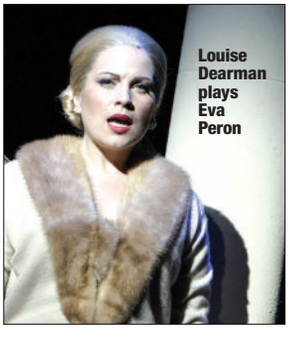
Simmering in the heat of a New York summer the two gangs settle their differences in the only way they know how. But passions boil when Maria falls for Tony.

EVITA
Monday, September 29-Saturday, October 11
WITH a clutch of more than 20 major awards including the Oscar-winning film version starring Madonna and Antonio Banderas, this truly legendary smash hit show comes to MK for two weeks.

New West Ends star Louise Dearman brings this extraordinary role of Eva Peron to life, wife of former Argentine dictator Juan Peron.

The production follows Eva's rise to sainthood – telling the story of the enormous wealth and power she gained to become the beloved Evita.

Seamus Cullen plays Che Guevara while Mark Heenehan takes the role of Juan Peron.



look at me, look at me, look at me
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FRIDAY
September 26

BBC1

6.00 Breakfast (T) **9.15** Dom's on the Case (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **A Question of Sport** Sue Barker hosts the fast-paced entertaining sports quiz. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Bianca is horrified when Tony's actions put their future in danger. (T)
8.30 **DIY SOS** Nick Knowles and the DIY SOS team are in Upchurch, Kent, to help Neil and Leslie Sheppard. (T)
9.00 **Harry and Paul** Sketch comedy series starring Harry Enfield and Paul Whitehouse. (T)
9.30 **The Vicar of Dibley** Geraldine becomes a celebrity after doing 'Pause for Thought' on the Terry Wogan show, but fame carries a price. (R/T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **Friday Night with Jonathan Ross** Celebrity chat show hosted by Jonathan Ross. (T)
11.35 **National Lottery Euromillions Draw** (T)
11.40 **FILM: Scream** (1996) Horror thriller, with strong overtones of black comedy, about a young woman plunged into a world of terror on the eve of the anniversary of her mother's murder. Stars Neve Campbell, Skeet Ulrich and Courteney Cox. (T)

1.25 Weatherview (T) **1.30** Sign Zone: Earth: The Climate Wars (R/T) **2.30** Street Doctor (R/T) **3.00** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Golf: British Masters (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing (T)

7.00 **The Real Monarch of the Glen** Alladale estate's general manager Hugh Fullerton-Smith works on masterminding the 500 acre fenced enclosure, which will be home to the animals that Paul brings back to his Highland estate. (T)
7.30 **An Island Parish** Chronicle of life in the parish of the Isles of Scilly. (T)
8.00 **Mastermind** John Humphrys puts the questions to four more contenders. (T)
8.30 **Gardeners' World** Toby Buckland highlights the benefits of the greenhouse and finds out just how much one can help a garden all year round. (T)
9.00 **The Tudors** Anne Boleyn's fall from Henry's favour escalates as scandalous rumours are circulated (and created) at court, threatening her whole family. (T)
9.50 **Coast: Wales - Severn Bore** Nicholas Crane explores the coast of South Wales. (R/T)
10.00 **QI** Stephen Fry hosts the quiz show in which contestants are rewarded more if their answers are 'quite interesting'. (R/T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme. (T)
11.35 **Later... with Jools Holland** Guests include: recent Mercury Prize gold medallists Elbow with tracks from their winning album 'Seldom Seen Kid'. (T)

12.40 Star Trek: The Next Generation (R/T) **2.05 FILM: Inseminoid** (1981) Sci-fi horror starring Judy Geeson. (T) **3.40** How I Met Your Mother (R/T) **4.25** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** A Touch of Frost (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Lily despairs when she's unable to lend Peter money. Danielle manipulates Eli into letting her stay with the Dingles. (T)
7.30 **Coronation Street** Rosie surprises Tony when she puts herself on the menu. Kevin's got a plan to rescue the business. Steve's glad to see Michelle back. (T)
8.00 **Will Wars: Tonight** (T)
8.30 **Coronation Street** Tony is thrown when Rosie reveals more than her underwear. (T)
9.00 **Wire In the Blood** Tony finds himself a suspect in a murder inquiry when a female friend he meets at a psychology convention is brutally murdered in her hotel room, and it turns out Tony was the last person to see her alive. (T)
10.00 **Al Murray's Happy Hour** The Pub Landlord chats with three more guests from the world of sport and entertainment in his own inimitable fashion. (T)
11.00 **The Late News and Weather** (T)
11.45 **Bingo Night Live** Michael Underwood and Nichola Dixon host the bingo show that's completely free to play. (T)

12.50 Nightwatch With Steve Scott: Crime (R/T) **1.45 FILM: Narrow Margin** (1990) Taut thriller starring Gene Hackman, Anne Archer and James B Sikking. (T) **3.20** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Will & Grace (R/T) **8.55** Frasier (R/T) **9.30** Britain B.C. (R/T) **10.30** The Underdogs (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Will & Grace (R/T) **1.00** Will & Grace (R/T) **1.25 FILM: Guns at Batasi** (1964) Drama starring Richard Attenborough. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.35 **Half Ton Veg** Documentary following three men who have given over their lives to producing the biggest vegetables you've ever seen, and their long-suffering wives. (T)
8.00 **A Place in the Sun: Home or Away** Property experts Jasmine Harman and Jonnie Irwin help out single mum Debbie Loveday who has decided to leave her old life behind in Northern Ireland and make a fresh start with her children in either West Dorset or sunny southern Spain. (T)
9.00 **Ugly Betty** Charlie's sudden arrival in New York jeopardises Betty's plans to celebrate her 24th birthday by having a romantic evening with Henry, but luckily Gio steps in to rescue the situation. (T)
10.00 **Russell Brand Live** (T)
11.05 **Jimmy Carr: Stand Up** The multi award-winning, critically acclaimed comedian Jimmy Carr unleashes brand new material in this stand-up performance recorded live at London's Bloomsbury Theatre. (R/T)

12.10-1.40 4Music **1.40** Dangerous Jobs For Girls (R/T) **2.40** Goalissimo (T) **3.30** Transworld Sport (R/T) **4.20** FIA GT Championship (R/T) **5.00** The British Triathlon Grand Prix (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Picture Perfect Homes (T) **3.05** five news update (T) **3.10 FILM: Journey of the Heart** (1997) Drama starring Cybill Shepherd, Stephen Lang and Chris Demetral. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)
7.30 **Daring Raids of World War II** Historical documentary series. This first programme, presented by Major Gordon Corrigan, profiles the first major action of the elite Commando force. (R/T) (Followed by five news update)
8.00 **Axe Men** Series following the work of North American lumberjacks who risk their lives to cut timber whilst battling mechanical failures, unpredictable terrain and falling trees. (T)
9.00 **NCIS** An officer's apparent suicide develops into a murder hunt when it is found that the victim was involved in a love triangle. (R/T)
10.00 **Law and Order: Special Victims Unit** The detectives are divided when a college professor is accused of raping a student. Benson is inclined to believe the girl's story, but Stabler finds her behaviour suspicious - especially when she makes an allegation against him. (T)
11.00 **Law and Order** Crime drama series. Briscoe and Green investigate the murder of a successful stockbroker, who was conducting affairs with a mother and her daughter. (R/T)

12.00 Quiz Call **4.25** Game Ranger Diaries (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** Ann-Marie **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Celebrity Are You Smarter Than... **9.00** Hairspray: The School Musical **10.00** Don't Forget The Lyrics **11.00** Don't Forget The Lyrics **12.00am** Road Wars **1.00** Road Wars **1.50** Las Vegas Uncovered **2.40** Stargate SG-1 **3.30** Stargate SG-1 **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **12.30** ITV at the Movies **1.00** Airline USA **1.30** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** The X Factor **8.00** Xtra Factor **9.00** **FILM:** X2 **11.35** Katy Brand's Big Ass Show **12.05am** Keith Lemon's Celebrity Juice **12.35** Katie & Peter: The Next Chapter **1.35** Coronation Street **2.05** Coronation Street **2.30** Teleshopping **5.30** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle Las Vegas **7.30** The Real Hustle Las Vegas **8.00** Spendaholics **9.00** Heroes Countdown **9.45** Heroes Unmasked **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Family Guy **11.55** Family Guy **12.15am** Massive **12.45** The Wrong Door **1.15** Two Pints of Lager and a Packet of Crisps **1.45** Two Pints of Lager and a Packet of Crisps **2.15** The Real Hustle Las Vegas **2.45** The Real Hustle Las Vegas **3.15** Massive **3.45** I'm Kylie's Body Double **4.45** Close

BBC4

7.00pm World News Today **7.30** Jacqueline du Pre and the Elgar Cello Concerto **8.40** Cambridge Folk Festival 2008: The Imagined Village **9.10** David Gilmour Live at Gdansk **10.10** Dave Gilmour: Gdansk Diary **10.40** The Pink Floyd Story: Which One's Pink? **11.40** Life on Mars **12.40am** The Avengers **1.30** David Gilmour Live at Gdansk **2.30** Dave Gilmour: Gdansk Diary **3.00** The Pink Floyd Story: Which One's Pink? **4.00** Close

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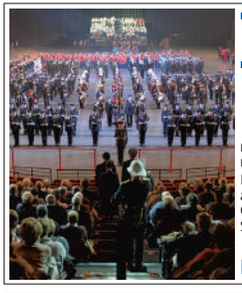

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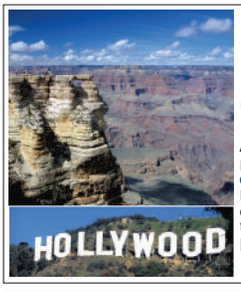

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SATURDAY
September 27

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** What To Eat Now (T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** Cycling: World Road Championships (T) **2.00** Golf: British Masters (T) **4.30** Final Score (T) **5.10** BBC News (T) **5.20** Regional News and Weather (T) **5.30** Hole in the Wall (T) **6.00** Merlin (T) **6.45** Strictly Come Dancing (T)

8.05 **The National Lottery: Who Dares Wins** Nick Knowles hosts the Saturday night National Lottery quiz where two teams of strangers compete to win 50,000 pounds by completing a series of lists. From Madonna's hit singles to countries of Africa, the team which names the most correct answers gets to play for the jackpot. (T)

8.55 **Casualty** As Nick Jordan faces the huge challenge before him, a suspicious Adam searches for clues as to his appointment. (T)

9.45 **BBC News** (T)

10.05 **Match of the Day** Gary Lineker looks back on a busy day in the Barclays Premier League as the first Merseyside derby of the year sees Liverpool visit Everton at Goodison Park. The day's other main fixtures see champions Manchester United visit Bolton, Martin O'Neill's Aston Villa facing Roy Keane's Sunderland, and Premiership new-comers Stoke hosting Chelsea. (T)

11.25 **FILM: Point Break** (1991) Action adventure about an undercover cop in California whose pursuit of a gang of bank robbers known as the Ex-Presidents leads him to the LA surfing scene and an adrenaline junkie who lives for thrills. Stars Patrick Swayze. (T)

1.20 Friday Night with Jonathan Ross (R/T) **2.20** Weatherview (T) **2.25** Joins BBC News (T) **5.45** Moto GP: Round 15 - Motegi (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: TMi **(New)** (T) **10.00** Lockie Leonard **(New)** (T) **10.30** Hot Rods (T) **10.55** Prank Patrol Pocketsize (R/T) **11.00** The Story of Tracy Beaker (R/T) **11.30** Eliot Kid (R/T) **11.45** Sportsround (T) **12.00** Sound (T) **12.30** Scene Stealers (T) **1.00** Greek (T) **1.45** Racing from Ascot (T) **4.30** Golf: British Masters (T) **6.00** Cycling: World Road Championships (T)

7.05 **The Hairy Bakers** (R/T)

7.35 **Dad's Army** Mainwaring receives challenge from the Chief Warden to play his Platoon at cricket. (R/T)

8.05 **Timewatch - Stonehenge (New)** Around two years ago Timewatch set out to investigate a radical new theory that Stonehenge, far from being a place of burial as is commonly assumed, was in fact a place of healing - a Bronze Age Lourdes. (T)

9.00 **Have I Got News for You** (R/T)

9.30 **Mock the Week** Two teams of comedians take a satirical swipe at the news and world events. (R/T)

10.00 **Live at the Apollo** Dara O'Briain is joined by special guests Stephen K Amos and Frankie Boyle. Recorded live at the world famous Hammersmith Apollo, this last show of the series hammers computer geeks, Australians, the seventies and present buying. (R/T)

10.45 **The Day After Peace: Storyville** Documentary which charts the remarkable 10-year worldwide journey taken by filmmaker Jeremy Gilley to establish a Day of Peace on September 21st. (T)

12.05 FILM: Mosquito Squadron (1968) World War II drama starring David McCallum. (T) **1.35 FILM: A Nightingale Sang in Berkeley Square** (1979) Suspenseful crime drama starring David Niven. (T) **3.20** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Captain Mack (R/T) **9.40** Planet Sketch (R/T) **9.50** Coronation Street Omnibus (T) **12.05** ITV News and Weather (T) **12.10** Regional News and Weather **12.15 FILM: The Four Musketeers** (1974) Adventure starring Michael York, Raquel Welch and Richard Chamberlain. (T) **2.10** F1: Singapore Grand Prix Qualifying (T) **4.30** Agatha Christie's Poirot (R/T) **5.30** Regional News and Weather **5.45** ITV News and Weather (T)

6.00 **You've Been Framed! Family Special** (T)

7.00 **All Star Family Fortunes** Vernon Kay is your host as two celebrities bring their families along with the view to winning up to 30,000 pounds for the charity of their choice. (T)

7.45 **The X Factor** The cream of the crop from the auditions head to the biggest bootcamp ever, inside London's O2 arena, where judges Simon Cowell, Cheryl Cole, Dannii Minogue and Louis Walsh put over 150 acts from across the country through their paces. (T)

9.15 **FILM: The Island** (2005) Futuristic thriller about a contained, seemingly utopian facility in the mid-21st century. The residents hope to be chosen to go to the Island - the last uncontaminated place on Earth. But when one inhabitant discovers that there are sinister forces at work, he and a female friend make a daring escape. (T)

10.15 **ITV News and Weather** (T) (Followed by Local Weather)

10.30 **FILM: The Island** (2005) Conclusion of tonight's thriller starring Ewan McGregor, Scarlett Johansson and Djimon Hounsou. (T)

12.05 Bingo Night Live **1.15** Nightwatch With Steve Scott: Crime (R/T) **2.10** **FILM: Rules of Engagement** (2000) Courtroom drama starring Tommy Lee Jones. (T) **4.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: 4Music Presents... James Morrison (R/T) **9.25** Friends (R/T) **9.55** Friends (R/T) **10.30** The Hills (T) **11.00** Friends (R/T) **11.30** Friends (R/T) **12.00** Reaper (R/T) **1.00** Scrubs (T) **1.30** Scrubs (T) **2.00** Channel 4 Racing From Haydock Park, Market Rasen and Chester (T) **4.00** Supernanny (T) **4.55** A Place in the Sun: Home or Away (R/T) **5.55** Channel 4 News (T) **6.25** The Price Of Property (T)

7.30 **FILM: The Lord of the Rings: The Return of the King** (2003) The former Fellowship of the Ring prepare for the final battle for Middle Earth, while Frodo & Sam approach Mount Doom to destroy the One Ring. Epic adventure tale starring Noel Appleby, Alexandra Astin and Sean Astin. (T)

9.15 **8 Out of 10 Cats** Another chance to see Thursday's new episode of the hit topical comedy panel show. Jimmy Carr hosts proceedings as team captains Sean Lock and Jason Manford battle it out to discover who knows what is going on in Britain today. (R/T)

11.50 **4music: Live From Abbey Road** Series featuring performances from some of the best musical talent around, both old and new, all filmed at the legendary Abbey Road Studios in London. Music comes Bryan Adams, Justin Currie and Ben Harper. (T)

12.55 FILM: Natural Born Killers (1994) Two victims of traumatized childhoods become lovers and psychopathic serial murderers irresponsibly glorified by the mass media. Violent thriller, starring Woody Harrelson, Juliette Lewis and Tom Sizemore. (T) **2.55 FILM: Dragonwyck** (1946) Thriller starring Gene Tierney. **4.40** St. Elsewhere (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Fifth Gear (R/T) **11.00** Axe Men (R/T) **12.00** Axe Men (R/T) **1.00** Extreme Fishing with Robson Green (R/T) **2.00** Zoo Days (R/T) **2.30 FILM: Mystery Woman: Mystery Weekend** (2005) Murder mystery starring Kellie Martin, Nina Siemaszko and Deborah Van Valkenburgh. (T) **4.15 FILM: That Darn Cat** (1997) Comedy starring Christina Ricci, Doug E Doug and Dyan Cannon. (T) **6.00 FILM: See No Evil, Hear No Evil** (1989) Lighthearted comedy starring Richard Pryor, Gene Wilder and Joan Severance. (T)

7.35 **five news and sport** The latest national and international headlines. (T)

7.50 **NCIS** Ducky must go undercover to stop the sale of the Navy's new weapons system to an arms dealer. (R/T)

8.45 **NCIS** When a sailor's body is discovered in an abandoned part of town, a drugs overdose seems the likely cause of death. But as the team investigates further, it appears as though he has been murdered. (R/T)

9.45 **CSI: Crime Scene Investigation** After a police chase results in the discovery of two bodies, the ensuing investigation uncovers dark goings-on at a mob-owned strip club. (R/T)

10.45 **Law and Order: Criminal Intent** Goren and Eames investigate when a prison guard is murdered. (R/T)

11.45 **Women Who Kill** Series documenting the harrowing case files of female killers. The story of Jennifer Twist, who as a teenager lived in seedy motels in Ocala, Florida, taking advantage of the rich older men in the town's retirement community. (R/T)

12.15 Quiz Call **4.25** Game Ranger Diaries (R/T) **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am America's Dumbest Criminals **6.30** America's Dumbest Criminals **7.00** Lion Man **7.30** Lion Man **8.00** Lion Man **8.30** Lion Man **9.00** Soccer A.M. **12.00pm** Stargate Atlantis **1.00** Bones **2.00** Don't Forget The Lyrics U.S **3.00** Malcolm in the Middle **3.30** Malcolm in the Middle **4.00** Hairspray: The School Musical **5.00** Malcolm in the Middle **5.30** Futurama **6.00** American Gladiators **7.00** Uk Border Force **8.00** The Simpsons **8.30** The Simpsons **9.00** Ross Kemp: A Kenya Special **10.30** Road Wars **11.30** Street Wars **12.30am** Prison Break **1.30** Inside: Border Wars **2.25** The Villa **3.20** Mile High **4.15** Miami Uncovered **5.10** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.00** Emmerdale Omnibus **9.50** Holiday Showdown **10.50** Holiday Showdown **11.55** The Hoosiers: The Hot Desk **12.05pm** Emmerdale Omnibus **1.05** Nanny 911 **2.00** Smallville **3.00** ITV at the Movies **3.30** Planet's Funniest Animals **4.00** Xtra Factor **5.00** All Star Family Fortunes **5.45** The Fashion Show **6.45** CelebAir **7.45** Holiday Homes From Hell **8.45** Planet's Funniest Animals **9.15** Xtra Factor **10.15** Katy Brand's Big Ass Show **10.45** Jack Osbourne: Celebrity Adrenaline Junkie **11.45** The X Factor **1.15am** Xtra Factor **2.15** Entourage **2.40** The Fashion Show **3.30** Smallville **4.15** Nanny 911 **5.05** When Soapstars Sing

BBC3

7.00pm Three's Outtakes **7.15** Mind, Body and Kick Ass Moves **7.45** Mind, Body and Kick Ass Moves **8.15** Dog Borstal **9.15** Most Annoying Pop Moments... We Hate to Love **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Massive **1.15** The Wrong Door **1.40** Three's Outtakes **2.10** Two Pints of Lager and a Packet of Crisps **2.40** Two Pints of Lager and a Packet of Crisps **3.10** Mind, Body and Kick Ass Moves **3.40** Mind, Body and Kick Ass Moves **4.10** Massive **4.40** The Wrong Door **5.32** Close

BBC4

7.00pm Arena: Philip Hoare's Guide to Whales **7.10** Civilisation **8.05** The Shock of the New **9.00** Simon Schama's Power of Art **10.00** Imagine... Who Cares About Art? **10.50** Mark Lawson Talks to Melvyn Bragg **11.50** The Photographer, his Wife, her Lover **1.10am** The Late Show **1.55** Visions of Space **2.55** Mark Lawson Talks to Melvyn Bragg **4.00** Close

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SUNDAY
September 28

BBC1

7.00 Breakfast (T) **7.35** Match of the Day (R/T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) **12.00** The Politics Show (T) **1.00** 'Allo 'Allo! (R/T) **1.30** EastEnders (R/T) **3.25** Merlin (R/T) **4.10** Tess of the D'Urbervilles (R/T) **5.10** Points of View (T) **5.25** Songs of Praise (T) **6.00** BBC News (T) **6.20** BBC News (T) **6.30** After You've Gone (T)

7.00 **Antiques Roadshow** Experts invite members of the public to bring along their antiques for examination. (T)

8.00 **Strictly Come Dancing** Bruce Forsyth and Tess Daly host the celebrity ballroom dancing competition. The eight female stars and their professional dance partners battled it out with a salsa or foxtrot. (T)

9.00 **Tess of the D'Urbervilles** Third in the four-part drama series based on the novel by Thomas Hardy. Tess agrees to marry Angel, to his great joy. When he confesses to a dishonourable event in his past, Tess feels that she can at last tell him about her relationship with Alec D'Urberville and its consequences. (T)

10.00 **BBC News** (T)

10.20 **Jess: My New Face** Documentary about 17-year-old Jess Lee, who was born with a facial disfigurement, a symptom of a condition called Apert Syndrome. (T)

11.20 **Faith in the Family** (T)

11.40 **FILM: Shattered Glass** (2003) Drama based on the true story of a promising young journalist who is disgraced after being caught fabricating articles. Stars Hayden Christensen.

1.05 Weatherview (T) **1.10** Sign Zone: Amazon with Bruce Parry (R/T) **2.10** Holby City (R/T) **3.10** The Dark Side of Fame With Piers Morgan (R/T) **3.55** The Planners are Coming (R/T) **4.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Escape from Scorpion Island **(New)** (T) **10.00** Something for the Weekend (T) **11.30** Film 2008 with Jonathan Ross (R/T) **12.00** Rugby League: Super League Play-Offs - Highlights (T) **12.45** Moto GP: Motegi (T) **2.00** Racing from Ascot and The Curragh (T) **3.25** Golf: British Masters (T) **6.00** Cycling: World Road Championships (T)

7.00 **Top Gear** Richard Hammond drives a Formula One car and Jeremy Clarkson and James May search for the first car with the control layout we know today. (R/T)

8.00 **Charley Boorman: Ireland to Sydney by Any Means** After a spiritually enriching time in India it's now time to head north towards Nepal and what better way to start this next leg of the journey than on tuk tuks, one of Charley's favourite modes of transport. (T)

9.00 **James May's Big Ideas (New)** James May travels the globe in search of his ultimate flying machine. (T)

10.00 **Match of the Day 2** (T)

10.50 **Russell Brand on the Road** Russell Brand sets out across America's vast heartland in homage to one of his literary heroes, Jack Kerouac and his classic novel, On The Road. (R/T)

11.50 **FILM: The Buddy Holly Story** (1978) Oscar-winning story of the rock legend who died in a plane crash in 1959, aged 22. The film spans the years from Holly's humble beginnings in smalltown America, where his music was frowned upon, to his meteoric rise to worldwide fame and his tragic death in an aeroplane along with Richie Valens and the Big Bopper. Stars Gary Busey. (T)

1.40 **FILM: Masked and Anonymous** (2003) Drama starring Bob Dylan. (T) **3.25** Joins BBC News (T) **4.25** Super League Show (T) **4.55-6.00** CBeebies

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Planet Sketch (R/T) **9.35** The Championship (T) **10.20** The X Factor (R/T) **11.50** ITV News and Weather (T) **11.55** Regional News and Weather **12.00** F1: Singapore Grand Prix (T) **3.00** **FILM: Police Academy 5: Assignment Miami Beach** (1988) Comedy starring Bubba Smith, David Graf and Michael Winslow. (T) **4.35** Athletes Do the Funniest Things (R/T) **5.35** Regional News and Weather **5.50** ITV News and Weather (T) **6.05** The Way We Were (T)

6.30 **You've Been Framed!** Harry Hill presents the nation's funniest accidents as captured on camcorders and mobile phones. In this edition, motoring mishaps, naughty animals, and athletes hitting the road - literally! (R/T)

7.00 **The X Factor** The remaining acts return to the O2 stage for the second stage of Bootcamp, as the judges ramp up the pressure. (T)

8.00 **Heartbeat** Everyone rallies around for Blaketon's birthday party, while two new arrivals in the village put Joe Mason in an awkward position - professionally and personally. (T)

9.00 **Agatha Christie's Poirot** Poirot is approached by a young heiress who tells him that she may have killed someone, and when her childhood nanny is found dead, it seems as though she is telling the truth. (T)

11.00 **ITV News and Weather**

11.15 **F1: Singapore Grand Prix Highlights** Steve Rider presents the best of the action from Formula One's first ever night race, as Lewis Hamilton and Felipe Massa continue their battle for the world championship. (T)

12.15 It's My Life (T) **1.10** Faith in the Frame (T) **1.35** 60 Minute Makeover (R/T) **2.30** Watching the Detectives (R/T) **2.55** Moving Day (R/T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Transworld Sport (T) **7.25** UK School Games **8.20** Freesports on 4 (T) **8.50** T4: Hollyoaks Omnibus (R/T) **11.20** Orange Rockcorps (T) **12.45** 4music Presents... Will Young (T) **1.20** Ugly Betty (R/T) **2.20** When Women Rule The World (R/T) **3.25** The Simpsons (R/T) **3.55** The Simpsons (R/T) **4.25** Deal Or No Deal (T) **5.15** Deadliest Catch (T) **6.15** Channel 4 News (T)

6.30 **The Great Russian Art Invasion** London is home to around 1,000 Russian multi-millionaires, some of whom have turned their attention to the acquisition of fine art: oligarch Roman Abramovich recently spent £17.2m on Lucian Freud's Benefits Supervisor Sleeping. (T)

8.00 **Wife Swap** Former beauty queen and strict mother-of-three Shannon Jeffrey swaps her luxury Tennessee home for life with the lovingly chaotic Greiner family and their cluttered house full of pets. (T)

9.00 **FILM: Pan's Labyrinth** (2006) In the fascist Spain of 1944, the bookish young stepdaughter of a sadistic army officer escapes into an eerie but captivating fantasy world. Thriller starring Ivana Baquero. (T)

11.15 **Back To You** Chuck buys a hi-tech house, but fails to get to grips with its voice activated controls. (T)

11.45 **Seven Islands And A Metro** Documentary made by filmmaker Madhusree Dutta about the city she calls home, Mumbai. Dutta's film is divided into seven parts, with each part delving into the city's hidden corners, seeking out the stories, memories and experiences of its rarely seen inhabitants, including those who have moved to Mumbai to try and make their dreams come true. (T)

1.45 The Qur'an (R/T) **3.45** Dispatches: Let Down By Labour (R/T) **4.30** Countdown (R/T) **5.15** Bennetts British Superbike Championship

FIVE

6.00 Milkshake! **10.00** I Own Britain's Best Home and Garden (R/T) **11.00** Highland Emergency (R/T) **11.30** Top Trumps: Super Ships (R/T) **12.00** Zoo Days (R/T) **12.20** **FILM: Open House** (2003) Drama starring Christine Lahti, Chris Potter and Daniel Baldwin. (T) **2.10** **FILM: The Great Race** (1965) Fast-moving comedy starring Tony Curtis, Natalie Wood and Jack Lemmon. (T) **5.00** five news (T)

5.15 **FILM: Kelly's Heroes** (1970) World War II adventure about an American soldier who captures a German officer and discovers that his prisoner knows the whereabouts of $16million in Nazi gold. Stars Clint Eastwood, Telly Savalas and Donald Sutherland. (T)

8.00 **Giant Python of the Everglades: Austin Stevens' Adventures** Austin Stevens visits the Florida Everglades in search of a huge alien invader. The Burmese python is thriving in the Everglades and its population is on the increase. (T)

9.00 **FILM: Hitch** (2005) Romantic comedy in which a smooth-talking relationship expert helps New York's dorks get the girls of their dreams. The dating guru meets his match when he falls for a tough gossip columnist who seems to be immune to his charm. The man must use all the skills at his disposal to woo the journalist and prove that he can be more than just her next story. Stars Will Smith. (T)

11.25 **America's Toughest Prisons** Documentary series unlocking the truth about some of America's most notorious prisons. (R/T)

12.25 Urban Legends (R/T) **12.55** Major League Baseball **4.20** FIM Motocross World Championship **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** America's Dumbest Criminals **7.30** Malcolm in the Middle **8.00** Celebrity Are You Smarter Than A 10 Year **9.00** Hairspray: The School Musical **10.00** Road Wars **11.00** WWE - Experience **12.00pm** American Gladiators **1.00** Futurama **1.30** Futurama **2.00** Bones **3.00** Bones **4.00** Futurama **4.30** Futurama **5.00** Malcolm in the Middle **5.30** The Simpsons **6.00** Hairspray: The School Musical **7.00** Celebrity Are You Smarter Than... **8.00 FILM:** Robin Hood Men In Tights **10.05** Bones **11.55** Ross Kemp: A Kenya Special **1.25am** Street Wars **2.20** The Villa **3.15** Mile High **4.10** Miami Uncovered **5.05** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Emmerdale Omnibus **8.50** Planet's Funniest Animals **9.20** Xtra Factor **10.20** The Hoosiers: The Hot Desk **10.35** Nanny 911 **11.30** All Star Family Fortunes **12.15pm** Emmerdale Omnibus **3.05** Coronation Street Omnibus **5.35** The X Factor **7.00** The Fashion Show **8.00** Xtra Factor **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00** Celebrity Juice **11.30** Jack Osbourne: Celebrity Adrenaline Junkie **12.30am** Entourage **1.00** The X Factor **2.00** Xtra Factor **3.00** Teleshopping **5.00** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** The World's Strictest Parents **9.00** Massive **9.30** Gavin and Stacey **10.00** Family Guy **10.20** Two Pints of Lager and a Packet of Crisps **10.50** Two Pints of Lager and a Packet of Crisps **11.20** Massive **11.50** Gavin and Stacey **12.20am** The Wrong Door **12.50** The World's Strictest Parents **1.45** Two Pints of Lager and a Packet of Crisps **2.15** Two Pints of Lager and a Packet of Crisps **2.45** Gavin and Stacey **3.15** Freaky Eaters **4.10** Massive **4.40** The Wrong Door **5.32** Close

BBC4

7.00pm Fossil Detectives **7.30** Ways of Seeing **8.00** Monitor: Orson Welles **8.10** Monitor: Henry Moore at Home **8.30** Monitor: Larkin and Betjeman **8.55** Monitor: Pop Goes the Easel **9.40** Monitor: Hitchcock and Wheldon **10.00** The Art of Arts TV **11.00** The Genius of Photography **12.00am** David Gilmour Live at Gdansk **1.00** The Art of Arts TV **2.00** Visions of Space **3.00** The Art of Arts TV **4.00** Close

MONDAY
September 29

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BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley are joined by guests and special reporters to take a look at stories from around the country. (T)

7.30 **My Family** (R/T)

7.57 **BBC News and Regional News** National and regional news bulletin from the BBC. (T)

8.00 **EastEnders** Tony's controlling behaviour takes an even more sinister turn, just as Bianca pushes him into making a big decision about their future. (T)

8.30 **Panorama** (T)

9.00 **Who Do You Think You Are?** Series in which celebrities trace their ancestry. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **The Dark Side of Fame With Piers Morgan** Series exploring the downside of fame. (T)

11.20 **FILM: The Color Of Money** (1986) Paul Newman reprises his role from The Hustler as an ageing liquor salesman inspired by a talented youngster to take up the pool cue after a 25-year break. Stars Paul Newman, Tom Cruise and Mary Elizabeth Mastrantonio. (T)

1.15 Autumnwatch Weatherview (T) **1.20** Sign Zone: Who Do You Think You Are? (R/T) **2.20** Antiques Roadshow (R/T) **3.20** The Cup (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **11.30** The Daily Politics (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under Revisited (R/T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **An Island Parish** Chronicle of life in the parish of the Isles of Scilly. The Minister the Reverend David is increasingly concerned for the families of the four island men planning a dangerous row across the Atlantic. (R/T)

7.30 **Mastermind** John Humphrys puts the questions to four more contenders. (R/T)

8.00 **University Challenge** Jeremy Paxman asks the questions. (T)

8.30 **What To Eat Now** Valentine Warner unearths the very best ingredients, as he travels the length of Britain on a journey through the very best autumn food. (T)

9.00 **Amazon with Bruce Parry** Bruce Parry travels to a remote part of the Brazilian Amazon to explore what happens when the outside world makes contact with isolated tribes. (T)

10.00 **Harry and Paul** Sketch comedy series starring Harry Enfield and Paul Whitehouse. (R/T)

10.30 **Newsnight** (T)

11.20 **Today at Conference** Andrew Neil looks back at the day's events at the Conservative Party Conference in Birmingham. (T)

11.50 **Losing It: Griff Rhys Jones On Anger** Griff Rhys Jones takes a startlingly honest look at anger in himself and others. (R/T)

12.50 Ellery Queen (R/T) **1.40** Joins BBC News (T) **3.50** This Is BBC Two **4.00** A Picture of Britain (R/T) **5.00** Coast (R/T)

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Eli is stunned to learn the truth about Danielle. (T)

7.30 **Coronation Street** Sally and Kevin discover Rosie is missing. (T)

8.00 **The Tax Factor: Tonight** (T)

8.30 **Coronation Street** Jealous Tony spies Carla giving Liam a kiss. (T)

9.00 **Pieces of Execution** With bloody incriminating evidence and unsavoury photographs detailing his relationship with his step-daughter coming to light, Philip Hawkin is arrested in 1963 in connection with Alison's disappearance. (T)

10.00 **News at Ten and Weather** (T)

10.35 **Real Crime: The 30 Year Secret** The murder of 11-year-old Lesley Molseed in West Yorkshire in 1975 led to a 16 year miscarriage of justice, and it took a further 15 years before the real killer was caught. (T)

11.35 **Police, Camera, Action** Alastair Stewart and Adrian Simpson delve into the archives to seek out some of the worst drivers imaginable, then they make them take the current driving test. (R/T)

12.30 UEFA Champions League Weekly (T) **1.00** Nightwatch With Steve Scott: Crime (R/T) **1.55** Moving Day (T) **2.15** Moving Day (T) **2.40** Loose Women (R) **3.25** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.25** Will & Grace (R/T) **8.55** Frasier (R/T) **9.30** Britain's Deadliest Addictions (R/T) **10.00** Advertising Uncut (R/T) **10.30** Seven Ages of Britain (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** The Great Italian Escape (R/T) **1.05** Chateau Monty (R/T) **1.40** **FILM: Lost** (2004) Thriller starring Dean Cain, Ashley Scott and Danny Trejo. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **Dispatches: Cameron's Money Men** Antony Barnett investigates the funding of the Conservative party under the leadership of David Cameron, and examines how the party is using a record number of donations to ensure its leader becomes the next Prime Minister. (T)

9.00 **The Secret Millionaire** One of the richest men in Scotland, curry house king Charan Gill heads for Thetford, Norfolk, to join the thousands of local unskilled workers surviving on the minimum wage. (R/T)

10.00 **FILM: Croupier** (1998) An aspiring writer is hired as a croupier at a casino, where he realizes that his life as a croupier would make a great novel. Starring Clive Owen. (T)

11.50 **Party Poker Nations Cup 2008** Late-night poker action with Vicky Coren and Roland de Wolfe.

12.50 Freesports on 4 (R/T) **1.20** Dodge Urban Beach Tour 2008 **2.15** KOTV (T) **2.40** FIVB Beach Volleyball (T) **3.30** Triathlon: Ironman Uk (R/T) **4.00** Sarah Moves On (R/T) **5.30** All About Us - Crunch Time (R/T) **5.45** All About Us - Crunch Time (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.05** **FILM: Columbo Goes to the Guillotine** (1989) Crime drama starring Peter Falk, Anthony Andrews and Karen Austin. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)

7.30 **Top Trumps: Fire Engines** Robert Llewellyn and Ashley Hames test their knowledge of extreme machines. (T) (Followed by five news update)

8.00 **Fifth Gear** Motoring magazine show. (T) (Followed by five news at 9)

9.00 **FILM: Dude, Where's My Car?** (2000) Surreal teen comedy about two dim-witted, party animals who wake up one morning unable to remember where they left the car the previous night. As it contains gifts for their girlfriends, it is vital that the boys locate the vehicle, but while following up clues to its whereabouts - including a kitchen full of pudding - the dudes start to believe that they must have had a wilder night than first thought. Stars Ashton Kutcher, Seann William Scott and Kristy Swanson. (T)

10.45 **FILM: Evil Woman** (2001) Comedy about a couple of dim former high school buddies - and Neil Diamond fans - who set out to save another friend from marrying a fiendish and spiteful bombshell threatening to break up their three-way friendship. Stars Steve Zahn, Jack Black and Jason Biggs. (T)

12.35 Disorderly Conduct (T) **1.30** NFL **4.50** Race and Rally UK **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Hairspray: The School Musical **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Ross Kemp Meets The Glue Kids Of Kenya **9.30** Gangster Wives **10.30 FILM:** Rocky V **12.35am** Road Wars **1.35** Road Wars **2.30** Las Vegas Uncovered **3.25** Stargate SG-1 **4.20** Stargate SG-1 **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Airline **8.30** Planet's Funniest Animals **9.00** Hell's Kitchen USA **10.00** Coronation Street **10.30** Coronation Street **11.00 FILM:** The Sixth Sense **1.10am** Haunted Homes **1.50** Teleshopping **4.50** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** Britain's Really Disgusting Foods **9.00** Little Britain **9.30** The Wrong Door **10.00** EastEnders **10.30** Massive **11.00** Family Guy **11.20** Two Pints of Lager and a Packet of Crisps **11.50** Two Pints of Lager and a Packet of Crisps **12.20am** Britain's Really Disgusting Foods **1.20** The Wrong Door **1.45** Massive **2.15** Two Pints of Lager and a Packet of Crisps **2.45** Two Pints of Lager and a Packet of Crisps **3.15** Freaky Eaters **4.15** Don't Tell the Bride **5.32** Close

BBC4

7.00pm World News Today **7.30** Ways of Seeing **8.00** Max Beckmann at the Tate **8.30** Only Connect **9.00** 1001 Nights of the Late Show **9.40** Cityscapes **10.00** The Art of Arts TV **11.00** 1001 Nights of the Late Show **11.40** The Late Show **12.20am** Only Connect **12.50** The Art of Arts TV **1.50** Visions of Space **2.50** The Art of Arts TV **3.50** Close

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TUESDAY
September 30

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley are joined by guests and special reporters to take a look at stories from around the country. (T)

7.30 **EastEnders** Max's concerns about Bradley prompt him to go to extreme lengths in dealing with Callum. (T)

7.57 **BBC News and Regional News** (T)

8.00 **Holby City** The surgeons at Holby join forces to carry out the high-profile separation of the conjoined twins. (T)

9.00 **Mutual Friends** Comedy-drama series following the lives of a group of old friends. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** (T)

10.35 **Freaky Eaters: Addicted to Crisps** Series in which nutritionist Natalie Savona helps improve people's diets, while psychological coach Benjamin Fry tries to find the underlying reasons behind their addiction to bad food. (R/T)

11.35 **Film 2008 with Jonathan Ross** The latest film news and reviews with Jonathan Ross. (T)

12.05 **FILM: Tigerland** (2000) Gritty drama starring Colin Farrell. (T) **1.40** Weatherview (T) **1.45** Sign Zone: See Hear (R/T) **2.15** Horizon (R/T) **3.05** What To Eat Now (R/T) **3.35** Trawlermen (R/T) **4.05** Chinese Food Made Easy (R/T) **4.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under Revisited (R/T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Nigella Express** Nigella Lawson prepares good food quickly. This time she focuses on food to be eaten on the move. (R/T)

7.30 **Would Like to Meet Again** Claire Devlin was a single, loud party animal always up for a laugh which masked her deep sadness that she didn't have the long term relationship that she so desperately wanted. (T)

8.00 **Tiger Spy in the Jungle** David Attenborough narrates the lives of four growing tiger cubs using footage collected by hidden-camera-carrying elephants. (R/T)

9.00 **Losing It: Griff Rhys Jones On Anger** In the second and final film of the series, Griff Rhys Jones continues his investigation of anger in himself and others. (T)

10.00 **Later Live...with Jools Holland** Jools entertains a whole host of musical talent. (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Today at Conference** Andrew Neil looks back at the day's events at the Conservative Party conference in Birmingham. (T)

11.50 **The Supersizers Go... Wartime** Restaurant critic Giles Coren and writer and comedian Sue Perkins grab their ration books for one week and chomp their way through the food of 1940s WWII Britain. (R/T)

12.50 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Lily vows to help her son with his financial problems. Ross has some fun with Chas to take his mind off Donna. (T)

7.30 **UEFA Champions League: Arsenal v Porto** Steve Rider introduces live coverage from the Emirates Stadium of Arsenal's Champions League group stage game against Portuguese champions Porto. The two clubs met in this competition in the 2006-07 season, with the Gunners winning 2-0 at home with goals from Thierry Henry and Alexander Hleb. (T)

10.00 **News at Ten and Weather** Trevor McDonald and Julie Etchingham present a round-up of the day's news, followed by the national weather forecast and the latest news and weather in your region. (T)

10.40 **UEFA Champions League Highlights** Craig Doyle looks back at tonight's Champions League games. Arsenal take on Portuguese champions and 2004 winners Porto at the Emirates Stadium, Manchester United travel to Denmark to face champions Aalborg, and Celtic meet Spanish club Villarreal. (T)

12.00 Guinness Premiership Rugby (T) **12.55** LA Dragnet (T) **1.40** Loose Women (R) **2.30** The Jeremy Kyle Show (R/T) **3.25** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Will & Grace (R/T) **8.55** Frasier (R/T) **9.30** Schools: Britain's Deadliest Addictions (R/T) **10.00** Advertising Uncut (R/T) **10.30** Seven Ages of Britain (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** The Great Italian Escape (R/T) **1.00** Chateau Monty (R/T) **1.30** The Savoy: Checking Into History (R/T) **1.50** **FILM: Bullwhip** (1958) Western starring Guy Madison. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **The Sex Education Show** Anna Richardson hosts a series which aims to tackle the nation's sexual ignorance and reticence. Anna takes a fertility test to see whether, at the age of 37, she has left it too late to have a baby. (T)

9.00 **Jamie's Ministry Of Food (New)** Jamie Oliver tries to start a food revolution to get the people of Britain cooking fresh food. He travels to Rotherham to see if he can inspire a town to cook again, and recruits Julie Critchlow, dubbed a Burger Mum for passing takeaways through the playground railings, to help him after discovering her cooking talents. (T)

10.00 **Dawn Porter: Free Lover** Journalist and single woman Dawn Porter travels the globe to look at the different ways that relationships can work. (T)

11.05 **The Family** In this episode, two of the Hughes children have been keeping secrets from their mum and dad. (R/T)

12.10 Reaper (T) **1.05** **FILM: Dogville** (2003) Thriller starring Nicole Kidman, Harriet Andersson and Lauren Bacall. **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.00** **FILM: The Inheritance** (1997) Melodrama starring Meredith Baxter. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)

7.30 **Highland Emergency** Documentary series following the work of the emergency services in the Highlands of Scotland. (T)

8.00 **Megastructures: 747 Demolition** Documentary about the recycling of a decommissioned aeroplane. At the Evergreen Air Center in Arizona, a mammoth project is under way to break down and salvage the parts of a retired 747. (T) (Followed by five news at 9)

9.00 **CSI: Miami** Calleigh's career is on the line following her drastic actions during an attempted carjacking. An innocent woman dies at the scene and the star ballistics specialist faces a wrongful-death lawsuit. (T)

10.00 **CSI: NY** Mac and the team realise that an old enemy has resurfaced in the form of Suspect X, a trained assassin. (R/T)

11.00 **Law and Order: SVU** The detectives investigate when the conviction of a group of high-school bullies for torturing and murdering one of their own gang escalates the abuse at their exclusive private school. (R/T)

12.00 The FBI Files (R/T) **1.00** Disorderly Conduct (T) **2.00** NASCAR: The Sprint Cup **2.45** USPGA Golf **3.30** Golf: The Challenge **3.55** Golf: The Challenge **4.20** European Drag Racing **4.45** Race and Rally UK **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** American Gladiators **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** Uk Border Force **10.00** Prison Break **11.00** Inside: Alaska'S Toughest Prison **12.00am** Road Wars **1.00** Road Wars **1.50** Las Vegas Uncovered **2.40** Stargate SG-1 **3.30** Stargate SG-1 **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Katie & Peter: The Next Chapter **9.00** CelebAir **10.00** Katy Brand's Big Ass Show **10.30** **FILM:** The Sixth Sense **12.40am** Entourage **1.10** Secret Diary of a Call Girl **1.40** Teleshopping **4.40** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** Dog Borstal **9.00** Don't Tell the Bride **10.00** EastEnders **10.30** Coming of Age **11.00** Family Guy **11.20** Two Pints of Lager and a Packet of Crisps **11.50** Two Pints of Lager and a Packet of Crisps **12.20am** Don't Tell the Bride **1.20** Dog Borstal **2.15** Coming of Age **2.45** Two Pints of Lager and a Packet of Crisps **3.15** Two Pints of Lager and a Packet of Crisps **3.45** The World's Strictest Parents **4.40** Spendaholics **5.32** Close

BBC4

7.00pm World News Today **7.30** Ways of Seeing **8.00** Wild China **9.00** That Mitchell and Webb Look **9.30** Flight of the Conchords **9.55** London to Brighton in 4 Minutes **10.00** The Book Quiz **10.30** Fanny Hill **11.30** Imagine... Fantastic Mr Dahl **12.30am** Arena at 30 **1.30** Only Connect **2.00** Fanny Hill **3.00** Only Connect **3.30** Flight of the Conchords **4.00** Close

MK TAKEAWAYS
YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Krispy Pizza
*7 days collections only (£3 extra for delivery)

Buy 1 Get 1 FREE*	9" 6 slices	12" 8 slices	15" 12 slices
Extra Toppings	75p	£1	£1.20
Margherita V	5.75	7.95	8.99
Mozzarella cheese, tomato sauce with herbs			
Napolitana	7.95	9.95	10.99
Mozzarella cheese, tomato sauce mushrooms and green peppers			
Pepperoni Plus			
Mushroom, onion & extra pepperoni			
Kentucky BBQ	7.50	9.45	11.50
Barbecue chicken, onions, green peppers & barbecue sauce			
Hawaiian			
Turkey ham, pineapple			
Farmhouse			
Turkey ham, & mushrooms			
Vegetarian V	7.50	10.50	11.50
Tomatoes, green peppers, sweetcorn & mushrooms			
Vegetarian Hot) V			
Green chilli, jalapeno, tomato, onions & olives			
Seafood	8.50	10.95	12.95
Prawns, tuna, garlic sauce, anchovies & tomato			
Tikka			
Chicken tikka, green peppers, onions, mushrooms & tomato			
Meat Deluxe			
Pepperoni, salami, spicy beef & turkey ham			
Krispy Special			
Turkey ham, pepperoni, mushrooms, onions, green peppers & salami			
The Sizzler			
Sundried tomatoes, garlic sauce, cheese, pepperoni, green peppers, onions, jalapeno peppers, tandoori tikka & herbs			

V = Suitable for Vegetarians) = Hot

Burgers

	1/4lb	Meal Deal with chips & can 1/4lb
Cheese Burger	2.50	3.50
Beef Burger	2.25	3.45
Chilli Burger	2.30	3.55
Hawaiian Burger	2.40	3.90

Krispy Chicken

1 Piece & Fries	2.00
2 Pieces & Fries	3.00
3 Pieces & Fries	4.00
4 Pieces & Fries	5.20
6 Pieces & 2 Fries	8.50
7 Pieces & 2 Fries	9.50
10 Pieces & 4 Fries	12.90
Chicken Nuggets (8pcs)	1.89
Chicken Strips (4pcs)	1.89
Chicken Wings (6pcs)	1.50

Extras

Small Fries	1.00
Large Fries	1.40
Garlic Bread	1.49
Garlic Bread with Cheese	1.95
Garlic Mushrooms	1.85
8 delicious garlic mushrooms encased in a golden breadcrum served with two garlic & herb dips	
Potato Wedges	2.25
per portion with 2 dips	
Coleslaw	0.69
Onion Rings	1.20
Italian Salad	2.29
Meat Samosa (each)	0.60
Vegetable Samosa (each)	0.50

Kebabs

	Small	Large
Donner Kebab	2.85	3.95

Grill

Lamb Shish	4.25
Chicken Shish	4.25
Mix Shish	5.50

Drinks

Cans	0.60
Bottles of Pop 1.5ltr	1.69

Ice Cream

Haagen Daza (500ml)	4.49
Vanilla, Cookies & Cream, Strawberry, Chocolate, Baileys, Pralines & Cream	
Hot Apple Pies	0.79

FREE HOME DELIVERY
Please mention offer when ordering. Minimum order £7.99 within limited areas. Call for details
MK 649 674
9 Melrose Avenue, Bletchley, Milton Keynes MK3 6PB

KEBAB HUT
RESTAURANT AND TAKEAWAY
GOOD FOOD AWARD 2007

KEBABS

	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish (naan)	£3.50	£4.20	£3.99
Chicken Doner (naan)	£3.90	£4.90	£4.49
Chicken Tikka (naan)	£3.90	£4.90	£4.49
Lamb Tikka (naan)	£3.90	£4.90	£4.49
Mix Kebab (naan)	£4.50	£6.00	£5.50

Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans) £13.50

BURGERS

Chicken / Fish / Veggie / Bean / ¼lb	£2.50
Burger Meals (excl. ½lb)	£3.49

BIRYANI

Plain / Chicken / Lamb /Veggie	£4.50
Biryani Meal Deal (any biryani & can)	£5.00

CHICKEN

1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

CURRIES

Chicken / Lamb / Veggie Korma	£3.50
Haleem	£3.50
Aloo Gobi	£3.50
Chicken Jalfrezi	£3.50
Chana Masala	£3.50
Tandoori Roti	£1.00
Naan	£0.50

"Tastiest Food in MK, come and eat-in with us"
01908 222 224
FREE DELIVERY "£8 min order, 3 mile radious, from 5pm".
Opening hours: Fri-Sat 12pm-1am, Sun-Thur 12pm-12am
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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Chefz 01908 56 76 76
Open 5pm - 1am

APPETISERS
2 Vegetable/Meat Samosas £1.70
Onion Bhaji £1.75
Aloo Chat £2.10
Pakora £2.30
Chicken Pakora £2.60

TANDOORI SPECIALITIES
Chicken or Lamb Tikka £2.20
2 Sheek Kebab £2.20

VEGETABLE DISHES
Vegetable Curry £2.00
Saag Aloo £2.00
Tarka Daal £2.00
Bombay Aloo £3.50

CURRY'S
Main Chefz Dishes
Curry Dishes – Chicken or Lamb £4.45
Korma Dishes – Chicken or Lamb £4.45
Karahi Dishes – Chicken or Lamb £4.45
Achari Dishes – Chicken or Lamb £4.45
Chicken or Lamb Jalfrezi £5.50
Madras Dishes £4.45
Vindaloo Dishes £4.45

PRAWN AND SPINACH DISHES
Chicken or Lamb £4.25
Prawn Jalfrezi £5.50
King Prawn Jalfrezi £7.00

BIRYANIS
Chicken or Lamb Biryani £5.50

CHEFZ SPECIALS
Chicken Tikka Masala £5.20
Garlic Chilli Chicken £4.25
Rhogan Josh £4.25

BASMATI RICE AND NAAN BREAD
Pilau Rice £2.60
Shada Rice £2.50
Naan £1.50
Keema Naan Bread £1.80
Chilli Naan Bread £1.50
Garlic Naan Bread £1.70
Tandoori Roti £0.60

ACCOMPANIMENTS
Chutneys £0.60
Mixed Green Salad £1.50
Raitha (cucumber or mixed) £1.60

THIS WEEK ONLY
ANY CURRY
£2.99

MK Takeaways
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Pizza Tonight! 01908 56 76 76
Open 5am - 1am

BUY 1 - GET 1 FREE
Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

Thick crust or thin crust	Medium 10" Round only 4 pieces	Large 13" Round only 8 pieces	X-Large Round only 10 pieces
Cheese and Tomato - *Cheese and tomato*	£6.49	£8.49	£9.99
Tuna Treat - *Tuna, red onion & Jalapenos or chillies*			
Kashmiri - *Chilli, chicken tikka, pineapple and red onions*			
Pepperoni Feast - *Double pepperoni, double cheese*	£7.99	£9.99	£11.99
Hot Chicken - *Grilled chicken, mushrooms, sweetcorn, jalapenos*	£8.99	£10.99	£13.99
NEW! BQ Chicken - *BBQ grilled chicken, peppers, mushrooms and onions*			
Chicken Supreme - *Chicken, mushrooms, green peppers & red onions*			
Vegetarian (V) - *onions, peppers, tomatoes*			
Beefeater - *beef, pepperoni, onions*			
HOT Triple Chilli Feast - *Jalapenos, chilli & peppers with beef or chicken*			
Hawaiian Special - *Ham, pineapple and sweetcorn*			
Farmhouse Special - *Ham, onions and mushrooms*			
NEW! Full English - *Fried mushrooms, fried onions & fried tomatoes, ham, beef*			
NEW! Chefz Desi Style - *Donor, beef, chicken, onions, peppers & chillies*			
Veggie Special (hot) - *onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn*			

Chicken Bucket Deal - *8 pieces chicken, 4 chips* £8.99

Kiddies Meal - *4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink* £2.50

THIS WEEK ONLY 8 pieces of chicken, 4 chips £6.99
THIS WEEK ONLY ANY 13" PIZZA FROM SET MENU £5.99
THIS WEEK ONLY Regular Donner Kebab £1.99

Mister Chef
Indian Takeway & Balti Cusine

Spice up your night with quality food freshly home at rock cooked. Bottom Price

FREE HOME Delivery
(On order over £17.00 within the Milton Keynes Area)
minimum order £15 for Stoney Stratford & Newport Pagnell

10% DISCOUNT
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Special Offer 1
Order over £12.50
RECEIVE FREE
2 Chicken Tikka (st) or 2 Onion bhajee (st) 1 Bombay Potato, Mint Sauce & Onion Salad

Special Offer 2
Order 2 Batti Dishes
RECEIVE FREE
2 Papadoms, 2 Chicken Tikka (st) or 2 Onion Bhajee (st) 2 Bombay Potato, 2 Pilar Rice, 2 Nan, 2 Soft Drink, Mint Sauce & Onion Salad

Starters
Onion Bhajee £2.05
Garlic Mushroom £2.35
Chicken Tikka Roll £2.50
Prawn Puree £2.95
Veg Samosa £2.05

Tandoori Specialities
Chicken Tikka £5.15
Chicken Shashlick £7.15
Tandoori Chicken 1/2 £4.15

Traditional Dishes

	Chk	Meat	Prawn
Korma	£4.15	£4.15	£4.70
Rogan	£4.15	£4.15	£4.70
Bhoona	£4.15	£4.15	£4.70
Pathia	£4.15	£4.15	£4.70
Vindaloo	£4.15	£4.15	£4.70
Donsak	£4.15	£4.15	£4.70

Tikka Special Curry Dishes
Chicken or Lamb Tikka Kurma £6.55
Chicken or Lamb Tikka Curry £6.45
Chicken or Lamb Eikka Methi £6.55
Chicken or Lamb Tikka Sona £6.55

Chef's Recommendation
Tikka Chicken or Lamb Palak £5.55
Tikka Chicken or Lamb Chicken £5.55
Tikka Chicken or Lamb Donia £5.55
Tondoori Chicken Somosa £5.55

Balti Dishes
Balti Prawnphall £9.95
Balti Chicken Curry £7.50
Balti Mixed Bhajee £8.50
Balti Tondoori Chicken £7.50

Set MEALS

1 Person £7.50
1 Meat Samosa, 1 Chicken Tikka Mossia, 1 Bombay Potato, Pilow rice + Nan, 1 Popadoms.

2 Person £14.50
2 Onion Bhajee, 1 Chicken Korma, 1 Meat Rogan, 1 Mushroom Bhajee, 2 Pilow Rice, 1 Nan, 2 Popadoms, 1 Manjo Chutrey.

4 Persons £29.50
4 Chicken Tikka (st), 1 Chicken Rogon, 1 Meat Dupiaza, 1 Chicken Tikka Massala, 1 Prawn Sag, 1 Vegetable Curry, 1 Mushroom Bhajee, 4 Pilow Rice, 4 Nan, 4 Popadoms.

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Can't eat 2? We will deduct £2 off from 10", £3 off 12" and £4 off 16"
Free 1.5 ltr soft drink on orders over £16

PIZZAS	10" Deep Pan	12" Deep Pan	16" Deep Pan
Margarita-Cheese & Tomato	£7.50	£9.50	£13.95
Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives,Onion,Sweetcorn, Peppers & Pineapple Seafood-Cheese,Tomato,Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza- Cheese, Tomato,Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato,Bolognese, Onion, Peppers Hot & Spicy- Cheese, Tomato, Pepperoni, Spicy Beef,Chilli,Onion & Peppers Meat Feast- Cheese, Tomato,Pepperoni, Spicy Beef,Salami,Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95
Create Your Own Pizza Extra Toppings	75p	95p	£1.15

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB SHISH KEBAB CHICKEN KEBAB 3X PITTA BREAD COLESLAW FRESH SALAD
£10.95

MEGA PIZZA PACK
16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS,COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£10.99
Opening Times: Friday & Saturday 4.30pm to 2.30am; Sunday - Thursday 4.30pm to Midnight

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb / 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 / £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 / £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 / £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

MK 320 770
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SORRY NO CHEQUES ACCEPTED (MINIMUM ORDER £7.00)

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BUY ONE 16 INCH GET 2X10 INCH FREE

Food Rating from MK Council
★ ★ ★ ★

Buy One 16" Get Two 10" FREE upto same value
Buy One Get One FREE upto same value
FREE 1.5 Litre Soft Drink with every order over £16

Side Orders
Garlic Bread (4 pieces) £1.75
Onion Rings (10 pieces) £1.80
Garlic Mushrooms & Dip £2.80
Potato Skins (5 pieces) £3.00
Potato Wedges £2.60
French Fries £1.20

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Thursday Evenings 5.30 - 11pm
5 Course Meal Served.
Only £9.95 per head.

SUNDAY BANQUET
12 Noon - 11pm

KASHMIR NIGHT
Every Wednesday 5 Course Meal
and a glass of wine only £9.95 per head

Starters:
King Prawn Butterfly £3.95
Reshmi Kebab £2.95
Somosa. £2.50
Onion Bhajee. £2.50
Chicken/Lamb Tikka £2.50
Aloo Chat. £2.50
Kakuli Kebab £2.50
Garlic Mushrooms. £2.50
Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers £6.95

Chefs Recommendations:
Gost Kofta Special £6.95
Chicken/Lamb Korai £5.95
Achari Chicken or Lamb. £6.95
Chicken/Lamb Tikka Rehun. £5.95
Chicken/Lamb Tikka Jalfrezi. £5.95
Tandoori King Prawn Korai £9.95
Chukla Tandoori King prawn £9.95

Chefs Special for 1, 1 Onion Bhajee (st), 1 Chicken Korma, 1 Sag Aloo, 1 Pilau Rice, 1 Nan Bread £9.95

House Specialities:
Tawa Gosht £7.95
Duck Special. £7.95
King Prawn Begun. £7.95
Chicken/Lamb Rezalla. £7.95
Chicken Zalfrani £7.95
Jhinga Jhole £9.95

Seafood Specialities:
Salmon Achari £8.95
Ayr Bhuna. £8.95
Tuna Massala £8.95
Salmon Ki Bhuna. £8.95

Traditional dishes also available starting at £4.95. Veg dishes starting at £3.95.

OPEN 7 DAYS A WEEK
Lunch: Midday - 2pm. Everyday.
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8 Church Street, Wolverton, Milton Keynes MK12 5JN

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperonni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
ADDITIONAL TOPPINGS £1				
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

ADDITIONAL TOPPINGS £1

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	0.35
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	1.50
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

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Only on large and extra large pizzas

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2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO

Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE

Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS

85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

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DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

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Vegetarian

Cheese & Tomato	£6.95	£8.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£9.95	£12.95	£14.95
Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following — £0.90 £1.00 £1.10

Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,
Ham, Spicy Pork	Mexican Chicken		Fresh Tomato, Green Chillies
Beef			Aubergine, Fresh Garlic,
			Jalapeno peppers, Black
			Olives, Spinach, Broccoli

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (5pcs) with cheese	£3.95
Pototo Skins (5pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (6pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.50
Green Salad	£2.50	Coleslaw	£1.50

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream	£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee	£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffi Pie	£2.50

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70

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& 2 cans of soft drink.
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(save up to £4.00)

Big Deal
Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bottle of Soft Drink.
£14.95 (save up to £4.00)

Triple Choice
Any 3 Pizzas*
3 Medium £17 - 3 Large 12" £22
3 Supersize 15" pizzas £27

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11.30 - 4.30 Mon - Thurs
One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £6.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)

2's Special
Any 2 Pizzas*
10.5" - £13.90
12"- £16.90 15"- £18.90

Double Deal
Any 2 large 12" Pizzas, 2 Dips
2 Starters & Bottle of soft drink.
£20.95 (save up to £6.00)

Beat the clock! only £10.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

Free Haagen-Dazs Ice cream with every order of £15.95
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DAILYLIFE

THURSDAY
FREE Korfball Beginners Taster Session, 8.30-10pm. Courtside Sports Hall, MK College. Inspired by the Olympics to take up a new sport? Although not in Beijing, korfball is Olympic-recognised and is one of MK's fastest growing sports! It's played by mixed-sex teams and like basketball/handball but better! This session is run by MK Bucks Korfball Club and is a chance to try out the sport with other beginners.
Call: 07908 913872

SATURDAY
Shenley Leisure Centre. Spare Parts, a covers band with a penchant for Status Quo.
Website: www.shenleyleisure.org.uk

QUIKSILVER British Big Air Championships. SNO!zone. The 2008 British Snowboard and Freeski Tour slides into Milton Keynes to host the Quiksilver British Big Air Championships and dedicated Schools Tour. The British Snow Tour looks forward to discovering fresh talent, crowning new British Champions and inspiring future ones by giving away 100 FREE lessons.
www.britishsnowtour.com

ROCKING Horse Nights: After The Lights. Stony Stratford. Stony's White Horse continues its LAST SATURDAY season with local veterans, After The Lights. If you like your music FREE, don't mind Bad Company, and are even prepared to go Deep Purple with pleasure, then come along at 9pm, armed with £ZERO entry fee, until which time you won't have heard nothing yet. Phone 567082 for more details.

SUNDAY
BLUEPRINT. Woughton Leisure Centre. Live band in the theatre at lunchtime (1pm). FREE entry, families welcome.

MONDAY
MACMILLAN Coffee Morning. Bow Brickhill C of E school, Station Road. The Rotary Club of the Brickhills is holding a coffee morning in aid of the MacMillan cancer care charity. There will be a large range of home made cakes and biscuits on sale as well as greetings cards and jewelry. 10am-12.30pm.
E-mail: ehs@brickhillsrotary.co.uk
Website: www.brickhillsrotary.co.uk

TUESDAY
HUMBLE Boy - London Classic Theatre Company. Stantonbury Campus Theatre. Following the sudden death of his father, thirty five year old felix returns to his home and his difficult and demanding Mother. After a chaotic funeral and the disappearance of his father's prized bees, it becomes clear to Felix that life at the Humble home will never be the same again. 7.30pm. £10.50 concessions £8.50.Suitable for ages 14 plus.
Contact: Box Office 01908 324422

WEDNESDAY
CITY Breakfast Club. Novotel Milton Keynes, Linford Wood . Monthly networking breakfast. By sponsors' Invitation or visit www.citybreak-fastclub.co.uk. 7:45am-9am

X FACTOR Speed Dating. Revolution Bar, Milton Keynes. Join X Factor Dates for a great singles evening. Your chance to date up to 20 singles (ages 23-35) or just meet new like-minded people in the stylish relaxed surroundings of the Loft Bar at Revolution. Speed Dating guests are greeted by a host and icebreakers on arrival.
Email: susan.tran@talk21.com

■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

TRAVELLIFE

BEAULIEU
New Forest

IT is said that Hampshire's New Forest has not changed since it was used as his hunting forest by William the Conqueror, shortly after he took control of this country in 1066 - and I bet it rained then as well.

For as we arrive in this picturesque part of England the rain is falling in buckets and showing little sign of stopping.

That does not put off the many waterproof clad walkers 'enjoying' the somewhat wet and wild rolling hills that adjourn this part of England's green and pleasant land.

Not being well protected ramblers, my wife and I decide to indulge in a more pleasant form of liquid; a quick pint in Monty's, the compact but cosy pub which forms part of Beaulieu's New Montagu Arms, our home for the weekend.

Situated in the heart of the New Forest, Beaulieu is one of South England's most popular attractions.

Aside from its quintessentially English location, this small village boasts, to coin a favourite tourism phrase, 'something for everyone.' The world famous National Motor Museum, Beaulieu Abbey and the spectacular Montagu family home, Palace House, are all crammed within the ancestral family estate.

But exploring these sites is postponed - rain stopped play - so Saturday is spent enjoying the luxury Montagu Arms.

The hotel provides everything you need for that extra special romantic getaway, with beautifully tended gardens, a spa and magnificently furnished rooms, complete with a four-poster bed.

The rooms include en-suite bathrooms, a small lounge style enclave that includes a television and a writing desk and, of course, the central sleeping area. With room service available and freshly brewed morning tea and coffee delivered to your doorstep, complete with the morning paper of your choice, its my guess that many honeymooners don't leave these rooms during their stay.

But for those who do The Terrace Restaurant is well worth a visit.

Voted Hampshire Restaurant of the Year 2007 by Which? Good Food Guide, The Terrace combines delicious fresh ingredients with fine wines, all presided over by Michelin starred chef Shaun Hill.

Ignorant diners such as myself can also count on the faultless knowledge of the waiting staff, one of whom kindly explained to us the properties and uses of the salsify which accompanied my wife's main course.

For those as uneducated in these matters as us, salsify is a root vegetable, which our waiter tells us is generally tasteless, but takes on the style of whatever it is cooked with, in this case red wine.

From a drink while studying the menus beforehand, to the delights of the meal itself to the decadence of tea and cakes in the lounge afterwards, The Terrace provides the complete dining experience.

After that its all you can do to drag yourself up to four-poster heaven for a complete night's sleep - and a prayer for sun in the morning.

The new day dawns, and after a bleary eyed shower to remove the effects of yesterday's second large glass of red wine, and with it our prayers are answered.

Beaulieu in the sun is a pretty, tourist village and the hotel is only a short walk from the area's attractions.

The Montagu estate is perhaps most famous for the National Motor Museum, which contains more than 250 vehicles. This eclectic collection includes gems such as Del and Rodney Trotters' Reliant Robin, a display of huge cars in which daredevil drivers broke numerous land speed records and the James Bond collection of the super spie's sexy cars.

For anyone with a real interest in cars and motorbikes this is an all day show, but for us that would have meant missing out on the chance to sample the fabulous Beaulieu Abbey.

Founded in 1204 by Cistercian monks on land given to them by King John, the Abbey suffered at the hands of Henry VIII during the Dissolution of the Monasteries which saw England become a Protestant country.

Despite Henry's charges destroying much of the Abbey, visitors can still walk through serene Cloisters which were later used by Second World War resistance fighters to train in and reflect on the beauty of life before they were sent to Europe to fight Hitler.

The close at hand Secret Army Exhibition tells more of the harrowing adventures of the Special Operations Executive (SOE), who used Beaulieu as a finishing school for its sabotage and subterfuge plans against Nazi Germany.

The 13th century Great Gatehouse of Beaulieu Abbey overlooks the whole estate. It has been home to the Montagu family since 1538 and still houses them today. Kept in a Victorian style, the Palace House gives an insight into the lives of those people who presided over the estate at that time.

No wonder this place was called Beaulieu - beautiful place 'en Francais'.

CRAIG LEWIS

The Montagu Arms Hotel
Beaulieu, New Forest, Hampshire, SO42 7ZL
Tel: 01590 612324
Fax: 01590 612188
E-Mail: reservations@montaguarmshotel.co.uk
www.montaguarmshotel.co.uk
www.beaulieu.co.uk

MKGALLERY 676900

Anthony Howell and Lindi Kopke

TANGO SCHUMANN
Live Art Event at Milton Keynes Gallery

A Tango Performance by Anthony Howell and Lindi Kopke together with a screening of two short videos of Howell's performance art.
Friday, September 26. 7.30pm.

AN opportunity to see former Royal ballet dancer, poet and performance artist Anthony Howell and his dance partner Lindi Kopke premiere an exciting new piece, a performance of the Argentinian Tango to the music of Irish composer and pianist John Field.

Howell and Kopke are committed to finding ways to refresh visual performance and dance. In order to bring the dance closer to their own musical roots, Howell and Kopke remove all reference to the Latin American origins of Tango by interpreting the works of German composer Robert Schumann and other classical composers.

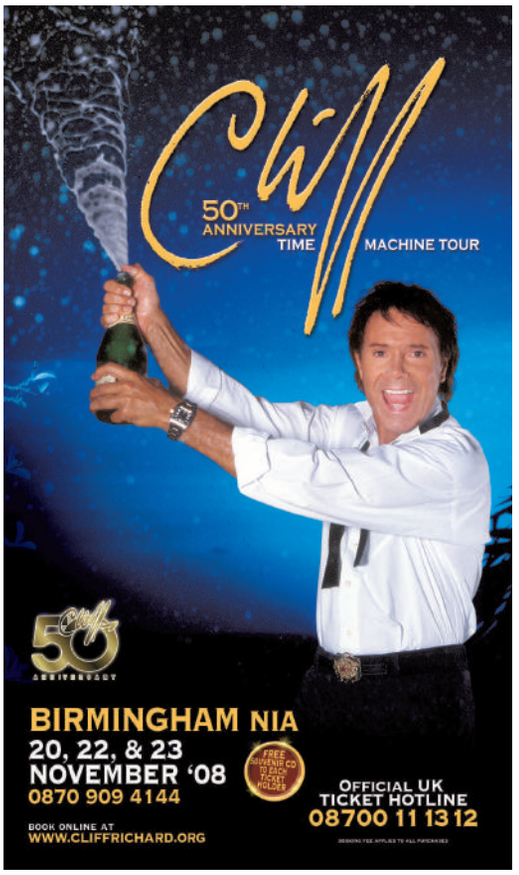
The evening will begin with the consecutive showing of two short videos of Howell's performance art; Homage to the Horses and The World Turned Upside Down. After a short interval Howell and Kopke will dance a conventional Tango, followed by their homage to the Irish composer John Field, and finally Traumerei by Robert Schumann.

"Homage to the Horses" is a film of Howell's performance - The Return of the Horses to the Manege - for the 2nd International Festival of Experimental Art and Performance, held at Manege Central Exhibition Hall, Saint Petersburg, Russia in 1998. The Manege is now an exhibition hall, but it used to be the Imperial Riding School before being turned into a taxi depot. Howell brought two horses back into the building for the first time since the Revolution. The film is made entirely from hi-8 footage given to Howell by spectators.

The World Turned Upside Down choreographed and performed by Anthony Howell (with co-performer Lorna Stewart), is a film directed by Jayne Parker, first shown on BBC TV in 2002. It features top 'heel to music' performing dogs.

Event lasts 45-60 minutes. Admission FREE, but spaces limited. Pre-booking essential on 01908 676900.

■ For further information about Tango Schumann please visit www.tangoschumann.com



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INSANITY IS DOING THE SAME THING AGAIN AND AGAIN AND EXPECTING DIFFERENT RESULTS - Anon

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WAVENDON MILTON KEYNES

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MICHAEL ROACH
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Tickets £9.50 in advance, £11.50 on the door

Friday 26 September - 8pm
BEST EVER BLUES BROTHERS
Come and shake a tailfeather at the best rhythm and blues party in town!
Tickets £21.50

Friday 26 September - 8.45pm
STEVE GIFFORD
Accomplished stage performer with his mix of soulful ballads and intimate lyrics.
Tickets £12

Saturday 27 September - 8pm
THE REAL THING
Original vocalists of the 70s hit band with their huge hits and other disco classics.
Tickets £22.50

Saturday 27 September - 8.45pm
CHRIS SMYTH & DANIELA BOVE
Local heroes co-headlining in the first of our M1 Music nights.
Tickets £9.50 in advance, £11.50 on the door

01908 280800
* Booking Fee of £2.50 per transaction applies to all telephone sales *

GET ACTIVE IN OCTOBER

WITH TheParksTrust MILTON KEYNES

Wed 1
BuggyFit
Meet new friends and get fit in the parks.
Shenley Wood 10.00-11.15 £2

Sat 4
Scrumptious Apple Day
Celebrate World Food Day with appley fun at Milton Keynes' community orchard.
Woughton Orchard 10.00-12.00 £2.50*

Sun 5
Orienteering
Mystified by maps and confused by compasses - join the South Midlands Orienteering Club. www.smoc.info
Shenley Wood 10.00-12.00 £2

Sat 11
Leaves & Trees
Enjoy the awesome autumnal colours on this guided walk.
Tree Cathedral 2.00-4.00 £2.50*

Sun 12
Easy Riders
Discover Milton Keynes cycle ride.
Wolverton 10.00-1.00 free

Tue 14
Women's Walking Network
Get to know your parks and meet new friends.
Linford 10.00-12.00 £1

Sat 18
Fungi Foray
Join this guided walk in search of edible fungi.
Linford Wood 10.00-12.00 £2.50*

Thu 23
Pushchairs in the Park
Follow the trail of cuddly toys.
Newlands 10.00 -11.30 free

Sat 25
Feed The Birds Day
Learn about feeding birds with the RSPB.
Campbell Park 2.00-4.00 free

Mon 27
Autumn Storytelling
Discover more about the mythology of trees.
Howe Park Wood 10.00-12.00 £2.50*

Tue 28
Halloween Hocus Pocus
Crafts, games and spooky fun.
Campbell Park 9.30-11.30 or 12.00-2.00 £2.50*

Wed 29
Let's Go Conkers
Choose your toughest nut and become a conker conqueror.
Tree Cathedral 10.30-12.30 £2.50*

Fri 31
Ghoulish Trails and Tales
Celebrate the horror of Halloween and join a ghostly trail.
Secret location provided on booking 6.00pm or 7.00pm £3.00*

*** Booking required – call 01908 255379 to reserve your place.**
For full details of all these events visit: www.theparkstrust.com

MKNEWS

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THE DEFINITIVE GUIDE TO YOUR NEXT HOME IN AND AROUND MILTON KEYNES

MK PROPERTY

September 24, 2008 | FREE inside MKNEWS | www.mk-news.co.uk

Village four-bed home set in five acres with stabling

A CHARACTER equestrian property in the village of Hanslope.

This stone built detached cottage is approximately 200 years old situated at the end of a long track offering grounds approaching five acres, an all weather menage, American barn stabling and tack room.

The accommodation briefly comprises; cloakroom/shower room, utility, lounge, dining room, kitchen/breakfast room, four bedrooms and family bathroom.

The property is adjacent to and overlooks an equestrian cross-country course with countryside views. Extensive gravel off road parking and and large garden lawn area.

Offers invited over £645,000

Call Taylors Executive Homes on (01908) 240981.

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436 Midsummer Boulevard

Tel: 01908 240981
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Walton Park — O.I.O £500,000

An extremely well presented and rarely available Pasadena style house built within an exclusive development of California style properties

*Lounge/diner *Living room * Kitchen/diner* Conservatory *Study * Three bedrooms and two en-suites* Double garage.

Broughton Village — £750,000

A spectacularly presented 'Kensington' built modern detached home positioned in a row of only three houses and boasts:
*Large kitchen/dining and family area *Four further reception rooms *Five double bedrooms* Three en suites* Master with walk-in dressing room* *Landscaped rear garden* Block paved driveway * Double garage.

Emerson Valley — O.I.O. £385,000

A detached property on a generous plot and boasts:

*A substantial & private plot
*3 reception rooms
*4 bedrooms
*Gated access to gravel driveway
*Double garage *Generous approximately south west facing garden.

BEST PRICED PROPERTY — O.I.O. £300,000

Well presented detached property on generous plot in Emerson Valley which boasts:
*3 Reception rooms * Kitchen/breakfast * Conservatory * Four bedrooms * Two en suites * Double garage * No Upper Chain.

Kingsmead — £395,000

Taylors estate agents are delighted to offer for sale this five bedroom detached property which boasts: The property in briefly comprises a *Lounge* Dining room *Kitchen/breakfast *Family bathroom *Five bedrooms *Two en suites *Two further bedrooms with jack and jill bathroom *Garage *Off road parking and rear garden. An internal viewing is highly recommended.

Monkston Park — £395,000

Immaculately presented detached property which boasts:
*Beautiful kitchen/family room
*Lounge
*Utility and cloakroom
*Five bedrooms
*Two en suites and family bathroom. This property also boasts *Generous block paved parking
*Detached double garage.

Downhead Park — O.I.O. £600,000

A unique opportunity to purchase this south facing residence situated on a corner plot designed by Edward Cullinan Architects which boasts:
*Versatile accommodation over four levels *Substantial lounge with high ceilings
*Galleried family room with a balcony overlooking the garden *Four reception rooms *Five bedrooms *Three en suites & Family bathroom *Private gated driveway with a double garage *Private gardens and beautiful patio.
Call (01908) 240981 to arrange a viewing.

Hanslope — £449,950

A rare opportunity to purchase a detached bungalow in a rural setting which boasts:
*Private and generous plot *Block paved parking for numerous vehicles * Lounge* Farmhouse style kitchen/diner with log burning feature fireplace* 4 bedrooms/reception rooms* utility and 3 bathrooms.

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Central

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Crownhill — Guide Price £225,000

* Three Bedroom Detached Property
* Entrance Hall
* Kitchen
* Downstairs Cloakroom
* Dining Room
* Conservatory
* Ensuite to Master
* Gardens, Garage & ORP

Shenley Brook End £254,995

* Four Bedroom Detached Property
* Extremely Well Presented
* Downstairs Cloakroom
* Lounge & Dining Room
* Kitchen/Breakfast Room
* Utility
* Master Bedroom with En-Suite
* Front & Rear Gardens

Broughton — £184,995

* Two bedroom apartment
* Entrance Hall
* Bathroom
* En-suite
* Kitchen
* Lounge/diner with balcony
* Off road parking
* A viewing is highly recommended!

A recent happy customer wrote;

"Dear Sirs, I have had the best service I've ever had. Everything was so transparent and I had guidance every step of the way - especially being a first time buyer.
I would recommend the service of Taylors to a friend. Lisa and Gareth have been a fantastic help. Hands up to them both.

Many Thanks

Lorraine

P.S Keep up the good work!!"

Bradwell Village — Guide Price £172,500

* Three Bedroom Semi-detached Property
* Entrance Hall
* Refitted Kitchen/Breakfast
* Study
* Downstairs Shower room/Utility
* Lounge
* Gardens
* Off road Parking

Central Milton Keynes £119,995

* Two Bedroom Apartment
* Communal Entrance
* Entrance Hall
* Lounge
* Kitchen
* Bathroom
* Off Road Parking

Springfield — Guide Price £250,000

* Five Bedroom Detached Property
* Entrance Hall
* Downstairs Cloakroom
* Kitchen
* Dining Room
* Study
* Ensuite to Master
* Gardens

Two Mile Ash — £160,000

* Well Presented
* Extended Terraced
* Three/Four Bedroom
* Double Glazing
* Study/Bedroom Four
* Workshop

Bolbeck Park — Offers Over £399,000

* Four Bedroom Detached Property
* Lounge
* Study
* Breakfast Area
* Kitchen & Utility Room
* Downstairs Cloakroom

Willen — OIEO £180,000

* Three Bedroom Link-detached Property
* Entrance Hall
* Lounge/Diner
* Kitchen
* Family Bathroom
* Gardens
* Garage
* Off Road Parking

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email: bletchley@taylorscountrywide.co.uk

WHAT DOES YOUR BOARD SAY?

We urgently require 3 bed properties for waiting buyers in the west of Milton Keynes. Can you Help? Call Taylors Westcroft on 01908 524456!

Fenny Stratford £109,995

* Two Bedrooms
* First Floor Flat
* Central Heating
* Double Glazing
* Re-fitted Kitchen
* Re-fitted Bathroom
* Off Road Parking
* No Upper Chain

'Scotts' £180,000

* Three Bedrooms
* End of Terrace
* Central Heating
* Double Glazing
* Entrance Porch
* Separate Reception Rooms
* Conservatory
* Off Road Parking

Tattenhoe

* Three Bedroom Detached Property
* Cloakroom
* Kitchen
* Lounge/Dining Room
* Conservatory
* Family Bathroom
* Front & Rear Gardens
* Garage

Tattenhoe

* Two Bedroom Terraced Property
* Entrance Hall
* Kitchen
* Lounge
* Family Bathroom
* Rear Garden
* Allocated Parking
* A Viewing is a must!

'Poets' £169,995

* Three Bedrooms
* Semi-detached
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Off Road Parking
* Garage
* Gardens

'Rivers' £169,995

* Four/Five Bedrooms
* Semi-detached Property
* Separate Reception Rooms
* Cloakroom
* Kitchen/Breakfast Room
* Off Road Parking
* Gardens
* No Upper Chain

Westcroft

* Four Double Bedroom Property
* Detached
* Downstairs Cloakroom
* Lounge & Dining Room
* Kitchen & Utility
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Double Width Driveway & Garage

Kingsmead OIEO £200,000

* Four Bedrooms
* Kitchen/Breakfast Room
* Dining Room
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Garage
* Call 01908 524456!

SOLD (STC) IN 24 HOURS!! West Bletchley £155,000

* Three Bedrooms
* Extended Semi-detached
* Central Heating
* Double Glazing
* Re-fitted Kitchen
* Off Road Parking
* Garage
* Gardens

Mr. A & Mrs. D have Sold (STC) and are looking for a Four bedroom detached property with an En-suite up to £230,000. Can you help?

Tattenhoe OIEO £140,000

* Two Bedroom Property
* Extremely Well Presented
* Refitted Kitchen
* Lounge
* Refitted Family Bathroom
* Front & Rear Gardens
* Two Allocated Parking Spaces
* Call 01908 524456!

Kingsmead Guide Price £275,000

* Four Bedroom Detached Property
* Downstairs Cloakroom
* Lounge & Dining Room
* Kitchen & Breakfast Room
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Driveway leading to Single Garage
* Call 01908 524456

'Saints' £164,995

*Four Bedrooms
*End of terrace property
*Lounge
*Kitchen
*Dining Room
*Bathroom
*Large Rear Garden
To view call 01908 370861

'Roses' £155,000

* Three Bedrooms
* Semi-Detached Property
* Separate Reception Rooms
* Conservatory
* Garage
* Gardens

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STONY STRATFORD OFFICE
36 High Street, Stony Stratford
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Wolverton £179,995

* Well presented * Three bedroom
* Semi detached * Gas to radiator heating
* Double glazing * Good size rear garden
* Conservatory

INSTRUCT THE AGENT WHO IS STILL SELLING HOUSES! 01908 312623

Deanshanger £168,000

* Well Presented
* Spacious
* Two Bedroom Property
* En Suite To Both Double Bedrooms
* Cloakroom
* Off Road Parking

Deanshanger O.I.E.O. £145,000

* Three Bedroom
* Victorian Style
* Semi Detached Home
* Gas Radiator Heating
* Large Garden
* Garage

Fullers Slade £179,995

* Well Presented
* Extended Three Bedroom
* Semi Detached Home
* Refitted Kitchen
* Refitted Bathroom
* Garage and Garden
* No Upper Chain

SSTC 3 PROPERTIES LAST WEEK!
Call us today to sell your home! on 01908 563825

New Bradwell £154,995

* Three bedrooms * Three storey
* Refitted kitchen * Refitted bathroom
* Rear Garden * Off road parking
* 01908 312623

Wolverton £350,000

* Four bedrooms * Stone built detached cottage
* Popular village location
* Versatile living accommodation
* Separate reception rooms * Two bathrooms
* Conservtory * Front, rear and side gardens
* Off road parking * Garage

Deanshanger £179,995

* Well Presented
* Three Bedroom
* Terrace Property
* Double Glazing
* Gas Radiator Heating
* Garage and Garden

Galley Hill £136,950

* Spacious
* Three Bedroom
* Semi Detached
* Garage
* No Upper Chain
* Viewing Recommended

Blue Bridge £138,000

* Two bedrooms * First floor flat
* Refitted kitchen * Refitted bathroom
* Balcony * Front & rear gardens
* Single garage * To view call 01908 312623

Wolverton Guide Price £220,000

* Three bedrooms * Well presented
* Extended property * Refitted kitchen
* Refitted bathroom * Ensuite to master bedroom
* Front & rear gardens * Off road parking

Old Stratford £139,995

* Two Bedroom
* Second Floor Flat
* Double Glazing
* Gas Radiator Heating
* Allocated Parking
* No Upper Chain

Stony Stratford £450,000

* Extremely Well Presented
* Five Bedroom
* Town House
* Very Attractive Location
* Separate Receptions
* En Suite to Master
* Must Be Viewed!

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87 High Street, Newport Pagnell

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email: newportpagnell@taylorscountrywide.co.uk

TAYLORS Estate Agents

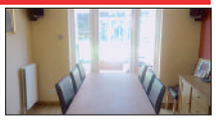
OLNEY OFFICE

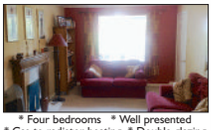
26a Market Place

Tel: 01234 713333

email: olney@taylorscountrywide.co.uk

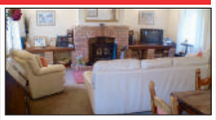
Newport Pagnell £244,995





* Four bedrooms * Well presented
* Gas to radiator heating * Double glazing
* Ensuite to bedroom one * Conservatory
* Rear Garden * Single Garage

Newton Blossomville £419,950



* 4 Bedrooms * Lounge
* Kitchen/Diner * Rear Lobby & Cloakroom
* En-suite & Bathroom * Front & Rear Gardens
* Garage * Call Now On 01234 713333

Poets £167,500

* Two Bedrooms * Semi detached bungalow
* Double glazing * Off Road Parking
* Low Maintenance Garden
* Call now on 01908 611966

Newport Pagnell £147,500

* Three Bedrooms * Entrance porch
* Lounge * Kitchen
* Bathroom * Rear Garden
* Garage * Call Now On 01908 611966

Harrold £239,950

* Three Bedrooms * Dining Room
* Kitchen/ Breakfast Room
* Utility Room * Cloakroom
* En-suite * Family Bathroom
* Garage * Front & Rear Garden
* No upper chain

Irchester £199,950

* Four Bedrooms
* Family Room & Lounge * Dining Room & Kitchen
* Utility & Cloakroom * En-suite & Family Bathroom
* Front & Rear Gardens * Driveway
* Call Now On 01234 713333

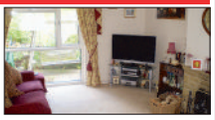
Olney £199,995

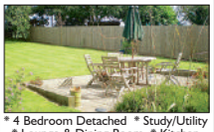
* 1 Bedroom * First Floor Apartment
* Entrance hall * Lounge
* Kitchen * Bathroom
* 'Pegasus' Retirement Development

Blakelands £249,995

* Four bedrooms * Detached family home
* Double glazing * Gas to radiator heating
* Ensuite to bedroom one * Garage
* Off road parking * Private rear garden

Stoke Goldington £329,995





* 4 Bedroom Detached * Study/Utility
* Lounge & Dining Room * Kitchen
* Front & Rear Gardens * Garage
* Off road parking * Call Now On 01234 713333

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CONTEMPORY 5 BED WITH BALCONY £420,000

Seldom do we see a layout over 2 floors and with a double garage. This 5 bed, 2 en suite detached home has 3 receptions and an open plan kitchen/diner. As an extra design feature there is a contemporary balcony from the second bedroom. Situated on the edge of Milton Keynes within a short drive of the M1 motorway and offering popular school catchments.

APARTMENT WITH OWN ENTRANCE £139,000

These 2 bedroom apartments with parking to the rear have their own front door. All the advantage of an apartment but with the ultimate privacy. Situated within the historic grounds of Bletchley Park. Also within walking distance to the mainline train station to London or the North. An exciting new development in the South West of Milton Keynes.

CONTEMPORY ECO HOMES £314,995

Something different at last, with this high specification 4 bedroom contempory house with generous plots. Situated on a spacious airy development of similar homes in the West of Milton Keynes, the homes are finished to a high standard specification and boasts large expanses of glass and high ceilings. Arrange a viewing to see for yourself our show village.

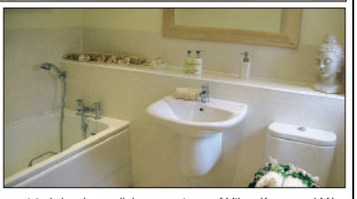
AMAZING VALUE, 3 BED WITH GARAGE £189,995

Your not seeing things, this brand new 3 bedroom, 2 bath home is in Milton Keynes, walking distance to a train station and a variety of shops. We challenge you to find a better value property. This is the last plot at this price and therefore suggest you view ASAP!!

3/4 BED HOME WALKING DISTANCE TO STATION £219,000

This home offers rooms of generous proportions including 2 reception rooms (one of which could be used as a double bedroom) 3 further doubles, kitchen, utility room plus dining room. Most plots have a garage plus allocated parking. Arrange a viewing now!*5% DEPOSIT PAID AND 1% STAMP DUTY PAID*

BAKING ONTO PARKLAND £595,000



Set on a no through road just 24 homes surrounded by parkland and an original church, yet all the convenience of Milton Keynes and M1 junction. This fantastic 5 bedroom detached house with double garage offers everything you need for a family lifestyle. The accommodation comprises of a big kitchen/diner, 2 separate reception rooms and a utility. This property also boasts 5 great bedrooms and 4 bath/shower rooms.

MAKE US AN OFFER!! £299,950

Situated in a very popular part of Milton Keynes with sought after schooling, an abundance of parkland and quick access to the M1. This spacious 3/4 double bedroom house boasts 3 bath/shower rooms and a dressing room. From the landing there is a spacious balcony. Outside the garage and parking is accessed via electric gates.

HUGE APARTMENT!! £138,995

This spacious 2 double bedroom, 2 bathroom apartment is bigger than some 3 bedroom houses at 888sqft. Ideally located with a short walk of the train station. The development offers private residents garden and allocated parking. This is one of the best value new apartments in Milton Keynes. Hurry before it sells!!!

POPULAR LOCATION £340,000

This imposing home boasting 3 bathrooms/ en suites, 24' lounge, a sixth bedroom/study and a traditional driveway to the side of the house. Situated in the popular Ousel Valley Park area on the M1 side of Milton Keynes. This plot is westerly facing and set on a small development.

SELF CONTAINED APARTMENT £279,950

This 4/5 bedroom detached home with carport and garage offers an amazingly versatile layout. A traditional 2 reception room home can be found on the first floor, with the ground floor offering two rooms, and W/C and utility. To give an ideal space for a teenager/relative to live independently. The top floor of the home has three further double bedrooms and en-suite/bathroom. Situated in a popular area on the edge of west Milton Keynes. The development is away from main roads and backs onto the north bucks bridal way with countryside beyond.

HUGE BEDROOMS!! £399,995

This striking detached home with garage offers bedroom sizes up to 22' long and a 5th smaller bedroom/study. There is also 2 en suites and a bathroom. Downstairs a fantastic modern layout is offered to match this contemporary home. Situated on a newly released development on the edge of Milton Keynes with quick access to the M1.

MAKE AN OFFER!! £290,000

The final release on this edge of Leighton Buzzard developments means some bargains are there for the taking. Already great value with 3 reception rooms, 2 en-suites, utility and double garage. Ready now and set with a plot facing a hedged open area on the fringe of the development. Ideally located for the commuter, just off the Aylesbury to Milton Keynes bypass. Hurry as it is the final plot release!

LIFT TO YOUR UNDERGROUND CARPARK £199,000

Set in an enviable lakeside development, a range of luxury 2 bedroom apartments with 2 julliet balconies. Hotel style internal corridors with contemporary lifts and stairwell set the scene for entering your modern, light home with an excellent specification. Situated on the edge of Milton Keynes. Ready now, key in office.

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Residential Lettings

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436 Midsummer Boulevard

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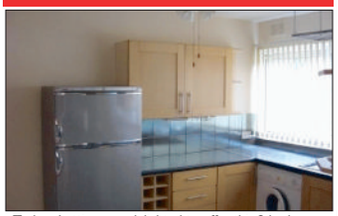
email: cmk.residentiallettings@taylorsestateagents.co.uk

DOWNHEAD PARK £2,000pcm

Taylors Lettings are delighted to offer this stunning five bedroom property, set over four levels this property offers very versatile accommodation and is located in the popular central location of Downhead Park. The property boasts, five bedrooms, four receptions, four bathrooms, corner plot garden, gated access to parking. Must be viewed.

BRADVILLE £725pcm



Taylors Lettings are delighted to offer this 3 bedroom property situated in the Bradville area of Milton Keynes. The property is unfurnished and available immediately.

GRANGE FARM £750pcm

Taylors Lettings are delighted to offer this well presented two bedroom first floor apartment, situated in the popular location of Grange Farm. The property is unfurnished and available immediately. Must be seen.

BROUGHTON £750pcm

Taylors Residential Lettings are delighted to offer this stunning two bedroom apartment located in the popular "Broughton" area of Milton Keynes. The property is unfurnished and available immediately. Must be viewed!

OLNEY £1,150pcm

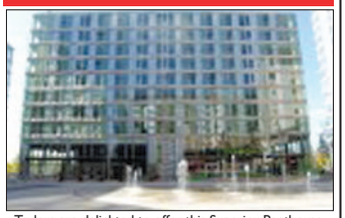
Taylors Lettings are delighted to offer this newly built 4 bedroom detached property situated in the much sought after market town of Olney. The property is available immediately and comes unfurnished. Please call the lettings team to arrange a viewing on 01908 393924!

IS YOUR PROPERTY STILL SITTING EMPTY?
IF SO, CALL TAYLORS AND ADVERTISE TO THE WIDEST POSSIBLE AUDIENCE!

01908 393924

cmk.residentiallettings@taylorsestateagents.co.uk

THE HUB £995pcm



Taylors are delighted to offer this Superior Penthouse Apartment. Located in the centre of Milton Keynes.* 2 Bedrooms * 2 Bathrooms * FULLY FURNISHED * Available Now! MUST BE VIEWED!!

SHENLEY BROOK END £695pcm

Taylors Lettings are delighted to offer this three bedroom, semi-detached property situated in the much sought after location of Shenley Brook End. The property is offered unfurnished.

A small selection of this weeks HOT PROPERTIES:

Newport Pagnell	1 bed semi detached	£600 per month
Bletchley	3 bed semi	£800 per month
Oakhill	2 bed first floor	£750 per month
Bradville	3 bed semi detached	£750 per month
Woburn Sands	2 bed first floor apartment	£795 per month
Broughton	4 bed detached	£1450 per month
Lathbury	5 bed property	£1495 per month
Broughton	5 bed property	£1275 per month

BLETCHLEY £1,200pcm

Taylors Lettings are delighted to offer this well presented 4 bedroom detached property situated in the popular new enigma development in Bletchley. The property is unfurnished and available from 15th September 2008.

BLETCHLEY £800pcm

Taylors Lettings are delighted to offer this three bedroom semi-detached property, situated in the popular Race Course's area of Milton Keynes. The property is available immediately and is unfurnished.

CAMPBELL PARK £895pcm

Taylors Lettings are delighted to offer this superb 2 double bedroom duplex apartment, situated in the much sought after area of Campbell Park. The property is furnished and available from 31st August 08.

WAVENDON GATE £1,900pcm

Taylors Lettings are delighted to offer this 6 double bedroom detached property situated in the popular area of Wavendon Gate. The property is available from September 08, furnished. Must be viewed!

WESTCROFT £1,050pcm

Taylors Lettings are delighted to offer this 4 bedroom detached property situated in the much sought after area of Westcroft. The property is unfurnished and available immediately. Please call the lettings team to arrange a viewing on 01908 393924.

Call for a FREE Rental Valuation

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Wilson Peacock estate agents

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FURZTON £239,950

FOUR BEDROOM DETACHED PROPERTY
FRONT & REAR GARDENS
CLOAKROOM
SEPARATE RECEPTION ROOMS
CUL-DE-SAC LOCATION

GREAT LINFORD £189,995

THREE BEDROOM LINK DETACHED PROPERTY
REFITTED KITCHEN AND BATHROOM
CONSERVATORY
GARAGE & DRIVEWAY PARKING
CUL-DE-SAC LOCATION

CROWNHILL £189,995

THREE BEDROOM DETACHED PROPERTY
REFITTED KITCHEN/DINER
FRONT & REAR GARDENS
DRIVEWAY & CARPORT
VACANT POSSESSION

BLETCHLEY £69,995

TWO BEDROOM FIRST FLOOR APARTMENT
AVAILABLE TO OVER 55'S ONLY
LIFT ACCESS
50% SHARE WITH OPTION TO PURCHASE 100%
MASTER BEDROOM WITH EN-SUITE
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GREAT HOLM £244,995

FOUR BEDROOM DETACHED PROPERTY
CLOAKROOM
SEPARATE RECEPTION ROOMS
REAR GARDEN
GARAGE
DRIVEWAY PROVIDING OFF ROAD PARKING

BLETCHLEY £99,995

TWO BEDROOM FIRST FLOOR MAISONETTE
DOUBLE BEDROOMS
SEPARATE KITCHEN
LOUNGE/DINER
GARDEN

OLDBROOK £169,995

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NO CHAIN
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WOOLSTONE £269,995

THREE/FOUR BEDROOM SEMI DETACHED BUNGALOW
RECENTLY FULLY REFURBISHED
REFITTED KITCHEN & BATHROOM
GARAGE
NO UPPER CHAIN

FENNY STRATFORD £379,995

DETACHED DOUBLE FRONTED PROPERTY
FOUR BEDROOMS
THREE RECEPTION ROOMS
UTILITY ROOM
EN-SUITE TO MASTER BEDROOM
GOOD SIZED REAR GARDEN WITH WORKSHOP

BLETCHLEY OFFERS OVER £99,995

TWO BEDROOM VICTORIAN STYLE COTTAGE
KITCHEN/DINER
LOUNGE
RE-FITTED BATHROOM
PEDESTRIAN ACCESS TO LOCAL AMENITIES

PUBLIC NOTICE

16 Aspley Hill, Woburn Sands, Milton Keynes, Bucks, MK17 8NJ.

We are acting for the mortgagee in possession and have received an offer of £170,000 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place.

WANTED!!

TWO/THREE BEDROOM PROPERTIES IN CENTRAL MILTON KEYNES.

WANTED!!

FOUR BEDROOM PROPERTIES IN OLD FARM PARK AND WAVENDON GATE.

WANTED!!

THREE BEDROOM PROPERTIES IN SHENLEY BROOK END AND EMERSON VALLEY.

PUBLIC NOTICE

11 Staverton Grove, Broughton, Milton Keynes, Bucks,MK10 9QG.

We are acting for the mortgagee in possession and have received an offer of £185,000 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place.

BEANHILL OFFERS IN EXCESS OF £100,000

THREE BEDROOM BUNGALOW
REFITTED KITCHEN
CLOAKROOM

REAR GARDEN
OFF ROAD PARKING & CARPORT

BROUGHTON OFFERS OVER £226,000

FIVE BEDROOM DETACHED TOWNHOUSE
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GARAGE & DRIVEWAY
NO UPPER CHAIN
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BRADVILLE OFFERS OVER £200,000

Four Bedroom Detached Property
Separate Reception Rooms
Conservatory

Utility Room
Enclosed Rear Garden
Garage & Driveway Parking

FISHERMEAD OFFERS OVER £110,000

TWO BEDROOM PROPERTY
LOUNGE/DINER
FITTED KITCHEN
REAR GARDEN
DRIVEWAY PROVIDING OFF ROAD PARKING

BLETCHLEY £109,995

THREE BEDROOM TERRACED PROPERTY
KITCHEN/DINER
LOUNGE
FRONT & REAR GARDENS
OFF ROAD PARKING

WOLVERTON £144,995

FOUR BEDROOM TERRACED PROPERTY
KITCHEN/DINER
LOUNGE
SHOWER ROOM & FAMILY BATHROOM
REAR GARDEN

NEATH HILL OFFERS OVER £150,000

THREE BEDROOM TERRACED PROPERTY
INTEGRAL GARAGE
GAS CENTRAL HEATING (WHERE SPECIFIED)
DOUBLE GLAZING (WHERE SPECIFIED)
SCOPE FOR EXPANSION (STP)

BROUGHTON £246,500

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TWO EN-SUITES
GARAGE
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PODINGTON £435,000

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MASTER BEDROOM WITH EN SUITE
INGLENOOK FIREPLACE

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GARDEN APPROACHING AN ACRE

OLNEY £176,995

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RE-FITTED KITCHEN WITH FITTED APPLIANCES
RE-FITTED UPSTAIRS BATHROOM

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GARDEN
TEL: 01234 711481

OLNEY OIEO £150,000

TWO BEDROOM COTTAGE
RE-FITTED KITCHEN
LOUNGE THROUGH TO DINING ROOM
RE-FITTED BATHROOM
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GARAGE (PART CONVERTED)

BLAKELANDS OFFERS OVER £234,995

TWO BEDROOM DETACHED BUNGALOW
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RE FITTED BATHROOM
TWO RECEPTION ROOMS
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NEWPORT PAGNELL Offers over £175,000

THREE BEDROOM SEMI DETACHED
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RE-FITTED BATHROOM
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LANDSCAPED REAR GARDEN & GARAGE
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NEWPORT PAGNELL OFFERS OVER £164,995

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TWO MILE ASH

A fully refurbished Studio apartment including a new kitchen & bathroom, complete redecoration and new carpets throughout. There is an allocated parking space and no upper chain. Two Mile Ash is within easy reach of the City Centre and Train station. Great first buy or buy to let.

£76,950

REDUCED

BRADWELL VILLAGE

A pleasantly located 3 bedroom terraced house close to the local park, cricket ground and North Loughton Valley Park. The house comprises: entrance hall, re-fitted kitchen / diner, lounge and a re-fitted bathroom. There is gas to radiator heating, Upvc double glazing, rear garden and a covered carport.

£139,995

NEW

OLD FARM PARK

A four bedroom detached house located on the Eastern side of Milton Keynes. The accommodation comprises: Entrance hall, cloakroom, lounge, dining room, kitchen, master bedroom with en-suite and a family bathroom. The house is double glazed, has gas to radiator heating, a private rear garden and a double garage.

£249,995

SIMPSON

A 2 bedroom first floor apartment situated on a superb complex for over 55's. The complex is within easy reach of Caldecotte lake and backs onto the Grand Union canal. Accommodation comprises entrance hall, lounge/ diner, kitchen, 2 bedrooms and bathroom. Outside are communal gardens and parking all maintained for you. No Upper Chain.

£134,995

REDUCED

BLETCHLEY

A 2 bedroom semi detached bungalow situated in a cul de sac in Fenny Stratford . The property comprises entrance hall, lounge / diner, kitchen, bathroom and 2 bedrooms. Outside are front and rear gardens with a driveway to the side. No upper chain. Modernisation is required throughout.

£149,995

SPRINGFIELD

Excellent 3 bedroom house in superb condition throughout. Comprises: entrance hall, cloakroom,lounge/diner, re-fitted kitchen/breakfast room & a re-fitted bathroom. Lovely gardens with 2 block paved parking spaces, Upvc double glazed and gas to radiators. No through road location.

£163,500

CLOSE TO LOCAL PARK

GREAT LINFORD

Excellent 3 bedroom detached house that is in the corner of a cul-de-sac and presented in very good condition throughout. The property comprises: e/hall, lounge/diner, fitted kitchen, utility and a re-fitted family bathroom. Gas to radiator heating and a garage with extra parking in front. There are excellent local walks close by and Central Milton Keynes is only a short drive away.

£214,995

CLOSE TO GOLF COURSE

TWO MILE ASH

This 4 bedroom detached house is located next to the Abbey Hill Golf Course. The property is in a cul de sac and briefly comprises: ent porch & hall, cloaks, lounge, separate dining room, kitchen and a family bathroom. There is Upvc double glazing, gas to radiator heating and a larger than average garage at the side of the house with plenty of extra off road parking.

£249,995

VILLAGE LOCATION

STOKE HAMMOND

An excellent 5 bedroom detached house located in the corner of a cul-de-sac within this popular village between Leighton Buzzard & Bletchley. The property sits on an extremely good size plot backing onto open paddock land and has a long driveway for several vehicles leading up to the house and the double garage. The house is presented in superb condition in pleasant village surroundings.

£599,995

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Emerson Valley £209,995

A delightful three bedroom detached family home set in a private cul-de-sac, this property offers downstairs cloakroom, lounge, open plan kitchen/diner, en-suite to master bedroom, study/family room, front and rear gardens. Must be viewed

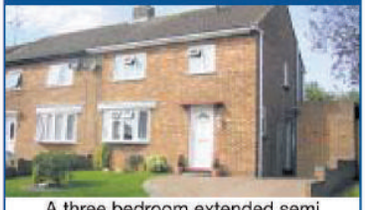
Central Bletchley O.I.R.O £270,000

Detached family home, three/four bedrooms, bedroom four/study, conservatory, family room, gas central heating, garage and off road parking, corner plot location, internal inspection highly recommended

Central Bletchley £180,000

A delightful four bedroom family home within walking distance to the town. The property offers spacious lounge/diner, refitted kitchen/breakfast room, study/family room, gas central heating to radiators, double glazing, four double bedrooms. No chain, must be viewed

Saints Estate £169,995



A three bedroom extended semi detatched property comprising, Refitted kitchen/diner, refitted bathroom, family room, gas central heating, double glazing.

PoetsGuide price £155,000

A three bedroom extended semi detached property situated on the Poets Estate. The accommodation comprises entrance hall, lounge, kitchen, three bedrooms, bathroom, garage and rear garden, gas central heating, no upper chain.

Central Bletchley £152,000

In our opinion, an outstanding example of a Victorian property. The property benefits from entrance hall, lounge, dining room, refitted kitchen, cloakroom, two bedrooms, four piece bathroom suite, UPVC double glazing, gas central heating, front and rear gardens. Offered with no upper chain.

Browns Wood £129,995

A modern Two bedroom cluster home, offering well presented living space in the ever popular location of Browns Wood. In the South East area of MK. Boasting re-fitted kitchen, re-fitted bathroom, quiet location, ideal first time buy, allocated parking, double glazed.

Newton Longville £189,995

A Three bedroom semi-detached property in the popular village location of Newton Longville. Boasting lounge, kitchen, family bathroom, garage and rear garden.

Simpson Village £299,995

Detached family home, four/five bedrooms, en-suite to master bedroom, downstairs bathroom, separate reception rooms, front & rear gardens, cul-de-sac location, open views of Linear Park to rear.

Newton Longville £169,995

A three bedroom semi-detached property offered for sale with no upper chain. Accommodation comprises, lounge, dining room, kitchen, three bedrooms and a family bathroom. Benefits include double-glazing, gas to radiator heating and a converted loft room subject to planning.

Village Location £224,995

A two bedroom semi detached bungalow located in the desirable location of Newton Longville. the accomodation breifly comprises of lounge, refitted kitchen, refitted bathroom, two bedrooms front and rear gardens

Fenny Stratford £69,995

A two bedroom 50% shared ownership ground floor flat for over 55's. The accommodation briefly comprises entrance hall, lounge, kitchen, two bedrooms, en-suite, bathroom, communal gardens. No upper chain.

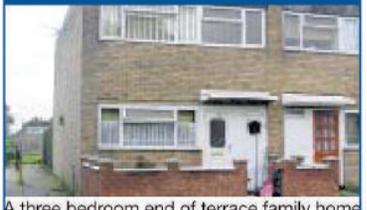
Fenny Stratford £119,995

A one bedroom maisonette situated in a popular residential location. The accommodation briefly comprises entrance hall, lounge, kitchen, bedroom, refitted bathroom, allocated parking, rear garden.

Furzton £84,995

A two bedroom semi detached property situated in the desirable area of Furzton. This 50% Shared ownership briefly comprises lounge, refitted kitchen, two bedrooms, bathroom, garage, front and rear gardens, gas central heating, double glazing.

Lakes £124,995



A three bedroom end of terrace family home boasting refitted kitchen, refitted bathroom, double glazing, gas central heating to radiators, extension to rear, no chain.

Offices throughout Beds, Bucks & Herts

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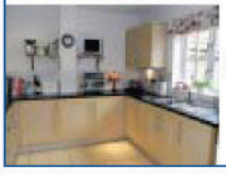
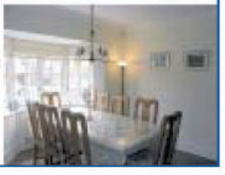
Westcroft £344,995



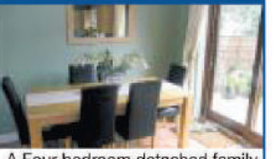
An impressive Five bedroom terraced property in an ever popular location. Within close proximity to local amenities, offering good school catchment area. VIEWINGS HIGHLY RECOMMENDED.



Middleton £307,995

A superb example of a Four bedroom detached family home, located in a sought after area. Boasting lounge, kitchen/breakfast area, family room, utility room, dining room, en-suite to master bedroom, double garage with dual parking, double glazed and gas central heating.

Wavendon Gate £249,995

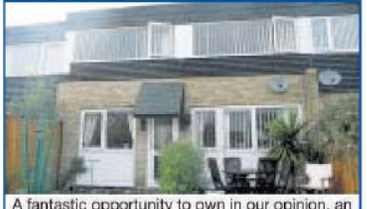


A Four bedroom detached family home in a popular residential location. Offering downstairs cloakroom, lounge, kitchen/diner, utility room, en-suite to master bedroom, family bathroom, garage and driveway, front & rear gardens.

Downs Barn £127,500

A One bedroom terraced bungalow situated in a popular residential area. The accommodation briefly comprises entrance hall, lounge/diner, refitted kitchen and bathroom, double glazing, gas central heating, front and rear gardens and allocated off road parking.

Eaglestone £139,995

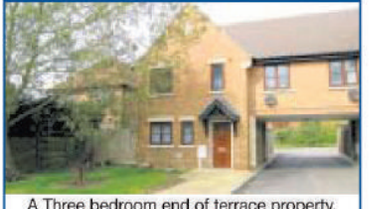


A fantastic opportunity to own in our opinion, an immaculate Three bedroom mid terraced property in a popular location. Offering open plan kitchen/diner, lounge, downstairs cloakroom, utility area, garage, gas central heating, double glazed.

Conniburrow £144,995

A Three bedroom family home situated in Central Milton Keynes. The property benefits from carport parking, entrance hall, kitchen/diner, downstairs cloakroom, lounge, three bedrooms, family bathroom, balcony, front and rear gardens and also offered with NO UPPER CHAIN.

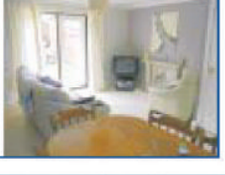
Walnut Tree £169,995



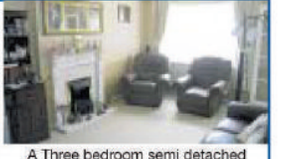
A Three bedroom end of terrace property, located in a popular residential location. Offering entrance hall, downstairs cloakroom, kitchen, lounge/diner, bathroom, front & rear gardens and off road parking.

Grange Farm £214,995

A Four bedroom townhouse, situated in this popular residential location. The property benefits from downstairs cloakroom, re-fitted kitchen, lounge, four bedrooms, en-suite to master bedroom, further family bathroom, front & rear gardens, garage, gas central heating and double glazing.



Great Holm £189,995



A Three bedroom semi detached property situated in a popular residential area. The accommodation briefly comprises two reception rooms, conservatory, refitted kitchen, double glazing, gas central heating, garage and driveway, extra length garden. MUST BE VIEWED. PLUS STAMP DUTY PAID.

Monkston £189,995

In our opinion a stunning Three bedroom end of terrace home, situated in this ever popular residential area. The property benefits from entrance hall, downstairs cloakroom, lounge/diner, fitted kitchen, re-fitted bathroom, front & rear gardens, garage and driveway. CALL FOR MORE INFORMATION.

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WOBURN £2,200pcm

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WOBURN SANDS £1,100pcm

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RIDGMONT £1,800pcm

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A one bedroom ground floor studio apartment with communal gardens and security entrance door. Furnished. Available now.

WOBURN SANDS £595pcm

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- Part furnished
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- First Floor
- Spacious lounge
- Fitted kitchen
- One double bedroom
- Bathroom
- Off road parking

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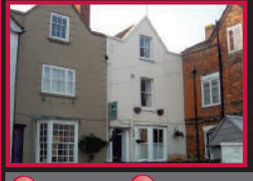
Downs Barn

One bedroom flat

- First floor
- Spacious lounge
- Re-fitted kitchen
- One double bedroom
- Re-fitted bathroom
- Off road parking

Buckingham



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- Market town location
- Period features
- Courtyard garden
- Available now

LT £625pcm ST £935pcm

Newport Pagnell

Two Bedroom Apartment

- Fully furnished
- Two bedrooms
- Central town location
- Period features
- Balcony & terrace garden
- Available now

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SITUATED WITHIN EASY WALKING
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* Recently renovated with new kitchen & Bathroom
* 2 Parking Spaces
* Available NOW

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NEW

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* Brand New with balcony
* Fully fitted Kitchen & 2 Bathrooms
* Available NOW

£695 pcm

FENNY STRATFORD

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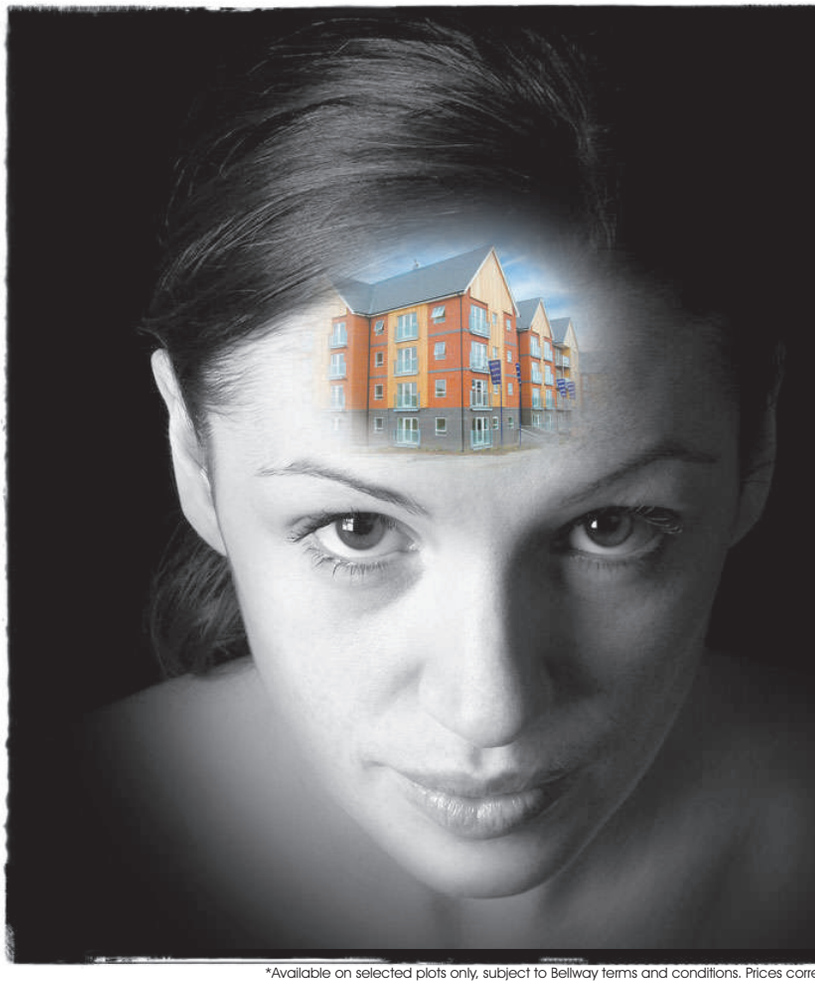

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Prices correct at time of going to press. Artists illustration depicts The Hanslope at Claridge Park. Typical Crest Nicholson interior.

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Oldbrook
The Shenley's
Loughton
Kents Hill
Wavendon Gate
Old Farm Park
Central Milton Keynes

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- Four/five bedroom detached house
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- Kitchen white goods and utility
- Downstairs cloakroom
- Enclosed rear garden
- Off road parking
- Unfurnished

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- Three bedroom semi detached house
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- Kitchen with white goods
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CENTRAL MILTON KEYNES — £595 pcm

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MIDDLETON — £775 pcm

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- Cloakroom
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- Unfurnished

BEANHILL — £625 pcm

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- Downstairs cloakroom
- Single garage with off road parking
- Unfurnished

STANTONBURY — £750 pcm

- Three bedroom semi detached house
- Two double bedrooms and one single bedroom
- Kitchen white goods
- Enclosed rear garden
- Single garage
- Unfurnished/Furnished

SPRINGFIELD — £750 pcm

- Three bedroom terraced house
- Two doubles and one single bedroom
- Kitchen white goods
- Enclosed rear garden
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- Part furnished

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Ten top tips for an eco-friendly office

IT'S official, the vast majority of people would like to make their office greener.

Recent research carried out in 442 community and voluntary organisations showed that almost 90 per cent want more environmentally-friendly working office practice.

the survey also suggested that about three quarters are already making some effort to become greener. However, concerted and urgent action is needed.

The survey was carried out by Every Action Counts, a three-year initiative to enable communities across England to take simple everyday action on the environment.

it has full support of the Environment Minister, Hilary Benn and more than 1,500 organisations and groups have already signed up.

Every Action Counts has ten top tips for making your workplace as green as possible.

1 HEATING is most offices' main energy cost.

Check thermostats (19 to 21 degrees centigrade for the office and 60 degrees centigrade for the hot water supply) are adequate.

Check timers on the heaters and cut wasted heat by ensuring the office is well insulated.

2 USE natural light where possible and install low-energy bulbs.

3 DO a waste audit. About 70 per cent of office waste is paper. Use scrap paper for notes, encourage double sided printing and photocopying, use email whenever possible and reduce the habit of printing off everything.

4 FIND out about local recycling services and set up a recycling collection.

5 REVIEW your current purchasing to determine scope for green options.

Start with a few products - paper is a good one - and where possible buy locally to cut down on unnecessary transport.

6 CHOOSE ecological cleaning products rechargeable batteries and reused toner cartridges.

7 CONSIDER alternative ways for your staff to travel to work, public transport, car sharing, walking or cycling.

8 HAVE an office bike if there are lots of short journeys to make. Keep office vehicles well maintained.

9 SAVE water, turn off taps, mend dripping taps and cisterns, don't fill kettles more than necessary.

10 PROVIDE tap or filtered water at meetings in preference to costly bottled water.

Mark Walton, head of Every Action Councts said: "There are plenty of easy ways for organisations to reduce fuel bills and their impact on the environment.

"Start with your workplace – but don't forget the rest of your activities."

Seventy per cent of office waste is paper: Make sure it is recycled

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Capable of developing support plans and risk assessments you will ideally be experienced in keyworking. Good working knowledge of Supported Housing and Mental Health matters would be a huge plus and you will bring real passion, energy and drive.
Applicants must be able to build productive and respectful relationships with Service Users from every walk of life. You will be required to participate in an On Call Rota working weekends and evenings.
We offer excellent benefits including generous holiday, healthcare plans, life assurance cover and contributory pension.
For an informal chat please call Cara Passfield on 01234 347061.
To apply please visit www.maydaytrust.org.uk or call 01788 568176.
CVs will not be accepted. Closing date: 5pm 6th October 2008
Successful applicants will be asked to complete a Criminal Records Bureau check as part of the recruitment process.
We are an equal opportunities employer. Registered Charity: 1035524.
Previous applicants need not apply

Leon School & Sports College, Fern Grove, Bletchley, Milton Keynes, MK2 3HQ
Tel: 01908 624720 • Fax: 01908 624785 (11-19yrs—roll: 820)
Web: www.leon-school.org

ICT Technician
"WHERE LEARNING AND SPORT MEET"
Salary: MKC Grade 3, point 9 £13,062 (pro rata)
Start: November 2008
Hours: 30 hours – term-time + 1 week (40 weeks)
Leon School and Sports College is an 11-19 school, which was third time re-designated as a specialist Sports College in April 2006.
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Ofsted, March 2008
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Walbank Grove, Shenley Brook End, Milton Keynes MK5 7ZT
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Grade 2 - £11,577-£13,336* pa pro rata, actual salary £1,689-£1,946 pa. Hours are 6.5 hours per week, 12.30pm-1.45pm, (plus a 15 minute weekly meeting), term time only. You will carry out the duties of a midday supervisor and also be the point of contact for the midday supervisors.
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*Pay rise pending
Closing date: Wednesday 8 October 2008
The school is committed to safeguarding and promoting the welfare of children and you will be required to undertake an enhanced CRB check

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By law trained Energy Assessors will need to carry out an estimated 3 million Energy Assessments in the year from this October - 200,000 commercial buildings, 1.8 million homes being rented and 1.1 million being sold (2.1m in normal house sale years).

Applicants are therefore required to train now - **no previous surveying experience is required** - at our London, Bristol, Birmingham and Manchester training centres which are approved by the Government-appointed Awarding Body for the Built Environment. The subsidised training is taken in separately bookable 1-week modules usually around current commitments and you **qualify as a multi-skilled Domestic and Commercial Energy Assessor, Flood Risk Assessor and Home Inspector.**

Homes now being sold already require Assessments with **average fees of £70** being paid to our Assessors – fees for the 1.8m rented homes from October are expected to be similar. Fees for currently optional Home Inspections **average £250** - commercial Assessments are expected to be higher. Up to 15 domestic Assessments or 6 commercial Assessments or Home Inspections are estimated to be carried out in a week, subject to size of properties and supply. As well as thousands of Assessors carrying out Energy Assessments, 7500 Home Inspectors will be needed upon Government making Home Inspections compulsory - less than a thousand are currently certified.

Regardless of the 'credit crunch' these new 'green' laws and 3 million Assessments are creating a **rapidly expanding new industry which you could join,** subject to interview and Aptitude test. So apply now for subsidised training and to **start a new career carrying out this environmentally important work with potential multiple income stream opportunities.**

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You can apply for an application form by email or by sending a stampled address envelope to the above address.

If you require an further details please call the school office on the above telephone number.

Closing date: Friday 1st October
Interviews will be held week beginning: 6th October

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Require a Senior Care Assistant

This post is to support the Manager and Deputy with the on going development of person centred dementia care at Westlands in Olney.

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For an application pack please contact: Mrs S Dibley on 01234 333870 or email admin@standrewscarehomes.co.uk

Closing date for receipt of completed applications is 7/10/08

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Applicants must possess a full UK driving licence and a car.

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We also require care staff for our residential homes.

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Please contact Angela on 01234 328166 or 01234 359761

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If so, please apply in confidence with your CV and covering letter to: ISOBEL SCOTT at Milton Ernest Hall Nursing Home, Milton Ernest, Bedford MK44 1RJ

N.B. The successful candidate will be subject to an enhanced Criminal Records Check.

mouchel

Mouchel Group is a fast growing company that employs around 11,000 people and delivers a range of services to various clients throughout the country, both in the public and private sector. Mouchel Business Services, a division of Mouchel Group, has recently formed an exciting new partnership with Milton Keynes Council where we believe we can deliver real outcomes for the client and their community.

Home Bond Administrator

£17,500 - £19,500 **Ref: HN0415/MKN**

You will provide effective support to the Council's Home Bond Officers, including ensuring paperwork is prepared prior to the sign up of tenants, dealing with the aftercare, managing the post and filing. Confident dealing with sometimes difficult and demanding customers, you will have experience of working to deadlines in a busy office environment and have a good knowledge of Microsoft Office.

For informal enquiries please contact Fiona Kisch on 01908 252905.

For an application form, email: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 (24 hour answerphone). Please quote appropriate reference.

Closing date: 10 October 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

Transforming Services Together with
Milton Keynes Council

Milton Keynes COLLEGE

"What I like most is the variety of things I do, which allows me to interact with different people whilst building upon my experience" - Anna, Learning Resources Technician

Want to work for a college that's going places? Then stop clock watching and join a team that's very excited about the future.

Senior Nursery Nurse (Room Manager) 3–5 Room
Hours: Full Time –
(Maternity Cover, up to 9 months)
Salary: £14,050 - £15,582, pro rata, per annum.

Lecturer: Learning Difficulties and Disabilities
Hours: Part Time –
21 hours per week, 40 weeks per year
Salary: £16,976 - £30,700, pro rata, per annum.

Closing date for the above positions:
Friday 10th October 2008

We're also looking for part time lecturers in the following areas:

Sport Science - contact Faye Williams on 01908 637336.

Literacy, Numeracy, ESOL, Social & Life Skills (HMP Woodhill) – call 01908 722095.

We're not standing still, are you?

Visit: www.mkcollege.ac.uk
Call: 01908 684327 (answer phone)
Email: recruitment@mkcollege.ac.uk

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Plus the chance to earn up to a £5,000 bonus after your first year's teaching.

All benefits subject to change and non contractual

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Working Towards
Investors in Diversity
www.iiduk.org

theplacetobe

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Librarian - HMP Woodhill

£23,749 - £28,172 **Ref: 50011656/MKN**
Relocation package of up to £6,500
Monday to Friday 8.00am to 4.30pm

A chartered librarian with considerable post-qualification experience, you will manage and develop the library, taking into account the needs of staff and prisoners with various cultural needs and abilities. Resilient and creative in response to the constraints of the prison environment, you will have a sound understanding of ICT.

HMP Woodhill is a Category A prison. CRB checks as well as Counter Terrorism Checks by the Prison Service will be required - you may start working in the public library service until checks are completed.

For informal enquiries please contact Garry Mitchell on 01908 372797.

Driver/General Duties Assistant

£17,154 - £20,736 **Ref: 50011085/MKN**

We need someone aged at least 21 who has held a driving licence for three years or more, to transport older people with mental health problems to day care and provide support within the day centre. Experience of caring for people together with good communication skills will be essential and a clean category D1 driving licence will be required

Interview date: 27 October 2008.

Centre Worker

£17,154 - £24,545 pro rata **Ref: 50011080/MKN**
30 hours per week

You will use your considerable experience of working with people with dementia to assist with the day-to-day running of the centre and provide care and activities for older people with mental health problems. A clear communicator with a commitment to confidentiality, you will have NVQ Level 3 or equivalent.

Interview date: 28 October 2008.

Library Assistant - Westcroft

£13,062 - £15,470 pro rata **Ref: 50011636/MKN**
14 hours per week,Wednesday, Thursday and Sunday working (enhanced for Sundays)

A people person and team player, you will help ensure the smooth running of Westcroft Library. Keen to be involved in children's activities, your role will include answering enquiries, assisting customers with ICT, shelving stock and working on the counter. Educated to GCSE or equivalent, you will have experience of library work or a relevant qualification.

Team Clerk

£17,154 - £20,736 pro rata **Ref: 50011110/MKN**
18 hours per week

A confident team player, you will provide administrative and clerical support to the Redwood Day Care Team in a setting for older people with mental health problems. Strong on Microsoft Excel and Word, with experience in a general office environment, you will be willing to undertake training in SAP financial.

Interview date: 17 October 2008.

It's ability, not disability that counts

Senior Library Assistant - Woburn Sands

£17,154 - £20,736 pro rata **Ref: 50011640/MKN**
30 hours per week. Shifts including alternate Saturdays and some late evenings (time and a half for Saturdays)

Keen to be involved in children's activities, you will manage the day-to-day operations at Woburn Sands Library, including supervising staff, presenting and promoting stock, answering enquiries and assisting customers with ICT. Qualified to NVQ Level 3 or equivalent, you will have considerable experience in a library environment along with sound organisational skills. The ECDL would be desirable.

Adult Protection Assistant

£17,154 - £20,736 **Ref: 50017094/MKN**

You will work flexibly alongside the Adult Protection Co-ordinator to provide high quality, effective and efficient business, administrative and secretarial support to ensure the safeguarding of vulnerable adults. A team player with good organisational and IT skills, you will have the ability to arrange meetings and take good quality minutes as well as being able to set up and record on databases and manipulate data information. A sound understanding of Safeguarding Vulnerable Adult policies and local procedures will be required as you will need to be able to quality check safeguarding investigations and offer advice and guidance where required.

For informal enquiries please contact Patricia Jennings on 01908 253070.

Library Assistant - Stony Stratford (2 posts)

£13,062 - £15,470 pro rata
14 hours per week **Ref: 50011616/MKN**
15 hours per week **Ref: 50011615/MKN**
Shifts including alternate Saturdays (time and a half)

We need someone who's reliable, flexible, enthusiastic and energetic while assisting with the provision of library services. Keen to be involved in children's activities, you will ideally have basic ICT skills and experience of working as part of a team.

For informal enquiries please contact Steve Grant on 01908 562562.

Apprentice (Resident Involvement)

£6,848 **Ref: 50016095/MKN**

Based at the Tenants Resource Centre in Netherfield, you will provide administrative support for the Resident Involvement Team. Your responsibilities will include dealing with enquiries, undertaking reception duties, and maintaining databases. A literate, numerate, and flexible team player, you will have experience of using computers and providing customer service.

For informal enquiries please contact Paula Mason on 01908 676215

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date for all posts: 10 October 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

MILTON KEYNES COUNCIL

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BEDFORD BOROUGH COUNCIL
Corporate Administration
Part-time Administrative Support Assistant
(24.5 hours per week)
(Ref:FCF085)
Band 1 (£14,197 - £14,882 pro rata)

Based within the Registration and Administration Unit, the post holder will assist in the delivery of the services provided within the Unit dependant upon operational requirements. You will report directly to the Service Manager for the Unit who will determine daily tasks as required.

The post holder will be required to work 24.5 hours per week which will comprise of 4 days of 5 hours and 1 day of 4.5 hours. Hours will fluctuate between either 8.30 am – 1.30 pm or 12.00 noon – 5.00 pm and you will need to be flexible within the working week as this is essential to maintain the smooth running of the service areas.

Duties will involve undertaking general clerical and administrative tasks including collation of performance data and support for public facing service teams such a licensing and electoral services. Additional duties may include filing, data input and counter duties.

Basic computer/keyboard skills are essential, and some tasks will involve manual handling for which on the job training will be provided. A valid driving licence is essential as you may be required to use the Council's manual gearbox vehicles to undertake your duties.

The Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, colour, religious belief, gender, sexual orientation, age and disability. Selection is on merit alone.

Closing Date: 6th October 2008.

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ, Telephone: (01234) 221609, Textphone (Minicom): (01234) 221827 email: Sgadsby@bedford.gov.uk or download details at www.bedford.gov.uk

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MKNEWS

PINDERS
Departmental Secretary

Full time Secretary required to supplement a busy team supporting a department of development and building surveyors.

The role includes the following core duties;

- Audio and copy typing
- Booking instructions and appointments
- Raising invoices
- Preparing mail merges
- General office and administrative duties

You will have the following attributes;

- Be able to demonstrate a high degree of proficiency and speed at Audio Typing
- Have good attention to detail
- Able to demonstrate a knowledge of and ability with Microsoft Excel and PowerPoint in addition to Word

To apply: Send a CV and covering letter by e-mail, for the attention of Simon Coats at;

info@pinders.co.uk

Pinder House
Central Milton Keynes. MK9 1DS

VICTORIA COTTAGE
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Excellent Conditions of Employment, Training Opportunities & Salary
Tel: 01234 271225. (Closing date 29/09/08)
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Aerospace & Defence Sales Manager - £35k + Bonus - Northamptonshire (Permanent)

Winged Aviation Group of Companies are an internationally recognised supplier of raw materials to the aerospace, motor racing and private aircraft engineering sectors. We are a fully aircraft approved distributor with ISO9001: 2000, AS9100 as well as many aircraft OEM in house approvals.

Due to our continued growth and expansion, we have an exciting role for an experienced Aerospace & Defence Sales Manager to join our niche team on a permanent basis.

Working within a small hard-working close knit team, the Aerospace & Defence Sales Manager will predominantly focus on increasing our market share of the Aerospace metals market. You will use your second-to-none business development skills and marketing experience to target essential business leads and up-and-coming opportunities to further the growth of the company.

You will be confident in pro-actively enhancing the company's market presence and will guide the driven sales team in a motivating manner to work with both new and existing customers.

Applicants will essentially possess experience and knowledge of the specialist metals market, preferably within the Aerospace and Defence industries, and will have the foresight and tenacity to grow our business in key areas. You will have a proven track record in consistent sales growth and will have the ability to exceed targets and win new business in new markets, as well as focusing on our existing customer base.

This is a challenging role with an excellent opportunity to demonstrate your successful sales background and ability to win new business.

In recognition of your expertise and achievements, we are offering a salary that reflects your levels of experience and a highly competitive bonus scheme that can provide an outstanding OTE with the results you achieve.

In the first instance please supply your CV and address it to:

The General Manager
Winged Aviation Material Supplies Limited.
Winged Aviation House
2 Stone Circle Road
Round Spinney Industrial Estate
Northampton
NN3 8RF

Or you may email your CV to: jobvacancies@winged-aviation.co.uk

Bedford Hospital NHS
every patient matters
NHS Trust

Division of Medicine & Diagnostics
Occupational Therapy

Occupational Therapy Technician

£12,412 - £17,732 p.a. pro rata
(Band 3 training post AfC handbook annex U applies)
Part Time - 29 hrs p.w. **Ref: MAD271**

You may be required to work with patients in the following areas: Medical/Older Person Wards/Orthopaedics/Surgical Wards/Neuro Rehabilitation Ward/Outpatients.

A valid UK driving licence and daily access to a car are essential.

For further information or to arrange an informal visit, please contact the Lead Occupational Therapist on 01234 792120.

For an application pack and job description please visit www.jobs.nhs.uk quoting the above reference number.

Closing date: 29 September 2008

Interview date: 9 October 2008

Only shortlisted candidates will be contacted.

Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community. Bedford NHS Trust is committed to flexible working arrangements. All NHS employees qualify immediately for membership of the NHS pension scheme.

www.bedfordhospital.nhs.uk

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As the website of choice for both residents of, and visitors to, MK, our site **www.mkweb.co.uk** has enjoyed phenomenal growth over the past 10 years.

We are now looking for a highly motivated individual to join our growing sales team.

The ideal candidate will have a proven track record in both field and telesales and have a keen interest in all things internet.

You will:

- Be results focussed
- Have outstanding written and verbal communication skills
- Be enthusiastic
- Be comfortable with both the internet & the MK market place
- Be able to develop existing client relationships and forge new ones

Based at our attractive offices by Willen Lake you will benefit from a competitive starting salary plus excellent **bonus** potential.

To apply send your CV and a covering letter to: **job0408@mkweb.co.uk**

or for more information please contact: **Carla on 01908 357037**

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You must have experience in Sheet Metal Work and be able to work from production drawings

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Stantonbury Campus
Milton Keynes

Stantonbury Campus is a large and successful Arts College with extra specialism's in Maths and Computing and Applied Learning providing education for 2,600 students aged 11 to 18 (with 450+ at Post 16). The Campus includes a large public leisure centre and theatre.

APPLIED LEARNING ADMINISTRATOR

37 hours a week/39 weeks per year. Pro-rata salary £13,764 based on full-time equivalent of £16,157

Under the direction of the Vice Principal for Applied Learning and Rich Tasks, to provide administrative support for applied learning courses at KS4 and Post 16 and for the cross-curricular Rick Tasks at KS3.

The role involves supporting Applied Learning programme leaders with the organisation of resources, activities and events which are part of the pre and post 16 curriculum including the Rich Tasks. An important aspect of the role is liaison with the examination officer to prepare relevant documentation and student work samples, and to liaise with local business and the community to bring the real world into the classroom. Provision of administrative support for evaluating the impact of the curriculum is also integral to the job.

This is a developing role and the successful candidate will need to demonstrate a degree of enthusiasm and creativity for taking the role forward, as well as the ability to work autonomously within the scope of the post.

Closing date for this post: Friday 10th October 2008

Interviews to be held w/c: 20th October 2008

Comprehensive details of this post and applications forms are available on the Campus' website or from: Louise Egerton at Stantonbury Campus, Milton Keynes MK14 6BN. Tel 01908 324400 (Fax 01908 324401) or email louise.egerton@stantonbury.org.uk

The Campus is an equal opportunities employer committed to safeguarding and promoting the welfare of students

BEDFORD BOROUGH COUNCIL

Commercial Services Department
VEHICLE REPAIRS DEPOT

Vacancy for MOT Tester/Mechanic

Current earnings (including bonus and allowances) cica £20,937 - £22,900 per annum

The Vehicle Repairs Depot is part of the Commercial Services Department, the trading arm of Bedford Borough Council which has been rated an 'Excellent' four star council. We are looking for a highly motivated, suitably qualified MOT Tester/Mechanic to join the team responsible for carrying out service and repairs.

Based in our busy Workshop on Brunel Road, the successful candidate must have demonstrable experience of working on a variety of plant and vehicles with a good understanding of current Health & Safety legislation and be able to deal with a wide range of people, both in person and by telephone, in a courteous and helpful manner.

You must possess a current valid driving licence, be qualified to at least City and Guilds Level 2 in Motor Vehicle Craft Studies or S/NVQ equivalent and hold a VOSA approved Nominated Testers Certificate in class 4, 5 and 7.

The Council is an Equal Opportunities Employer and welcomes applications irrespective of race, colour, religion or beliefs, gender, sexual orientation, age and disability. Selection is on merit alone.

Closing date: 6th October 2008.

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ,

Telephone: (01234) 221609,
Textphone (Minicom): (01234) 221827
email: Sgadsby@bedford.gov.uk or download details at **www.bedford.gov.uk**

Sir Frank Markham **Community School**
A professional learning Community

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Woughton Campus, Leadenhall, Milton Keynes, MK6 5EH, Tel: (01908) 607416
Group 7, NOR 1300, age 11 to 18 years

Headteacher: Mike O'Mahony

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"Outstanding self-evaluation" **Ofsted Nov 06**
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"There is a buzz in the air"

"The school has made significant improvements since the last inspection" Ofsted Jan '08

SCIENCE TECHNICIAN

Temporary Post until 19/12/2008
20 hours per week
Grade MK 4 - £7.85 per hour
(pay award pending)

We are a mixed, multi-ethnic comprehensive school situated close to the centre of Milton Keynes. Following a very positive Ofsted report this January, we are seeking to recruit talented and committed professionals who will help us to realise our exciting vision for the future.

We are looking for a Science Technician on a temporary basis to join our small, friendly team. The day to day role is to assist with the general care and maintenance of all equipment in our laboratories as well as assisting teaching staff during practical classes.

Preferably you will have experience of working in a laboratory situation. You will possess excellent communication skills with the ability to work under pressure, and be educated to GCSE Grade C or above in four subjects, one of which must be Science.

Some relevant experience in a school or similar environment is desirable but not essential.

All members of staff have a teaching and educative role in the life of our school, and the post- holder will be expected to be involved in the extra-curricular life of the school.

For an application form and further particulars please call (01908) 607416 or E-Mail recruitment@sfmcs.org.uk, or write to us at the above address.

Closing date for receipt of completed applications: 30th September 2008

Milton Keynes Healthy Schools

SPORT ENGLAND

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Biddenham Turn, Bedford MK40 4AZ
Tel: 01234 342521 Fax: 01234 334530
email:
biddenhamupper@schools.bedfordshire.gov.uk

An exciting opportunity for a
Teacher of SCIENCE MPS [KS3/4/5]
(Physics specialism would be an advantage)

Required for January 2009 in this friendly, successful and over-subscribed 13-19 multicultural upper school. You will be joining a vibrant and expanding department at a very exciting time. We offer a progressive curriculum and are currently looking to strengthen the department further.

Application forms and further details are available from the school.
Potential candidates are invited to visit the school to meet staff and students prior to application.

Closing Date: 7th October 2008
Interview Date: w/c 13th October 2008

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reve

Sales & Marketing Manager

Sales & Marketing Manager with demonstrable track record in capital equipment sales in a consumer driven environment, required for distributorship selling into the Aesthetic market. The product provides proven, non-invasive body contouring in a 'lunchtime' treatment.

The successful candidate will be responsible for direct selling in the Southern territory. In addition, s/he will manage the existing sales force, which consists of a Sales Manager and beauty trainer, who cover the North of England.

The role includes developing the sales pipeline, management of reference sites, all marketing activities (including website, marketing collateral, etc.) and top line responsibility.

The applicant must be a highly motivated, well-organised self-starter, and ideally based between Bedford and the M25. This is an outstanding opportunity for the right candidate to build a business with massive potential.

Send your CV and sell yourself in your application letter to:
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The Personnel Manager
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Milton Keynes
MK9 2RG

AUDIO TYPIST
with good
CONVEYANCING EXPERIENCE
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MKNEWS

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Qualified Nurses & Health Care Assistants

We require Qualified Nurses and Health Care Assistants to work as part of the forward thinking team at St John's Hospice. Palliative Care experience desirable, but not essential.

These are day/night rotational posts offering excellent training opportunities within a supportive team.

For further information, Application Form and Job Description contact:
Sue Bailey, Head of Care on 01767 640622
Closing date for applications Friday 9th October 2008.
Interviews w/c 20th October for permanent positions.

Volunteers

We are also recruiting volunteers to work with our patients and support services in a variety of roles including recreational activities and complementary therapy.

For further information contact Amalia Ramsey Volunteer Coordinator on 01767 640622

Casual Domestic/Catering Staff

To work on an ad hoc basis alongside our permanent team.
Call 01767 640622 for an application form.
Due to the rural location, own transport is essential.
(Sue Ryder Care is a registered charity no 1052076)

Recruitment Agency Listing

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Drivers
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HGV 11
7½ Tonne Mates
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For an application form and role profile, please contact BMI The Manor Hospital on 01234 364252, or write to Hospital Secretary, BMI The Manor Hospital, Church End, Biddenham MK40 4AW.

Closing date: 10th October 2008.

We are an equal opportunities employer.
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Please call us or visit our website for an application form.
Closing date for applications: 3rd October
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This extra position has arisen due to expansion of the Department after gaining Specialist School status in Humanities, with English as the leading subject. We are seeking to appoint an excellent classroom practitioner to become an AST in English within our school for January 2009. Salary is negotiable for the correct candidate.

Both applicants need to be enthusiastic, have vision and be willing to move this highly successful Department forward at all Key Stages. Applicants for both positions need to have expert subject knowledge, be able to work in improving the teaching of others and be willing to move this highly motivated and innovative Department forward at all Key Stages. Salary is negotiable for the correct candidate.

Application forms/details are available from the school office at the above address or in downloadable form from our website. Closing date for both applications is: Monday 29th September. Interviews will be the following week.

We are committed to safeguarding and promoting the welfare of children. The successful applicants will be required to undertake an enhanced CRB check.

humanities

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Haylands Way, Bedford MK41 9BX
Tel: 01234 261516
e-mail: goldmid@deal.bedfordshire.gov.uk

Ofsted, April 2007: "Goldington Middle School is an outstanding school; pupils blossom within the highly positive learning environment."

MATHEMATICS TEACHER (MPS)

Required for January 2009, an enthusiastic, energetic and suitably qualified Mathematics teacher to join the dedicated and friendly staff at this highly regarded 9-13 middle school.

This vacancy provides an excellent opportunity to work within a very successful team, developing strategies for learning and teaching, and contributing strengths throughout the school. We are committed to supporting the professional development of all colleagues.

The post is permanent, full-time and would be suitable for either an NQT or experienced teacher.

Visits to the school by arrangement are welcome. Further details can be obtained by telephoning the school.

Applications, by official application form or by CV and accompanying letter, should be returned to the Head Teacher by Friday 3rd October 2008.

GOLDINGTON MIDDLE SCHOOL

Haylands Way, Bedford MK41 9BX
Tel: 01234 261516
e-mail: goldmid@deal.bedfordshire.gov.uk

Ofsted, April 2007: "Goldington Middle School is an outstanding school; pupils blossom within the highly positive learning environment."

MUSIC TEACHER - (part-time) - MPS

Required for January 2009, an enthusiastic, energetic and suitably qualified Music teacher to join the dedicated and friendly staff at this highly regarded 9-13 middle school, for one day per week.

This vacancy provides an excellent opportunity to work within a very successful team, developing strategies for learning and teaching, and contributing strengths throughout the school. We are committed to supporting the professional development of all colleagues.

The post is permanent, part-time and would be suitable for either an NQT or experienced teacher.

Visits to the school by arrangement are welcome. Further details can be obtained by telephoning the school.

Applications, by official application form or by CV and accompanying letter, should be returned to the Head Teacher by Friday 3rd October 2008.

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For more information about this role please visit our website:

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Please telephone or e-mail for an application pack.

Closing date for applications: 9am on Thursday 9th October 2008

Interviews: Friday 17th October 2008

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The successful candidate will be based in Harrold Middle School and Margaret Beaufort Middle School.

We are looking to appoint a full time School Sports Co-ordinator (SSCo) from December 2008.

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The Co-ordinator will be responsible for two middle schools and their associated feeder lower schools. They will also be responsible for the development of effective Club School Links, leadership and volunteering as well as develop high quality PE provision across the whole partnership. They will also manage the development of PE and school sport within their family of schools.

Candidates without qualified teacher status will be considered but will need to demonstrate a commitment to education and be prepared to undertake the Graduate Teacher Programme.

For further details and an application form, please contact: Kay Garrod, Sharnbrook Upper School, Odell Road, Sharnbrook MK44 1JL
Tel: 01234 783807 Email: kaygarrod@hotmail.com
Closing date for applications: 3rd October 2008

All applications are subject to CRB Clearance and references.

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To apply for the above positions please send your CV and covering letter quoting the reference by email to careers.uk@movianto.com or write to The HR Department, Progress Park, Bedford MK42 9XE. The closing date for receipt of applications is Monday 29th September 2008.

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Closing date: Wednesday 8 October 2008.

www.actionforchildren.org.uk

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NOTICE OF APPLICATION FOR A VARIATION OF PREMISE LICENCE/CLUB PREMISE CERTIFICATE

NOTICE is hereby given that FARAD-BEZCHI has applied to THE LICENSING AUTHORITY AT MILTON KEYNES COUNCIL for a VARIATION OF THE PREMISES LICENCE / CLUB PREMISE CERTIFICATE at COURTYARD BRASSERIE.

The proposed variations are: To be able to have indoor live music, to be able to have dance performance, to have recorded music up to 12am, provision of late night refreshment, provision of sale by retail of alcohol.

Full details of the application can be viewed via The Licensing Register at the Civic Offices of the Council. This is accessible Mondays to Thursday between the hours of 9am to 5pm, and Fridays 9am to 4pm (excluding bank holidays) or online at www.mkweb.co.uk/licensing

Representations received in response to this application will be made available for public inspection in accordance with the provisions of the Licensing Act 2003 and must relate to one of more of the licensing objectives (namely crime and disorder; public nuisance; public safety; or protection of children from harm).

Residents making representations must live in the vicinity of the premise.

It is an offence to knowingly or recklessly make a false statement in connection with an application and the maximum fine of £5,000 is liable on summary conviction for the offence.

Any interested party or responsible authority wishing to make representation in respect of this application must do so in writing by: 28th October 2008

To the following address: LICENSING TEAM, ENVIRONMENT DIRECTORATE, MILTON KEYNES COUNCIL, PO BOX 105, CIVIC OFFICES, 1 SAXON GATE EAST, MILTON KEYNES MK9 3HH. 01908 252800. Email: licensing@milton-keynes.gov.uk.

Dates this 15th day of September 2008.

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NOTICE IS HEREBY GIVEN pursuant to Section 98 of the Insolvency Act 1986 that a Meeting of the Creditors of the above named Company will be held at Holiday Inn, Milton Keynes East, M1 Junction 14, London Road, Newport Pagnell MK16 0JA on 6 October 2008 at 12.30pm for the purposes mentioned in Sections 99, 100 and 101 of the said Act.
Pursuant to section 98(2) of the Act, Jonathan Guy Lord, Bridgestones, 125/127 Union Street, Oldham OL1 1TE, will during the period before the day on which the meeting is held, furnish Creditors, free of charge, with such information as they may reasonably require.
BY ORDER OF THE BOARD
J HEBBS *Chairman*
Dated 17 September 2008

IN THE MATTER OF THE INSOLVENCY ACT 1986 AND IN THE MATTER OF EVOLUTION GRAPHICS LIMITED
Company Number: 4730705
NOTICE IS HEREBY GIVEN, pursuant to Section 98 of the Insolvency Act 1986, that a meeting of the creditors of the above-named company will be held at Bottomley & Co, Glenwood House, 5 Arundel Way, Cawston, Rugby, Warwickshire CV22 7TU on Tuesday 7 October 2008, at 11.30am, for the purposes mentioned in Sections 99, 100 and 101 of the Insolvency Act 1986.
A list of the names and addresses of the company's creditors will be available for inspection, free of charge at Bottomley & Co, Glenwood House, 5 Arundel Way, Cawston, Rugby, Warwickshire CV22 7TU during the two business days preceding the date of the meeting.
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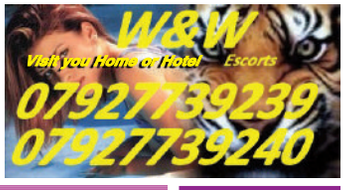
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33YR old bubbly, cuddly, genuine, N/S, 5ft 1ins, seeks romantic, honest, genuine, gentle giant for nights out or cosy nights in. **Tel No: 0906 199 8100 Box No: 340854** 📷

WIDOW mid 70's, likes dancing, countryside, meals out, coach trips, seeks gent for friendship and companionship. **Tel No: 0906 199 8100 Box No: 341170**

72YR old female, fed up, GSOH, likes walks, meals out, cinema, swimming, seeks tall, genuine male of similar age for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 340840** 📷

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0906 199 8100 Box No: 305342**

42YR old single biker lady, trustworthy, kind, caring, seeks similar gent, 38-45 for romance and fun. **Tel No: 0906 199 8100 Box No: 340944**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 317168**

BUSY petite, bubbly blonde, WLTM genuine male to share good times with. Maybe more. **Tel No: 0906 199 8100 Box No: 337732**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0906 199 8100 Box No: 233352**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0906 199 8100 Box No: 257879** 📷

WACKY slim but curvy female, long dark hair, likes the simple things in life, would love to spend intimate nights in with someone special. **Tel No: 0906 199 8100 Box No: 337734**

SEXY black lady, seeks male, any age for romance. **Tel No: 0906 199 8100 Box No: 263846**

ATTRACTIVE lady 49, warm, loving, likes nights out, cuddles, seeks kind, loving male for happy relationship. **Tel No: 0906 199 8100 Box No: 263451**

SANDRA 46, fun loving, single mum, seeks male to love and hug. **Tel No: 0906 199 8100 Box No: 339590**

SEARCHING for a fit, fresh Englishman, 30-45 preferably with no ties for likewise to captivate me. **Tel No: 0906 199 8100 Box No: 339820**

WIDOWER 59, 5ft, N/S, cuddly, seeks male, 59-75 for companionship. **Tel No: 0906 199 8100 Box No: 337366**

ATTRACTIVE curvy female, likes to dance, seeks romantic single male who wants to live life. **Tel No: 0906 199 8100 Box No: 337736**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0906 199 8100 Box No: 248208**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 288282**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0906 199 8100 Box No: 226953**

SEXY black lady, seeks male, any age for romance. **Tel No: 0906 199 8100 Box No: 263846**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0906 199 8100 Box No: 257085** 📷

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SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

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MATURE female, bubbly and beautiful, still has what it takes, WLTM experienced male who would like to have intimate fun. **Tel No: 0911 374 0222 Box No: 337738**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

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SEARCHING for a fit, fresh Englishman, 30-45 preferably with no ties for likewise to captivate me. **Tel No: 0911 374 0222 Box No: 339820**

WIDOWER 59, 5ft, N/S, cuddly, seeks male, 59-75 for companionship. **Tel No: 0911 374 0222 Box No: 337366**

N/S lady, 51, loves life, likes countryside, motorbikes, travel, seeks genuine, tall, slim male with similar interests. **Tel No: 0911 374 0222 Box No: 336078**

LOVER of classical, light music, animals, gardening, literature, seeks likeminded gent, 50 plus, to put world to rights together. **Tel No: 0911 374 0222 Box No: 339634**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952** 📷

58YR old female, passionate, spiritual, compassionate, likes music, nature, sun, sea, seeks gent, similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 334636**

ATTRACTIVE lady, divorced, slim, GSOH, kind, caring, seeks gent, 60's to be that special person. **Tel No: 0911 374 0222 Box No: 339554**

50YR old black female, divorced, genuine, soft spoken, seeks caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330698**

SINGLE mum, 46, OHAC, seeks special male to share good times with, maybe more. **Tel No: 0911 374 0222 Box No: 333566**

38YR old lady, kind, genuine, medium build, seeks male, 45-55 for relationship. **Tel No: 0911 374 0222 Box No: 338352**

YOUNG 60's female, blonde hair, blue eyes, 5ft 6ins, medium build, warm, loving, GSOH, N/S, seeks sincere, loving male, 50-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 327532**

TALL fabulous, bubbly lady, 58, would like to meet tall, romantic gentleman to share the good times. **Tel No: 0911 374 0222 Box No: 321058** 📷

27YR old brunette, slim, curvy, GSOH, seeks honest, romantic male for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 329192**

HEAD strong, Amazonia lady, 40's, seeks slender, passive/aggressive male who won't get in the way. Likes cats, dislikes spears. **Tel No: 0911 374 0222 Box No: 327416**

42YR old female, single mum, 5ft 5ins, medium build, likes sports, TV, nights in, seeks male, 38-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 329430**

BUBBLY young 47yr old attractive single mum, Mediterranean looking, seeks sincere, loving, handsome male for friendship maybe more. **Tel No: 0911 374 0222 Box No: 325698**

CHRISTIAN female, 47, single mum, size 10, blonde hair, green eyes, likes meals out, theatre, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 326460**

WIDOW late 60's, 5ft 5ins, slim, fit, romantic, tactile, loving, likes theatre, walks, countryside, wildlife, rugby, seeks loving man for genuine relationship. **Tel No: 0911 374 0222 Box No: 325306**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732** 📷

WIDOW 60, young outlook, size 10-12, 4ft 11ins, dark hair, N/S, OHAC, seeks male for friendship. **Tel No: 0911 374 0222 Box No: 325488**

FEMALE 25, lively, talkative, confident, likes gigs, meals out, pubs, days out, seeks male, 24-32 for friendship. **Tel No: 0911 374 0222 Box No: 322268**

ATTRACTIVE female, black origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

LADY early 60's, tall, smart, semi retired, own car, likes cooking, gardening, seeks tall, kind gent for companionship, outings, possible relationship. **Tel No: 0911 374 0222 Box No: 323968**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410** ✉

ROSE 52, 5ft 4ins, Caribbean origin, likes nights in, conversation, TV, seeks tall male, 50's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 269034** 📷

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316910**

FEMALE seeks honest, caring, genuine male, 50-60's for LTR. **Tel No: 0911 374 0222 Box No: 318510**

MICHAELA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036** ✉

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

27YR old female, 5ft 3ins, medium build, hazel eyes, likes pubs, clubs, sports, films, seeks male, 25-35 with similar interests. **Tel No: 0911 374 0222 Box No: 317520**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646** 📷

WIDOW slim, seeks gent, 60-70's for friendship, holidays, maybe more. **Tel No: 0911 374 0222 Box No: 313616**

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310774**

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0911 374 0222 Box No: 309882**

CUDDLY 46yr old female, brown hair, blue eyes, genuine, affectionate, loving, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 313104**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816** 📷

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

40YR old female, 5ft 4ins, slim, dark hair, brown eyes, likes walks, films, talks, nights in, seeks male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 308834**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0911 374 0222 Box No: 299302**

39YR old female, likes pubs, clubs, cinema, meals out, seeks guy with similar tastes, between 35-45. **Tel No: 0911 374 0222 Box No: 303058**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679** 📷

MADDIE 40's, attractive, seeks nice, genuine male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 290710**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

5FT 6ins female, 53, brown hair/eyes, GSOH, seeks honest male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 285754**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

GILL 53, lonely, seeks honest, trustworthy male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 284034**

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6FT 2ins male, athletic, keep fit, seeks attractive, slim, tall female, 30-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341558**

JASON 38, 6ft, blue eyes, honest, romantic, passionate, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 334126** 📷

61YR old solicitor, semi retired, smoker with discretion, seeks lady companion. **Tel No: 0911 374 0222 Box No: 333818**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930** ✉

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

STEVE attractive, 6ft, late 20's, brown hair, seeks female, 18-40 for fun times. **Tel No: 0911 374 0222 Box No: 340310**

37YR old male, 5ft 11ins, slim, honest, GSOH, romantic, likes pubs, meals out, socialising, gym, seeks female, 25-45. **Tel No: 0911 374 0222 Box No: 339378** 📷

EMERGENCY worker, 44, 5ft 9ins, medium build, blue eyes, brown hair, likes meals out, cinema, walks, seeks female, 35-55 for LTR. **Tel No: 0911 374 0222 Box No: 340080**

TALL black male, 37, likes reading, cooking, bodybuilding, seeks black female, 18 plus for friendship/relationship. **Tel No: 0911 374 0222 Box No: 339394**

49YR old male, 6ft, stocky, seeks female, 60 plus for fun, friendship and cuddles. **Tel No: 0911 374 0222 Box No: 339208**

GARY early 50's, large build, seeks female for meals out, pubs, cinema, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 339042**

EASYGOING male, 42, down to earth, 5ft 7ins, likes most things, seeks similar female to share good times. **Tel No: 0911 374 0222 Box No: 338582**

MALE 38, likes countryside, seeks country loving female, 30-42. **Tel No: 0911 374 0222 Box No: 338454** ✉

PAUL 36, 5ft 8ins, seeks female, any age/looks for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 333704** 📷

LONELY male, sincere male, 38, seeks genuine female for love and commitment. **Tel No: 0911 374 0222 Box No: 338414** ✉

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PAUL 47, own business, likes clay pigeon shooting, horse riding, cycling, country pubs, seeks N/S female, under 45. **Tel No: 0911 374 0222 Box No: 338068**

40YR old builder, divorced dad, likes pubs, cinema, meals out, seeks female, similar age for fun and friendship. **Tel No: 0911 374 0222 Box No: 334650**

LARRY widower, 62, likes fine things in life, seeks similar female. **Tel No: 0911 374 0222 Box No: 336860**

29YR old male, 6ft, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 333626**

MALE 50, tall, slim, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 331958**

TALL slim, romantic, honest guy, 39, seeks genuine female, 30-40. **Tel No: 0911 374 0222 Box No: 331702** 📷

LONELY Scorpio male, 45, 5ft 10ins, N/S, likes music, nights in/out, seeks N/S female, 40-46 for LTR. **Tel No: 0911 374 0222 Box No: 331608**

JOE 5ft 11ins, dad, likes music, nights in/out, cinema, pubs, seeks similar female. **Tel No: 0911 374 0222 Box No: 329230**

MALE 38, likes outdoor life, seeks country girl, 29-43. **Tel No: 0911 374 0222 Box No: 325016** ✉

48YR old solvent, professional male, 5ft 9ins, fit, likes sports, clubs, theatre, seeks professional, slim female, 30-50 with similar interests. **Tel No: 0911 374 0222 Box No: 322556**

MALE GSOH, 56, OHAC, N/S, likes drives, meals out, shows, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330004** 📷

STEVEN 40, uncomplicated, romantic, loyal, 5ft 6ins, blue eyes, blond hair, likes countryside, pubs, golf, seeks loving female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330346**

MALE 57, smoker, seeks female companion for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 322458**

WIDOWER seeks female, 55-60 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327264**

MALE 40, 5ft 9ins, medium build, blue eyes, blond hair, genuine, trustworthy, seeks female, 30-48 for romance and TLC. **Tel No: 0911 374 0222 Box No: 321490**

EASYGOING male, down to earth, 59, romantic, 5ft 8ins, slim, attractive, seeks similar female. **Tel No: 0911 374 0222 Box No: 320964**

MALE no ties, likes holidays, conversation, seeks attractive, presentable, caring lady to enjoy life with. **Tel No: 0911 374 0222 Box No: 320520** ✉

LONELY attractive, black Prince, 33, 6ft 1ins, likes keep fit, seeks Princess for fun and adventure. **Tel No: 0911 374 0222 Box No: 318980**

MALE 55, 5ft 8ins, smoker, honest, caring, trustworthy, solvent, likes nights in/out, holidays, seeks female 40-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316934**

ANDY 48, faithful, honest, romantic, passionate, seeks soul mate. **Tel No: 0911 374 0222 Box No: 316464**

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. **Tel No: 0911 374 0222 Box No: 322226** 📷

MALE 33, attractive, 5ft 10ins, own home, tattoos, seeks female, 30-40 for fun and friendship. **Tel No: 0911 374 0222 Box No: 316588**

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 314194**

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MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, any age to enjoy life and what the world has to offer. **Tel No: 0911 374 0222 Box No: 311066**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

MALE 56, smoker, seeks companion for outings and possible LTR. Someone homely who enjoys the simple things. **Tel No: 0911 374 0222 Box No: 308344**

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2004 04 CITROEN C3 PLURIEL AUTO Grey CD, PAS, CL, EW 25,000 Mls	£4,995	£500	£5,495
2005 05 206 1.1 S 5DR Moonstone CD, PAS, CL, EW 21,110 Mls	£4,995	£300	£5,295
2005 05 ZAFIRA 1.6 LIFE 5DR Ultra Blue CD, PAS, A/C, Alloys, CL, EW, EM 33,606 Mls	£5,495	£300	£5,795
2006 06 TOYOTA AYGO + VVT-I Blue CD, PAS, CL, EW, EM 31,000 Mls	£5,595	£200	£5,795
2006 06 CLIO 1.2 EXPRESSION 5DR Gold CD, PAS, A/C, CL, EW 15,000 Mls	£5,795	£1,000	£6,795
2007 07 307 1.4S 5DR Mulberry CD, PAS, A/C 14,646 Mls	£5,795	£1,200	£6,995
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2004 04 KIA SEDONA 2.9 SE AUTO 7 SEATER Blue CD, PAS, A/C, EW 28,000 Mls	£6,995	£300	£7,295
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2006 06 807 2.0 HDI SE AUTO 110 China Blue CD, PAS, A/C, CL, EW 17,351 Mls	£9,995	£1,000	£10,995
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2005 55 307 CC 2.0 HDI 136 Neysha Blue CD, PAS, A/C, EW 34,992 Mls	£10,495	£1,300	£11,795
2007 07 207 1.6 GT HDI 3DR Neysha Blue CD, PAS, A/C, Alloys, CL, EW, Half Lthr 3,668 Mls	£10,495	£800	£11,295
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2008 57 307 1.6 110 DIESEL SPORT Grey CD, PAS, A/C, Alloys, CL, EM, EW 3,000 Mls	£10,995	£2,000	£12,995
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2008 08 207 1.6CC GT TURBO Black CD, PAS, A/C, Alloys, CL, EW, Lthr 2,954 Mls	£14,795	£500	£15,295
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Volvo S60 2.0 T SE Auto 2002 (52) Reg.
Metallic Silver with dark grey leather and wood effect interior. 40,000 Miles with F/S/History, air conditioning, electric windows, electric mirrors, electric heated front seats with memory, heated front screen, CD player, cruise control, multi function steering wheel, headlamp wash wipe, remote central locking, alloy wheels, 12 months MOT and 12 months warranty. 2/3 years optional. £7,995

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2 Owners 72,000 miles F/S/History. Blue metallic with grey leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, remote central locking, electric seats. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional £5,995

SPORTS

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Peugeot 307 cc 2.0 Convertible 2/D/C 2005 (05) Reg.
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Jaguar X Type 2.0 Diesel SE Saloon 2005 (54) Reg.
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Jaguar X Type 2.0 Diesel SE (Euro 4) 2005 (05) Reg.
1 Owner 84,000 miles F/S/History Radiance Red metallic with champagne leather, air conditioning, electric windows, electric mirrors, alloy wheels, CD player, Headlamp wash, rear parking assist, remote central locking. Excellent condition, 12 months MOT 12 months warranty 2/3 years optional. £7,995

Jaguar X Type 2.0 Diesel SE (Euro 4) 2005 (05) Reg.
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Hyundai Santa Fe 2.0 CRTD GSI Automatic 2003 (03) Reg.
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Hyundai Santa Fe 2.7 V6 SE CDX Automatic 2003 (03) Reg.
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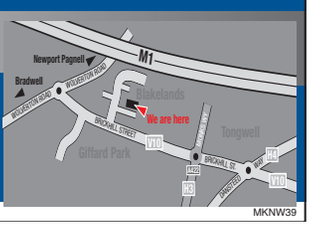

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00 (W)	MEGANE SCENIC 1.6 5dr, silver, 62k, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£1,595
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99 (V)	CLIO RXE 1.6 AUTO, met blue, 61k, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc	£1,895
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99 (S)	OMEGA 2.5 Elite, met green, PAS, e/w, c/l, a/c, e/seats, MoT, vgc	£995
	DIESELS	
99 (V)	ASTRA ENVOY 1.7 TD 5dr, met red, PAS, s/r, stereo, MoT, vgc	£1,395
99 (S)	MEGANE SCENIC TD, red, PAS, e/w, c/l, e/rs, stereo, MoT, vgc	£1,295
99 (T)	PEUGEOT 306 5dr, D Turbo, black, 2 owners, PAS, e/w, c/l, s/r, stereo, MoT	£1,295
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00 (X)	NISSAN VANETTE DIESEL, red, sling door, 64k, PAS, stereo, MoT, vgc throughout	£1,595
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07884 292447

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MKNEWS

Peugeot

PEUGEOT 206LX 1.4
51, MoT Jun 09, tax Dec 08, 49k, 3dr hatch, Red, P/S, E/F/W, R/C/L, E/W/M, ex cond in/out
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07979 472584 (T)

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01908 260991

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07885 797350 (T)

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£ 1,350
01234 354074
07843 432316 (T)

Rover-MG

620 Si
1997 R reg.2.0. 12 months MOT. a/c, a/b/s, a/b, e/f/w, p/s, c/l.133K, alloys, honda engine.
£550
07843 432316
01234 354074 (T)

MGF VVC 1800
1998 Silver, red leather interior walnut dash CD player, 52k, two lady owners only, MoT Nov Nov
£2700
01234 314364

ROVER 216
P Reg, automatic, met silver, 60k, 12 mnths MoT, VGC
£795 ono
01234 354344
07860 585152 (t)

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£400
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Vauxhall

ASTRA
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07709 142946

VAUXHALL ASTRA 1.4

R Reg, met blue, MoT feb 09, 89k, 5dr

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2005, 27k, Met Blue, Alloys, CD, 3DR, VGC, 2 owners.

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'T' Reg, 1 Litre, Very Nice Car, Alloys, Long Tax, MOT, Good Runner

ONLY £850
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CD Auto, Black, 2000 Reg, MOT July 09, Very Good Condition

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01234 743743

VAUXHALL VECTRA

1.8 2002. NEW SHAPE. 101,000 miles, manual, silver, MoT 7 mnths Tax, 4 months , lady owner, very clean, VGC, FSH

£2000 ono
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VAUXHALL VECTRA 2.5

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07860 530222

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2001 (Y), Blue, 91k, MoT July '09, Taxed, f/s/h, good condition

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07988 680292

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VOLVO C70 CONVERTIBLE

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£995
01234 305875
07986 040828 (T)

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white. X reg.MOT and tax. Some history. p/s, roof rack.106K.Very clean.

£1200 ono
07775 776221

Commercials

FORD FIESTA VAN

Diesel, P Reg, 67k, 12 mnths MoT, 6 mnths Tax, very clean

£760 ono
07847 553712

MKNEWS

FORD TRANSIT 3500cc

New Shape, Y Reg, 12 mths MoT, silver, SLD, e/w, good cond

£2,995 ono
01234 851634
07759 051766

VAUXHALL ASTRA

DIESEL VAN 1.7TDLSR reg, 12 months MOT,VGC for year, plylined, grills, towbar, economic

£1100
01234 409709

VAUXHALL CORSA VAN

R reg, diesel. 4 mths Tax 9mths MOT.

£550 no VAT
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DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	

October

4	Millwall	A
11	Carlisle	H
18	Crewe	A
21	Stockport	H
25	Cheltenham	H
28	Leyton Orient	A

November

1	Tranmere	H
15	Hartlepool	A
22	Walsall	A
25	Hereford	H

December

6	Scunthorpe	H
12	Brighton	A
20	Leeds	H
26	Bristol Rovers	A
28	Southend	H

January

3	Peterborough	A
10	Colchester	H
17	Carlisle	A
24	Millwall	H
27	Leyton Orient	H
31	Cheltenham	A

February

3	Stockport	A
7	Crewe	H
14	Hartlepool	H
21	Tranmere	A
28	Leicester	H

March

3	Northampton	A
7	Swindon	A
10	Huddersfield	H
14	Oldham	H
21	Yeovil	A
28	Leeds	A

April

4	Brighton	H
10	Southend	A
13	Bristol Rovers	H
18	Scunthorpe	A
25	Walsall	H

May

2	Hereford	A

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Goalscorer: Aaron Wilbraham fires in a shot

Goalscorer: Super Sam gets a lift from Wilbraham

'The perfect game'

Dons' boss Roberto Di Matteo

COLCHESTER UNITED 0

MK DONS 3

Wilbraham 2, Baldock 88, 90

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

ONE year ago MK Dons were fighting their way to the top of League Two and Colchester United were falling down the Championship table.

So what a difference 12 months made as the Dons swept aside their hosts with a 3-0 victory which ultimately cost U's boss Geriant Williams his job.

Aaron Wilbraham's first goal of the season, a 25-yard half-volley inside two minutes, put the Dons on the front foot and Colchester never really looked like finding their way back.

The U's supporters were not afraid to voice their displeasure at the Colchester performance but things were made worse on the 88th minute when Sam Baldock put the final nail in the coffin for Williams.

The 19-year-old striker started on the bench for the first time the season due to Ali Gerba making his long-awaited debut for the Dons.

And Baldock certainly gave boss Roberto Di Matteo food for thought when he came on in the final 20 minutes to score twice and give the Dons a flattering scoreline.

A strong defence, bolstered by the first appearance of summer signing Miguel Angel Llera ensured a quiet day at the office for Willy Gueret who barely touched the ball.

Colchester's only dangerous looking opportunity fell to Mark Yates when his powerful free-kick smashed the upright before the break.

There were few options for Colchester as the Dons stifled superbly, so with target men Sunday Wasiu and ex-Don Clive Platt upfront they opted for the long ball approach.

Wilbraham was unfortunate not to have grabbed a second when he was denied by the offside flag.

Mark Wright, who had set up the first, embarked on a lung-busting run down the left before squaring across for Wilbraham to tap in at the far post.

Following the disallowed goal Yates wastefully struck into the arms of Gueret.

The long awaited second came two minutes from time when Baldock ran onto Alan Navarro's knock forward, brushed past Phil Ifil to round keeper Dean Gerken.

And minutes later he was celebrating his second when Wilbraham unselfishly crossed low from the right for Baldock to make it 3-0.

Di Matteo said: "We were 1-0 ahead, we kept the game nice and tight, controlled it most of the time. I don't think they had any clear chances, so I'm very pleased with the performance.

"I think the result is lying a bit because it was a perfect start to an away game.

"I'm not sure about the offside goal – whether it was offside or onside – but I think it was the perfect game."

Delighted Dons fans chanted to a despairing Williams 'you're being sacked in the morning' – as it turned out he departed 48 hours later.

COLCHESTER UNITED: Gerken, White (Elito 45), Jackson, Coyne, Reid, Platt, Izzet (Hammond 76), Yeates, Wasiu (Vernon 63), Perkins, Ifil.

MK DONS: Gueret, Lewington (c), Llera, O'Hanlon, Wright, Wilbraham, Regan, Cummings, Gerba (Baldock 70), Navarro, Leven.Booked: Wilbraham

Referee: Mr T Kettle

Attendance: 4, 888

LEAGUE ONE TABLE

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	Oldham	7	3	0	0	10	3	2	2	0	8	5	10	17
2	Scunthorpe	7	2	0	1	4	3	3	0	1	10	4	7	15
3	Leeds	7	1	1	1	7	6	3	1	0	8	3	6	14
4	Millwall	7	3	1	0	7	2	1	1	1	4	4	5	14
5	Leicester	6	2	0	1	5	2	2	1	0	7	1	9	13
6	Carlisle	7	3	0	1	10	6	1	1	1	4	4	4	13
7	Walsall	7	2	0	1	7	5	2	1	1	6	4	4	13
8	**MK DONS**	**7**	**2**	**0**	**1**	**5**	**2**	**2**	**0**	**2**	**6**	**5**	**4**	**12**
9	Hartlepool	7	2	1	1	11	7	1	0	2	2	4	2	10
10	Stockport	7	0	3	1	2	5	2	1	0	5	1	1	10
11	Tranmere	7	2	0	1	5	2	1	1	2	6	9	0	10
12	Southend	7	2	0	1	2	2	1	1	2	8	11	-3	10
13	Brighton	7	0	2	2	2	6	2	1	0	5	2	-1	9
14	Peterborough	7	2	1	1	11	8	0	1	2	1	3	1	8
15	Huddersfield	7	1	1	2	6	8	1	1	1	3	3	-2	8
16	Swindon	7	1	0	2	5	7	1	2	1	4	5	-3	8
17	Leyton Orient	7	1	1	2	3	7	1	1	1	2	3	-5	8
18	Yeovil	7	0	4	0	5	5	1	0	2	3	8	-5	7
19	Bristol Rovers	8	1	0	2	9	7	0	3	2	10	12	0	6
20	Northampton	7	1	2	0	5	3	0	1	3	4	9	-3	6
21	Crewe	7	2	0	2	8	7	0	0	3	4	11	-6	6
22	Cheltenham	8	2	0	2	5	7	0	0	4	3	14	-13	6
23	Colchester	6	0	2	1	2	5	1	0	2	5	7	-5	5
24	Hereford	7	1	1	2	5	5	0	0	3	2	9	-7	4

VIEW FROM THE MOOCAMP

DRISSA Diallo has joined former boss Martin Allen at Cheltenham Town.

But Dons fans need not worry it is only for a month-long loan.

The defender has made one appearance, in the Carling Cup, since returning from a shoulder operation in the summer.

With plenty of options at the back the Dons allowed Diallo to go to Cheltenham and he played 90 minutes in their 2-0 defeat to Millwall.

DEFENDER Sean O'Hanlon has been named in the League One team of the Week.

It is the first time this season the strong centre-back has been named in the divisional eleven.

League One Team of the Week in full: David Forde (Millwall), Ryan Shotton (Tranmere Rovers), Stephen Roberts (Walsall), Sean O'Hanlon (MK Dons), Aidan White (Leeds United), Andy Liddell (Oldham Athletic), Stephen Gleeson (Stockport County), Andy King (Leicester City), Chris Taylor (Oldham Athletic), Chris Greenacre (Tranmere Rovers), Dougie Freedman (Southend United).

MK Dons Sport and Education Trust have launched a new development project to tackle obesity and promote a healthier well-being.

Onside for Life is a ten week programme open to children aged 7-13 years old, who are above their ideal weight, accompanied by a parent or guardian.

The programme is working in alignment with the successful organisation M.E.N.D (Mind, Exercise, Nutrition and Do it!) who have already helped hundreds of children across the UK.

Onside for Life is currently being held at stadiummk on Monday and Wednesday evenings between 5.30-7.30pm.

And a M.E.N.D programme on Tuesdays and Thursdays at 4.30-6.30pm.

If you think your child may qualify to get involved in this practical, fun and educational programme then contact Jemma on 01908 662 885.

PREVIEW

PETERBOROUGH
League One
Saturday, September 27
stadiummk
KO 3pm

FOR MK Dons' fans this is one of the biggest games of the season.

Last year the Dons went head-to-head with Peterborough for promotion and then the title with the Dons claiming the championship.

Big-spending Peterborough were expected to replicate the success this year in League One but it is the Dons who have had the better start.

Darren Ferguson has had little luck on the injuries front with star striker Aaron Mclean dislocating his elbow, and then defender Shane Blackett dislocating his shoulder in the same week.

Posh have drawn their previous two matches, they came from behind to earn a point against Tranmere and the last time they took maximum points was in a nine goal thriller with Bristol Rovers.

Of their three games on the road this term they have drawn one and lost two.

The Dons' home form has seen them win two out of three with only Swindon to take three points from stadiummk.

Although there will be no threat of Mclean the Dons will have to been on their toes to nullify the threat of Craig Mackail-Smith.

The pacey striker has already netted six league goals.

MKSPORT

Olney find Division 2 a whole new ball game

LOCAL RUGBY

SOUTH WEST 2 EAST

OLNEY discovered the harsh realities of life in a higher division as they were thrashed 58-3 by Reading.

The newly promoted side were torn apart by Reading who extended their stay at the top of the league.

A solo penalty kick from the boot of Richard James was the only score Olney could post on an afternoon they will want to forget quickly.

James, Olney's scrum half, actually gave his side an early lead with his penalty.

The scoreline did not appear too harsh at half-time as Olney trailed 3-20, although they had several chances to narrow their hosts lead but opted to give for possession instead.

Early in the second half flanker Johnny Card was sin binned for playing offside, but it was evened up soon after when a Reading player was also shown a yellow card.

The wheels then came off as missed tackles crept in and Olney were left on the wrong side of a heavy scoreline.

BLETCHLEY were handed a walkover victory when Henley Wanderers failed to raise a team for their match at Manor Fields.

Wanderers were unable to field a front row, so as a result Bletchley were awarded two points while their opposition were deducted two.

Bletchley are in fourth place and take on second placed Maidenhead at Manor Fields this Saturday.

SOUTHERN COUNTIES NORTH

MILTON Keynes romped to a 42-8 victory over Chipping Norton.

Fly half Andrew White kicked 17 points as MK moved second in the table, level on points with leaders Buckingham.

The tries were shared among the team with

Andy Williamson, Daniel Pearson, Daniel Walker, Shaun White and Terrence Woodhall all crossing the line.

This weekend MK face third placed Marlow.

Life with the Lions

BASKETBALL

Guildford heat are too hot to handle

MK LIONS 60

GUILDFORD HEAT 68

(149-159 on aggregate)

THE opportunity to claim the Cup Winners' Cup proved too difficult for MK Lions as they missed out by to the title holders Guildford Heat.

But the Lions, who stuck with the same side for two years, have new faces and already look to have gelled together.

Owner and head coach Vince Macaulay told MK NEWS why he has chosen the following players for the 2008/09 roster.

■ ON Friday Lions host Cheshire Jets at Bletchley Leisure Centre, tip-off is at 7.30pm. On Sunday they travel to London Capital, tip-off at 4pm.

Not pictured: ROBERT YOUNGBLOOD, 39 ,power forward, 6ft 7ins: Came into his own towards the end of last season. Fantastically gifted player, he's going to have a great season.

DRU SPINKS, 28, guard/forward, 6ft 5ins: Captain fantastic. Gives you everything you want. His 22 points in the Championship final shows how far he's come.

CARL MCNALLY, 22, guard, 6ft 4ins: Exceptionally efficient, makes good decisions and is very athletic. Could be our best defender.

TOMMIE EDDIE, 25, 6ft 7ins: New recruit from New York. We discovered in Portugal where his performance stunned everyone.

TERRELL BROWN, 23, point guard, 5ft 9ins: Simply the best point guard in the country. Matured very well, his leadership of the team is great for one so young.

YORICK WILLIAMS, 33, shooting guard, 6ft 5ins: A crowd pleaser who loves to perform. For me one of the best English players right now.

MIKE NEW, 41, forward and centre, 6ft 9ins: The ageless man, he's in supreme physical condition. Fathers the team and is the top professional role model.

EDDIE MORRISON, 19, point guard, 6ft 1ins: Was spotted at Midnight Madness. Very mature head on young shoulders. Will see time as Terrell's back up.

SIMON EMMERSON, 25,forward, 6ft 4ins: Simon is a real find. Recommended by an old coach friend of mine. He will be the surprise package of the year.

GREG HARVEY,18, guard, 5ft 11ins: Greg is the talisman for the academy. An example to the youngsters in there that they can go all the way.

LIAM CORT, 21, guard/forward, 6ft 3ins: This needs to be a break out year for Liam. He's been with us a long time now, I expect all his hard work to pay off.

ICE HOCKEY

Ashes hopes blown away

THE old rivalry was reborn at the weekend and it was Peterborough Phantoms who came out on top.

MK Lightning lost 'The Ashes' when Peterborough over turned a two goal deficit to win the two-legged match 5-4.

The competition was thought up last year, with the ashes at stake those of the equipment of former Lightning players James Morgan and Dwyane Newman, and it was Lightning who returned home victors.

However, in the final friendly before the English Premier League starts on Friday Lightning handed one of their closest rivals their first trophy of the season.

Nick Poole's Lightning side were chasing the game early as Brent Gough hit Newman's assist into the net within two minutes.

Things got a little worse when Nathan Rempel double the Phantoms' lead with four minutes remaining in the first period. But Lightning had the perfect response with Poole claiming two assists as James Archer and Ales Parez pulled the side level midway through the second period.

And inside seven minutes in the final period Lightning had turned their fortunes around to win the game by two goals.

Gary Clarke and Adam Carr were the men who gave Lightning an important lead heading into the second leg at the Peterborough Arena.

With a large support behind them the Phantoms took just 13 minutes to eat into Lightning's lead through Craig Peacock, then in the middle period Nathan Rempel made things all square at 4-4 on the night.

Although chances fell for both teams the even scoreline remained in the final period, so the ashes were decided in overtime. And with just 61 seconds played Gough found the back of the net to snatch the ashes from the grasp of Lightning.

Andre Smulter and Gary Clarke close in on goal

Picture Tony Sargent

■ ON Saturday Lightning host Sheffield, face-off is at 7pm

■ ON Sunday they travel to Bracknell Bees, face-off is at 6pm.

SPORTSSHORTS

Local football

STONY Stratford Town won their fifth game in the Molten Spartan South Midlands division one to move up to fifth place.

They beat Brache Sparta 3-2 at Ostlers Lane, while New Bradwell St Peter slipped up away from home losing 4-3 to Amersham Town.

Winslow Town lost 2-1 to Kings Langley and Buckingham Athletic were handed a 2-4 defeat by Bedford.

In division two Mursley United won 3-2 at home to Pitstone and Ivinghoe, Old Bradwell United also picked up maximum points with a 1-0 win over Totterhoe.

In the United Counties premier division Newport Pagnell Town lost 3-2 to Sleaford Town and are now at the bottom of the table.

Football archive

LIVING Archive will launch a new book later this year to celebrate the history of local football.

Funded by a 'Your Heritage' Lottery grant the project is collecting personal testimonies, photographs and memorabilia to document football in Milton Keynes over the last 100 years.

The primary source material collected will be used to create a website, exhibition, book and digital stories.

The archive stories and photographs researched by the Living Archive volunteer team will feature in the MK Dons football programmes throughout the season.

Panels displaying information collected will be designed and sited in public areas of the MK Dons Stadium.

Power fundraiser

A POWER lifter has raised £1,200, half of which will go to Cancer Research, by having his chest waxed.

Neil Abery, 30, from Furzton, needed to fund a trip to the US next month where he will compete in the World Championships.

He will be competing for his tenth and final World title.

Tomorrow he will be waxed at 5pm at Tingles in Fullers Slade.

Neil recently lifted a record breaking 277.5kg for the squat and will be hoping he can repeat the feat when the competition starts on Novermber, 20.

MK SPORT

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Super Sam in the goals

PAGE 90

Poulter justifies wild card pick despite Europe's loss

THE controversial wild card selection proved the pick of the bunch as Europe lost the Ryder Cup.

Ian Poulter, whose inclusion raised several eyebrows, finished as the highest scoring European with four points.

Nick Faldo's Europe lost the cup, which they had held for three successive tournaments as the United States claimed the title in emphatic style.

Throughout the competition Faldo was heavily criticised for his tactics, with many in particular pointing to the final day in the singles match as his down fall.

But Poulter has a lot to thank Faldo for, after all he was the man who decided the Woburn professional would play at Valhalla, and he is sticking by the captain's choices.

Poulter revealed the players decided the order they would take to the course.

The line up has since been criticised as the middle section was 'too weak'.

Poulter, 32, said: "We pretty much chose where we wanted to play.

"We thought the Americans would leave their best players to the end."

But the plan backfired, while Poulter finished his game against Steve Stricker, which he won 3 and 2, the United States had already won the Ryder Cup.

Despite playing some of his best golf, and winning over a number of new fans, including those who had slammed his inclusion, Poulter could not hide his frustration at losing the Ryder Cup.

He said: "For everyone to try so hard and to come up short, we're very disappointed. It was a good experience to have to go out and play in that kind of pressure. I've learnt an awful lot and the desire is ever stronger."

Pressure on as U's boss gets bullet

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

THE pressure to succeed in football has never been so high according to Roberto Di Matteo.

His opinion follows the departure of Geirant Williams who was his opposite number in the Colchester United dug out at the weekend.

Di Matteo's managerial career is just 11 weeks old and even he may have been wondering what he has got himself in for as he watched Williams cop the flack for his side's poor performance.

The Doss boss was sympathetic to Williams' situation despite the fact that his side's 3-0 win sealed the fate.

Di Matteo said: "I think the expectation has been raised for quite a few years now and supporters expect more and more every year.

"You could find yourself in that position some day, it's never nice to see that. Supporters have to understand you can't always win in football, you have to have a bit of patience and wait for things to turn around.

'Supporters expect more and more every year': Roberto Di Matteo

"I tried to calm some of their supporters down, they were having a go."

No such troubles for the Dons, in fact this weekend their fans will be in full voice as they take on rivals Peterborough United.

"It will be nice to have a big crowd, it's going to be a tough game, they have a good squad some good individual players. We'll have to be very focused," Di Matteo added.

As a refreshing change the manager almost has a full squad to pick from.

Paul Mitchell has returned from his loan spell at Barnet, Luke Howell is backing in training and Florium Sturm could return in the week.

Kids get in for a quid

MK Dons have announced a 'kids for a quid' ticket special for their home match against Carlisle United.

Children under-16 can go for £1 while adult tickets are available for £10 and concessions for £5 when purchased in advance.

Season ticket holders also have the chance to take a friend for free.

Tickets for the game, which takes place on Saturday, October 11, kick-off 12.45pm, can be bought now on www.mkdons.com where terms and conditions can also be found.

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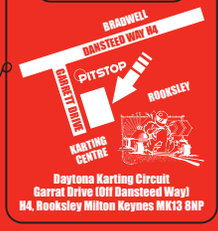

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